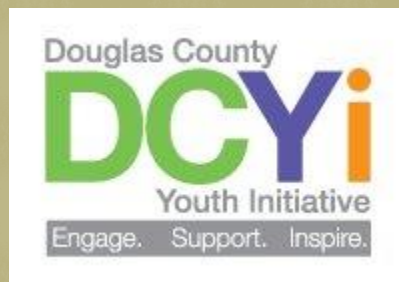




Douglas County Youth & Family Resource Guide

Presented by the Douglas County Youth Initiative



Updated March 2017

DCYI and its sponsoring entities do not endorse any organization or service listed in this Guide.

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ACCESS / REFERRAL

Douglas County WrapAround

303-663-6233

<http://www.douglas.co.us/> Immediate response for families that are looking for resources or assistance; strength-based assessments; sustainable, respectful Wrap Service Plan development; ongoing support.

Douglas County Youth Initiative

303-688-4825

<http://www.douglas.co.us/>

4400 Castleton Court, Castle Rock, CO 80109

Service access assistance; consultation; referrals; WrapAround.

Families First

Family Support Line:

www.familiesfirstcolorado.org

Consejos Para Familias

Statewide Toll-Free:

Spanish Language Line:

303-695-7996

1-877-695-7996

1-866-527-3264

Support, information and community referral on parenting and child development issues; resources for parents and primary caregivers via confidential phone consultations.

Mines and Associates

303-832-1068

800-873-7138

<http://www.minesandassociates.com/>

10367 W. Centennial Road, Suite100, Littleton, CO 80127

Coordinates a network of around 150 therapists; excellent resource for families seeking referral to a specialist.

AFFORDABLE & FREE RESOURCES

ACS L.I.F.T. Mobile Medical Van

303-935-7230

www.ACSLIFT.org

1638 N. Park Street, Castle Rock, CO 80109

Stops at the Douglas/Elbert Task Force Parking Lot

Hours: 1st & 3rd Wednesday of each month, 6 p.m. to 7:30 p.m.

Services: FREE basic non-emergency care; non-narcotic prescriptions; immunizations.

Colorado Indigent Care Program (CICP)

303-761-4825

4400 Castleton Court, Castle Rock, CO 80109

Dept. of Human Services (Douglas)

Medical, psychiatric and dental services.

Colorado Low-Income Dental Program

303-430-7399

1245 E. Colfax Ave, Suite 301, Denver CO 80218

Low-cost dentistry: first visit (x-rays & consult) is \$55.00; people who qualify will receive additional services at 40-60% off the regular fee. All counties served; bring proof of income & photo ID (Mexican Consular ID is OK).

Denver Family Institute

www.denverfamilyinstitute.org

7200 East Hampden Ave, Suite 301, Denver, CO 80224

303-756-3340

4891 Independence, Suite 165, Wheat Ridge, CO 80033

303-756-3340

Family, couples and individual therapy counseling is available for a wide variety of issues.

Reasonable sliding-fee scale based on the client's annual household income; range for a 50 minute therapy session is \$15-\$50. Spreading out appointments may also reduce costs.

Does not accept insurance. Offers a sliding scale.

Doctors Care

303-730-1313

<http://www.doctorscare.org/>

609 West Littleton Boulevard, Suite 100, Littleton, Colorado 80120

Low-cost/no-cost medical care; Medicaid accepted.

Dumb Friends League

303-751-5772

<http://www.ddfl.org/>

People in underserved areas can get donor-subsidized spay/neuter surgery for their pets when one of our mobile clinics visits their neighborhood. We offer CAT spay/neuter surgeries for \$10, including age-appropriate vaccinations (rabies and distemper vaccines). No qualifications are required to qualify for \$10 cat spay/neuter surgeries. We offer DOG spay/neuter surgeries for patrons who qualify for \$50, including age appropriate vaccines (rabies and distemper vaccines). To qualify, please see <http://www.ddfl.org/services/spay-and-neuter-help>.

LogistiCare

303-779-4055

<http://www.logisticare.com/>

3989 E. Arapahoe Rd., Suite 120, Centennial, CO 80122

Transportation to medical appointments, etc., that can be paid via Medicaid and other insurances.

Love, INC

303-794-5683

www.loveinlittleton.org

5854 S. Datura, Littleton, CO 80120

Collective of Christian churches coordinating free basic living resources; connections to other churches or community organizations.

Metro Caring

303-860-7200

<http://www.metrocarering.org/>

1100 E. 18th Ave., Denver, CO 80218

Assistance obtaining documents such as birth certificates; financial assistance.

Metro Community Provider Network

303-360-6276

www.mcpn.com

Locations throughout the metro area

Provides a range of low-cost medical services for all ages; sliding scale, Medicaid, CHP+, CO Indigent Care Program, etc.

Partnership for Prescription Assistance

1-888-477-2669

www.pparx.org

Assists qualified patients in accessing free or reduced-cost prescription medications.

People House

303-480-5130

<http://peoplehouse.org>

3035 W. 25th Ave., Denver, CO 80211

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00; All ages, all issues. People House also offers workshops & classes & activities.

Rocky Mountain Youth Clinics

www.rockymountainyouth.org

1550 S. Potomac Street, Suite 130, Aurora, CO 80012

303-360-8111

1601 E. 19th Ave, Suite 6600, Denver CO 80218

303-869-2182

9197 Grant Street, Suite 200, Thornton, CO 80229

303-450-3690

Low-cost/no-cost medical care for children; Medicaid & CHP+; clinics across the metro area offering immunizations, sick visits, minor acute care, mental health/social services, mobile dental, etc.

Ronald McDonald Care Mobile

719-866-6789

<http://www.peakvista.org/>

Various locations & times throughout Douglas County

Provides a range of low-cost medical services for children through the age of 21; sliding scale, Medicaid, CHP+, CO Indigent Care Program, etc. Call or check website for locations and dates.

The Open Hand Program (Dawson, Michael)

303-766-4111

www.michaeldawsoncounseling.com

13710 East Rich Place, Suite 100. Aurora, CO 80015

Specializes in grief and trauma in Junior High School aged children through adult ages.

Also works with bereaved couples and families.

ANGER MANAGEMENT

Briggs, Jana, MA, NCC, LPC

303-495-0317

www.janabriggs.com

5777 S. Rapp St., Suite 204, Littleton, CO 80120

Play therapy; anger management.

Does not accept insurance.

Compass Educational Services

303-888-9675

www.compasstutoring.com

Strategies to help students flourish, including: tutoring, how to deal with learning

Difficulties, organization & time management skills, management of behavior conflicts

At school and home, transitioning to high school, addressing all education gaps.

Counseling Solutions (John Eckenwiler, LMFT)

303-267-2282

www.therapyhelpnow.com

12900 Stroh Ranch Place, Suite 200, Parker, CO 80134

9220 Teddy Lane, Suite 1100, Lone Tree, CO 80124

Some insurances, private pay; might slide fees.

Douglas County School District

303-387-0095

303-387-0705

<https://www.dcsdk12.org/>

620 Wilcox Street, Castle Rock, CO 80104

Asset-Based Intervention classes that address anger management.

Dynamic Directions Counseling Services

303-688-1116

www.drug-rehab-headquarters.com

409 S. Wilcox St., Suite E, Castle Rock, CO 80104

Anger management counseling.

Four Seasons Counseling

303-369-0585

www.fourseasonsounseling.com

2121 S. Blackhawk St., Suite 210-S, Aurora, CO 80014

Aggression Replacement Training for teens.

Not currently accepting new clients. They normally accept Medicaid and most private insurance.

Hope Counseling Services (Bethany Adams, MA, NCC)

720-291-1482

www.hopercounselingservices.org

400 Inverness Parkway, Suite 200, Englewood, CO 80012

Anger management counseling, primarily for adolescents & younger children. Accept most private insurance including United Healthcare, CIGNA, Blue Cross/Blue Shield and Aetna. Do not accept Medicaid.

Legacy Comprehensive Counseling & Consulting

303-841-4005

www.legacyparker.com

19751 E. Mainstreet, Suite 215., Parker, CO 80138 Accepts most private insurance including United Healthcare, CIGNA, Blue Cross/Blue Shield and Aetna. Does not accept Medicaid.

National Institute for Change

303-231-0090

<http://www.nichange.com/>

Offices in Lakewood, Lone Tree, Golden, Aurora

Groups, individuals. Parenting classes. Sliding scale fee.

Running Creek Counseling Services, Inc.

303-805-1218 x 102

<http://www.rccounseling.com/>

18425 Pony Express Drive, Suite 203, Parker, CO 80134

Anger management counseling (adults only at present).

Accepts many types of private insurance including: CIGNA, Aetna, Humana and Golden Rail. Accepts Medicaid.

The Council

303-825-8113

www.milehighcouncil.org

655 Broadway, Suite 200, Denver, CO 80203

Anger management course (12 weeks) for youth ages 16-24 who are dealing with substance abuse and/or mental health issues.

Online Courses

Anger Class Online

949-715-2694

<http://www.angerclassonline.com/About.aspx>

Anger management course requirements for court, employers, or for personal reasons or requirements. 8, 12 and 26 hour classes.

Court Ordered Anger Management Online

321-251-7606

<http://www.courtorderedangermanagementonline.com>

4 hour, nationally recognized online anger management course that satisfies court orders and will work for parents & teens seeking new strategies.

Court Ordered Classes

661-312-0392

<http://www.courtorderedclasses.com/citystates.html>

Nationally certified court ordered classes online.

ARTS & CULTURE

Highlands Ranch Community Association

303-791-2500

www.hrcaonline.org

9650 Foothills Canyon Blvd, Highlands Ranch, CO 80129

Arts and crafts for all ages.

KidzArt

720-519-0901

www.kidzart.com

Art classes; after-school programs; summer camps.

Kidz Kulture

303-805-3263

www.parkerrec.com

Parker Cultural Commission, 19650 E. Mainstreet, Parker, CO 80138

Immersion in different aspects of art and culture.

Mizel Museum

303-394-9993 ext. 103

www.mizelmuseum.org

400 S. Kearney St., Denver, CO 80224

Weekly art classes; off-track camps; education about Judaism via the arts. Multicultural Workshops- ages K-Adult, Mystical Masks of Many Cultures.

Parker Arts, Culture & Events (PACE)

303-805-6800

www.pacecenteronline.org

20000 Pikes Peak Ave, Parker CO 80138

Ongoing arts & cultural experiences as well as classes for all ages; dance studio, media lab, teaching kitchen, art gallery, performance space.

South Suburban Parks & Recreation

303-708-3500

www.ssprd.org

10249 Ridgeway Cir., Lone Tree, CO 80124

Art classes along with a variety of other cultural offerings & special events.

Town of Castle Rock, Parks and Recreation Dept.

303-660-1036

www.crgov.com

2301 N. Woodlands Blvd., Castle Rock, CO 80104

Child, Youth and Adult arts & crafts; dance; adaptive recreation; fitness.

Town of Parker, Recreation Department

303-841-4500

www.parkerrec.com

17301 Lincoln Ave., Parker, CO 80134

Child, Youth and Adult arts & crafts; dance; sports.

Young Rembrandts

303-221-4433

www.youngrembrandts.com

Serving children between the ages of 4 and 12. Step-by-step drawing method as a fundamental skill for visual arts. Summer camps.

Dance

Audience of One Theater

720-979-5765

<http://www.audienceofonetheater.com/>

P.O. Box 631340, Highlands Ranch, CO 80163

After-school and summer camp programs for youth ages 5 – 18; features stage, voice, and dance training.

Christian Youth Theater- Denver (CYT)

303-653-4716

www.cyt-denver.org

9457 S. University Blvd., 239, Highlands Ranch, CO 80126

After-school theater program for youth ages 6-18, offering training in voice, dance, acting, directing, improv, comedy and more.

Colorado Ballet Academy – South School

303-221-1722

<http://www.coloradoballet.org/academy>

8230 S. Colorado Blvd, Suite B, Centennial, CO 80122

Dance classes for ages 3 through adult, including ballet, Hip-hop, jazz, and tap.

Colorado School of Dance

303-841-7233

www.coloradoschoolofdance.com

10510 S. Progress Way, Suite 103, Parker, CO 80134

Offering a variety of dance classes (ballet, jazz, modern, tap, hip hop, etc.) for all ages; pom training; performance troupes; annual production of “The Nutcracker.”

Cutting Edge Dance & Acro of Arvada and Castle Rock

303-688-5863

<http://www.cutting edgedance.com/>

740 Wilcox, Castle Rock, CO 80104

Dance and gymnastic classes for ages 2-adult; styles include tap, jazz, hip hop, ballet, and more.

Inspirations Dance Company

720-283-8000

<http://inspirationsdanceco.com/>

250 E. Dry Creek Rd., Suite 105, Littleton, CO 80122

Song, dance & poms classes for ages 2 – teens. Adult fitness classes.

Miller's Dance Studio

303-841-9620

www.millersdancestudio.com

10841 S. Crossroads Dr., Parker, CO 80134

Dance instruction in styles including ballet, tap, jazz, hip-hop, Irish step, modern.

Parker Arts, Culture & Events (PACE)

303-805-6800

www.pacecenteronline.org

20000 Pikes Peak Ave, Parker CO 80138

Ongoing arts & cultural experiences as well as classes for all ages; dance studio, media lab, teaching kitchen, art gallery, performance space.

South Suburban Parks & Recreation

303-708-3500

www.ssprd.org

10249 Ridgeway Cir., Lone Tree, CO 80124

Dance classes along with a variety of other cultural offerings & special events.

Town of Castle Rock, Parks and Recreation Deptment

303-660-1036

www.crgov.com

2301 N. Woodlands Blvd., Castle Rock, CO 80104

Child, Youth and Adult arts & crafts; dance; adaptive recreation opportunities; fitness.

Town of Parker, Recreation Deptment

303-841-4500

www.parkerrec.com

17301 Lincoln Ave., Parker, CO

Child, Youth and Adult arts & crafts; dance; sports.

Instrumental

Bartee Woodwind Studio

303-284-6434

<https://sites.google.com/site/barteewoodwinds/>

Private instruction for clarinet, saxophone, and flute for students of all ages.

Black & White Keys Piano Studio

303-791-7268

www.bwkeys.com

9978 Hawthorne St., Highlands Ranch, CO 80126

Specializing in instruction for children ages 4-12.

Castle Rock Music

303-688-0300

www.castlerockmusic.com

429 Wilcox Street, Castle Rock, CO 80104

Instruction for a variety of instruments.

Forte Academy of Music, Highlands Ranch

303-948-9221

www.forteacademy.com

8030 S. Holly St., Centennial, CO 80122

Music lessons for ages 4 – adult; piano, violin, voice, guitar, woodwinds, drums.

Gift of Music Studio

303-346-9134

www.giftofmusicstudio.com

453 Maximus Dr., Lone Tree, CO

Individual or group guitar instruction for youth ages 3-18.

Guitar Hero (Philip S. Miller Library)

303-791-7323

www.douglascountylibraries.org

100 S. Wilcox, Castle Rock, CO 80104

Drop-in program for teens to explore playing guitar.

My Music Skool

303-325-7426

www.mymusickskool.com

6955 S. York Street, Centennial, CO 80122

Music education ages 4 and up; individual, Suzuki method, and group lessons available.

Piano; guitar; clarinet; drum; cello, violin, flute, and much more.

Parker Arts, Culture & Events (PACE)

303-805-6800

www.pacecenteronline.org

20000 Pikes Peak Ave, Parker CO 80138

Ongoing arts & cultural experiences as well as classes for all ages; dance studio, media lab, teaching kitchen, art gallery, performance space.

Piano Pathways

303-948-3335

www.pianopathways.org

10677 W. Centennial Rd., Littleton, CO 80127

Music & performing arts education for underserved youth of all ages; specializes in services to youth who live at a low socioeconomic status, are in foster care, and/or have special needs.

Simply Music

303-552-1318

<http://www.simplymusic.com/>

Highlands Ranch, CO

Piano instruction using the “Simply Music” method; all ages; free introductory lesson.

South Suburban Parks & Recreation

303-708-3500

www.ssprd.org

10249 Ridgeway Cir., Lone Tree, CO 80124

Guitar classes.

W.P. Piano Studio, LLC

303-791-8022

Lessons for all ages, infants to adults; 12 programs of educational excellence; programs for students with ADD, ADHD, dyslexia, other disabilities.

Stage

Audience of One Theater

720-979-5765

<http://www.audienceofonetheater.com/>

P.O. Box 631340, Highlands Ranch, CO 80163

After-school and summer camp programs for youth ages 5 – 18; features stage, voice, and dance training.

Christian Youth Theater- Denver (CYT)

303-653-4716

www.cyt-denver.org

9457 S. University Blvd., 239, Highlands Ranch, CO 80126

After-school theater program for youth ages 6-18, offering training in voice, dance, acting, directing, improv, comedy and more.

Front Range Theater Company

866-879-7373

<http://www.frontrangetheatre.org/>

P.O. Box 1224, Castle Rock, CO 80104

Theater classes; audition techniques; youth ensemble; theater productions.

Kid Stage Classes and Productions

303-514-8600

www.kidstage.net

Various elementary schools throughout Douglas Co.

After school and off-track drama classes, leading to a production performed for the community.

Parker Arts, Culture & Events (PACE)

303-805-6800

www.pacecenteronline.org

20000 Pikes Peak Ave, Parker CO 80138

Ongoing arts & cultural experiences as well as classes for all ages; dance studio, media lab, teaching kitchen, art gallery, performance space.

South Suburban Parks & Recreation

303-708-3500

www.ssprd.org

10249 Ridgeway Cir., Lone Tree, CO 80124

Theatre classes.

Voice

Audience of One Theater

720-979-5765

<http://www.audienceofonetheater.com/>

P.O. Box 631340, Highlands Ranch, CO 80163

After-school and summer camp programs for youth ages 5 – 18; features stage, voice, and dance training.

Castle Rock Music

303-688-0300

www.castlerockmusic.com

429 Wilcox Street, Castle Rock, CO 80104

Instruction for a variety of instruments.

Christian Youth Theater- Denver (CYT)

303-653-4716

www.cyt-denver.org

9457 S. University Blvd., 239, Highlands Ranch, CO 80126

After-school theater program for youth ages 6-18, offering training in voice, dance, acting, directing, improv, comedy and more.

Forte Academy of Music, Highlands Ranch

303-948-9221

www.forteacademy.com

8030 S. Holly St., Centennial, CO 80122

Music lessons for ages 4 – adult; piano, violin, voice, guitar, woodwinds, drums.

ASSESSMENTS – Psychiatric, Other

Behavioral Growing Tree

866-300-0822

www.behavioralgrowingtreetree.com

In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.

Child Find

720-433-0020

<https://www.dcsdk12.org/childfind/>

Douglas County School District

3950 Trail Boss Lane, Castle Rock, CO 80104

Child Find is one of the primary public providers for developmental screening, assessment, and referral for children who have or are suspected of having developmental delays; from birth to 21 years of age.

Children's Hospital

303-777-1234

<http://www.childrenscolorado.org/conditions/behavior/index.aspx>

Child Development Unit @ Children's Hospital

13123 E. 16th Ave., Aurora, CO 80045

Diagnostic & treatment services for children with developmental delays, learning disabilities or behavioral problems. Comprehensive evaluations; specialized experience in working with children with Down Syndrome, Fragile X, autism, etc.

Developmental Disability Consultants, P.C. (Spragg, Paul, Ed. D., NCSP)

303-337-2210

<http://www.ddconsultants.org/>

1211 S. Parker Rd., Suite 200, Denver, CO 80231

Treatment, assessment, consultation, and training for severe developmentally disabled, Autistic, Downs Syndrome, self-injurious behavior, compulsions; technology assistance, community-based help.

Accepts Medicaid and works with other insurance.

Grace Counseling Services (Matson, Rebecca, LPC)

720-489-8555

<http://www.gracecounseling.net/>

7921 South Park Plaza, Suite 204, Littleton, CO 80120

Specializes in work with victims of sexual or mental abuse; testing for learning disabilities; family and parenting skills.

Does not accept insurance.

Guzman, Maria Elena, PhD

303-756-6870

3801 E. Florida Avenue, Suite 701, Denver, CO 80210

Specializes in trauma, depression, anxiety. Private testing; qualified to do most SPED testing. Services available in Spanish. Takes some insurance.

Hanze, Doug, PhD.

303-688-8658

<http://hanzecounseling.com/>

823 S. Perry St, Suite 100, Castle Rock, CO 80104

Individual, family, children, adolescents. Diagnose and treat depression, anxiety, ADHD and behavior disorders.

Takes some insurance including : Blue Cross, Aetna, Infinity and Colorado Co-op.

Highlands Behavioral Health System

720-348-2800

www.highlandsbhs.com

8565 S. Poplar Way, Littleton, CO 80130

Acute 24/7 inpatient mental health treatment for children & adolescents (ages 9-18) and adults; outpatient day treatment for adults; free assessments.

Takes most private insurance except Kaiser. Accepts Medicaid.

Howard, Rebecca PsyD, LLC

303-730-8083

www.drrebecca-howard.com

609 W. Littleton Blvd., Suite 303, Littleton, CO 80120

Assessments available for use in Gifted and Talented, Twice-Exceptional, Attention Deficit Hyperactivity Disorder, Learning Disorders, Mood and Thought Disorders. An introductory session can be provided at no cost if requested by the potential client. Scholarships may be available for clients with demonstrated need for both therapy and assessment. This is determined on a case to case basis during the introductory session and ranges between 10-50% discount off of normal fee.

Accepts the following private insurance: United, Cigna, Rocky Mountain and Colorado Co-op. Does not accept Medicaid.

Instructional ABA Consultants

331-229-8839, ext 1

<http://www.instructional-aba.com/index.html>

312 Wilcox St., Castle Rock, CO 80104

In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.

Accepts the following insurances : private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Kendall-Grove, Kwai, PhD.

303-662-9670

<http://drkendallgrove.com/>

2305 E. Arapahoe Road, Suite 149, Centennial, CO 80122

Specializes in adolescents, eating disorders, depression, anxiety, ADHD evaluations. Ages 5 and up.

No insurance but accepts sliding scale.

Legacy Comprehensive Counseling & Consulting

303-841-4005

www.legacyparker.com

19751 E. Mainstreet, Suite 215., Parker, CO 80138

Individual and group counseling for individuals, children and families.

Specializing in social skills, adjusting to divorce, parenting skills & classes, anger management, mental illness, stress, attachment issues, testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management, supervised parenting, child/family investigations.

Accepts most private insurance including: United Healthcare, CIGNA, Blue Cross/Blue Shield and Aetna. No Medicaid.

Sandstone Care

720-307-3970

www.sandstonecare.com

2100 S. Cherry St., #204, Denver, CO 80222

Provides substance abuse and co-occurring mental health treatment services for teens and young adults. Includes after school teen program that incorporates individual and group therapy, family counseling, visits with our MD psychiatrist, and academic and vocation support.

Accepts these insurances : Value Options, United Health Care, Cigna, Aetna, Humana, Mines and Assoc, Rocky Mountain Health Plans, United Behavioral Health, and Blue Cross/Blue Shield.

Southeast Psychotherapy Associates, PLLC

303-694-1795

www.sepsychotherapy.com

6081 S. Quebec St., Suite 103, Englewood, CO 80111

Assessment of addictions, depressive disorders, educational and intellectual function, ADHD.

The Child and Adolescent Behavioral Supports, LLC

303-660-5397

<http://www.cabsupports.com/>

Littleton Office :

609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120

Denver Office :

1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Thoreson, Kirk, PsyD

303-550-0030

www.drkirkthoreson.com

1221 S. Clarkson St. Suite 302 Denver, CO 80210

Psychological and educational testing & assessment; specializing in learning disabilities, ADHD, depression, childhood anxiety. Accepts some insurance or sliding fee scale; free 20 minute phone consult.

Trathen, Dan, DMin, Ph.d

303-593-0575

<http://drtrathen.com/>

19284 E. Cottonwood Dr., Suite 202, Parker, CO 80138

Psychological assessment; EMDR; couples & families; all ages.

Worthing Carol Ann, PhD

303-663-5846

www.individualandfamilypsychotherapy.com

240 Wilcox St., Castle Rock, CO 80104

Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

No private insurance or Medicaid. Flexible Spending Accounts and HSA Accounts. Assists with paperwork for out-of-network benefits.

CHILD WELFARE AND PROTECTIVE SERVICES

Colorado CASA

303-623-5380

www.coloradocasa.org/

1660 S. Albion Street, Suite 309, Denver, CO 80222

Helping abused & neglected children throughout Colorado.

Douglas County Human Services

303-688-4825

<http://www.douglas.co.us/humanservices/>

4400 Castleton Court, Castle Rock, CO 80109

(To report child abuse, ask for Intake Worker) Child Protection; Youth in Conflict.

Families First

Family Support Line: 303-745-0327

Statewide Toll-Free: 1-877-695-7996

Consejos Para Familias: 1-866-527-3264

www.familiesfirstcolorado.org

2163 S. Yosemite, Denver, Colorado 80231

Support, information and community referral on parenting and child development issues; resources for parents and primary caregivers via confidential phone consultations.

Juvenile Assessment Center, 18th J.D.

720-874-3381

www.jac18.org

7375 S. Potomac St., POD 5, Centennial, CO 80112

Serves youth ages 10-17; jail screening; house arrest; mental health assessment; general services assessment; case management; family intervention.

National Runaway Switchboard

1-800-RUNAWAY

1-800-786-2929

<http://www.1800runaway.org/>

Resources and crisis counseling for youth and parents; 24-hour hotline; confidential counseling; coordinates Operation Home Free with Greyhound.

Servicios de la Raza

303-458-5851

www.serviciosdelaraza.org

4055 Tejon Street, Denver, CO 80211

Supportive services for Hispanic/Latino children, HIV, Mental Health, Food Bank, Domestic Violence.

Tennyson Center (CO Christian Home)

303-433-2541

www.tennysoncenter.org

2950 Tennyson St., Denver, CO 80212

Treatment for children ages 5-14; focus on abused and neglected children along with parent training.

The Blue Bench

Office: 303-329-9922
24 hour hotline: 303-322-7273
Spanish Language: 303-329-0031
TTY: 303-329-0023

<http://thebluebench.org/>

The Crisis Center

Main Office: 303-688-1094
Hotline: 303-688-8484

<http://www.twcfoc.org/>

P.O. Box 367, Castle Rock, CO 80104

Counseling and shelter for victims of domestic violence and their children.

CULTURE-SPECIFIC RESOURCES

African American Resources

African-American Leadership Institute

303-299-9055

www.aali-rockymtn.org

700 e. 24th Ave. Suite 8, Denver, CO 80205

Workshops, conferences & events that foster leadership within the African American Community. Mentors & youth-oriented workshops.

Brother Jeff's Cultural Center & Café

303-297-0823

www.brotherjeff.com

2836 Welton St., Denver, CO 80205

Open mic sessions (spoken word, poetry), jazz bands, film premiers & connections; Kwanzaa celebrations every year.

Stiles African American Heritage Center

303-294-0597

<http://stilesheritagecenter.org>

2607 Glenarm Place, Denver, CO 80205

Located in historic Five Points and celebrating African American history; host of the annual Juneteenth celebration in Denver.

Asian / Pacific Islander Resources

Asian Chamber of Commerce (Pan-Asian)

303-595-9737

www.asianchambercommerce.org

924 W. Colfax St., Suite 104-G, Denver, CO 80204

Assisting the Asian community in business & economic development.

Asian Pacific Development Center

www.apdc.org

1544 Elmire St., Aurora, CO 80010

1825 York St., Denver, CO 80206

1551 S. Monroe St., Denver, CO 80210

303-365-2959

303-393-0304

720-424-0694

Providing culturally appropriate health, mental health and related services for Asian American Pacific Islander community in the metro area. Translation services in a variety of languages. Advocacy in addressing education, employment, poverty and access to resources - - supporting a healthy & empowered community.

Aurora Asian / Pacific Community Partnership

303-326-8695

www.auroraasian.org

15151 E. Alameda Pkwy, Suite 2300, Aurora, CO 80012

Encouraging a high quality of life for all Asian / Pacific community members.

Filipino American Community of Colorado

303-233-6817

www.filam-colo.org

1900 Harlan St., Edgewater, CO 80214

Sharing & supporting the Filipino culture.

Hmong American Association of Colorado

www.hmongcolorado.org

1370 E. 96th Drive, Thornton, CO 80229

Sharing & supporting the Hmong & Laotian cultures.

Indian American Friendship Council

720-323-7799

5411 S. Helena St., Centennial, CO 80015

Sharing & supporting the eastern Indian culture.

English As A Second Language Classes

Douglas County Libraries

303-791-7323

<http://douglascountylibraries.org>

Practice Your English Classes

10:30 a.m. on Saturdays; casual conversation with other English learners & a trained volunteer facilitator.

Highlands Ranch Library Branch: 9292 S. Ridgeline Blvd., Highlands Ranch, CO 80129

Parker Library Branch: 10851 S. Crossroads Dr., Parker, CO 80134

ESL Book Clubs

Please call 303-791-7323 for locations, dates, and times. The following locations offer different book clubs.

Highlands Ranch Library Branch: 9292 S. Ridgeline Blvd., Highlands Ranch, CO 80129

Parker Library Branch: 10851 S. Crossroads Dr., Parker, CO 80134

Philip S. Miller Library, 100 S. Wilcox St., Castle Rock, CO 80104

One 2 One Adult Tutoring

Accepting applications during February, March, August & September. Submit an Adult Literacy Learner application & be placed on the wait list for a tutor at any Douglas County Library location. Visit www.douglascountylibraries.org for more info.

St. Francis of Assisi Roman Catholic Church

303-688-3025 ext. 100

<http://www.stfranciscr.org/esl>

2746 Fifth St., Castle Rock, CO 80104

Yearly ESL classes that follow the DCSD school calendar. There is a \$40 fee.

Jewish Resources

Jewish Family Services

303-597-5000

www.jewishfamilyservice.org

3201 S. Tamarac Dr., Denver, CO 80231

Senior services include: assisted living, meal delivery. Food pantry, resettlement department for immigrants, group home, vocational training and employment assistants.

Latino Resources

Café Cultura

720-394-6589

<http://www.cafecultura.org/>

Providing showcases for the work of latino, chicano & indigenous people in the Denver area.

Servicios de la Raza

303-458-5851

www.serviciosdelaraza.org

4055 Tejon Street, Denver, CO 80211

Services to Latino community include individual and group counseling, medication management, and evaluations, HIV, mental health, Food Bank, domestic violence.

St. Francis of Assisi Community Assistance

303-688-3025

www.stfranciscr.org

St. Francis of Assisi Catholic Church

2746 Fifth Street, Castle Rock, CO 80104

Interpretation services, resource coordination for latino individuals who are here with or without documentation.

Native Resources

American Indian College Fund

303-426-8900

800-776-3863

<http://www.collegefund.org/>

8333 Greenwood Blvd., Denver, CO 80221

The American Indian College Fund raises funds from corporations, foundations, and individuals to provide scholarships and to build an endowment for Tribal Colleges in the U.S..

The colleges, which are located on or near reservations, provide academic, vocational, and technical educational opportunities to thousands of Native American students.

Café Cultura

720-394-6589

<http://www.cafecultura.org/>

Providing showcases for the work of latino, chicano & indigenous people in the Denver area.

Colorado Commission of Indian Affairs

303-866-5470

<https://colorado.gov/ccia>

Ernest House, Executive Director
Office of the Lieutenant Governor
130 State Capitol Building
Denver, CO 80203

Colorado Springs Indian Center

719-599-8630

<http://www.coloradospringsindiancenter.com/>

701 N. 20th St., Colorado Springs, CO 80904

Denver Indian Center

303-936-2688

www.denverindiancenter.org

4407 Morrison Road, Denver, CO 80219

Native Workforce service; educational programs; food bank; youth programs; Veteran services; support for elders; cultural events & connections.

Denver Indian Family Resource Center

303-871-8035

<http://difrc.org/>

4407 Morrison Road, Suite 100, Denver CO 80219

Family preservation & reunification programs; welfare advocacy; resource & referral service; YES! Academy for youth aging out of foster care.

Denver March Powwow, Inc.

303- 934-8045

www.denvermarchpowwow.org

P.O. Box 19178, Denver, CO 80219

Native drummers, dance groups, connections with many tribes & lots of activities.

First Nations Development Institute

303-774-7836

<http://www.firstnations.org>

351 Coffman St., Suite 200, Longmont, CO 80501

Financial counseling (investing, native business development), Native foods & health, Native nonprofit counseling, online knowledge center.

Native American Bank

303-988-2727

800-368-8894

www.nabna.com/

999 18th St., Suite 2460, Denver, CO 80202

All banking services.

Native American Rights Fund

303-447-8760

<http://www.narf.org/>

1506 Broadway, Boulder, CO 80302

Nonprofit law firm dedicated to advocating for the rights of tribes & individuals.

Rocky Mountain Indian Chamber of Commerce

303-629-0102

<http://www.rmicc.org/index.html>

924 W. Colfax Av., Suite 104F, Denver, CO 80204

Monthly business networking and resource events; yearly Indian Biz Expo.

Southern Peaks Regional Treatment Center

719-276-7567

www.abraxasyfs.com

700 Fourmile Parkway, Canon City, CO 81212

Residential treatment program for males and females, ages 10-21; delinquent or dependent youth; history of behavioral/mental health disorders and drug/alcohol issues. Gender-specific programming. Offers the Medicine Bear Native American track.

Southern Ute Tribe

970-563-0100

<http://www.southernute-nsn.gov/>

Leonard C. Burch Building

P. O. Box 737, 356 Ouray Drive, Ignacio, CO 81137

Spirit of the Sun

303-835-6942

www.spiritofthesun.org

357 S. McCaslin Blvd., Suite 200, Louisville, CO 80027

Economic development support for the native community.

P. O. Box 109, Towaoc, CO 81334

White Bison Wellbriety Training Institute

1-877-871-1495

719-548-1000

www.whitebison.org

701 N. 20th St., Colorado Springs, CO 80904

Youth & adult "Wellbriety" programs for sobriety and wellness, specifically for the native community; firestarter program.

CYBER-SAFETY

Youth Education and Safety in our Schools (YESS)

303-814-7033

<http://www.dcsheriff.net/yess/>

4000 Justice Way, Castle Rock, CO 80109

Middle school education curriculum; elementary school presentations by officers; Text-A-Tip; community mobilization.

DAYCARE / CHILDCARE OPTIONS

Colorado Child Care Assistance Program (CCCAP)

303-688-4825 EXT. 5343

<http://www.coloradoofficeofearlychildhood.com/#!/child-care-assistance-program/cu2m>

4400 Castleton Court, Castle Rock, CO 80109

Childcare assistance for families who financially qualify.

Douglas County Child Care Association

303-841-7718

www.douglascountychildcare.com

Referrals:

Castle Rock:

303-707-0812

Highlands Ranch-Lone Tree

303-791-6970

Parker and Elizabeth area

303-841-5899

Referrals to local licensed childcare providers; resources for providers.

Douglas County Early Childhood Council (DCECC)

720-560-7300

www.dcearlychildhood.org

3950 Trail Boss Ln., Castle Rock, CO 80104

Early childhood Council for Douglas County working to build community awareness of and connections to early childhood services.

Douglas County Human Services

303-688-4825

<http://www.douglas.co.us/humanservices/>

4400 Castleton Court, Castle Rock, CO 80109

(To report child abuse, ask for Intake Worker) Child care assistance (referrals, finances, access to CCCAP listed above).

Investigating Providers

303-866-5958

<http://www.colorado.gov/apps/cdhs/childcare/lookup/index.jsf>

To obtain a licensed provider's records.

DENTAL CARE

Colorado Access (Medicare)

303-751-2436

877-287-6767

<http://www.coaccess.com/>

10065 E. Harvard Ave, Suite 600, Denver CO 80231

Oral health plan for folks who have Medicare Parts A & B or Medicaid.

Colorado Low-Income Dental Program

303-430-7399

1245 East Colfax Drive, Suite 301, Denver CO 80218

Low-cost dentistry, including: first visit (x-rays & consult) is \$55.00; people who qualify will receive additional services at 40-60% off the regular fee. All counties served; bring proof of income, address, & photo ID (Mexican Consular ID is OK).

Denver Rescue Mission

303-294-0157

<http://www.denverrescuemission.org/our-services/emergency-care>

1130 Park Ave. West, Denver, CO 80205

Dental grants for people in need; full dentures & other services.

Inner City Health Center

303-296-4873

www.innercityhealth.com

3800 York Street, Denver, CO 80205

Extractions covered by Medicaid; sliding scale fees; oral hygiene class.

Kids In Need of Dentistry (KIND)

303-733-3710

www.kindsmiles.org

2465 South Downing St., Suite 210, Denver, Colorado 80210

Dental work covered by Medicaid & CHP+.

Medicaid-Paid Dentist Locator

303-866-5459

Metro Community Provider Network

303-360-6276

www.mcpn.com

Locations throughout the metro area

Provides a range of low-cost dental services; sliding scale, Medicaid, CHP+, CO Indigent Care Program, etc.

National Foundation of Dentistry

303-534-5360

<http://www.nfdh.org/>

1800 15th Street, Suite 100, Denver, CO 80202

Dental house calls for homebound persons and persons with disabilities; sliding scale fees.

Stout Street Dental Clinic Colorado Coalition for the Homeless

303-291-5165

<http://static.dpsk12.org/gems/eop/STOUTSTREETCLINICFLYERservices.pdf>

2145 Champa St., Denver, CO

Provides a range of dental services for those without shelter; walk-ins; emergencies; low-cost.

Theroux Orthodontics

303-779-0565

www.drtheroux.com

10450 Park Meadows Dr., Suite 300, Lone Tree, CO 80124

Children ages 11-18 may qualify to receive free orthodontic treatment if the family income falls at 180% of poverty level or below; application is required, demonstrating achievement in school as well as community service.

University of Colorado School of Dentistry

303-724-6900

<http://www.ucdenver.edu/academics/colleges/dentalmedicine/Pages/DentalMedicine.aspx>

13065 E. 17th Ave., Aurora, CO 80045

The School of Dental Medicine has temporarily reduced a number of treatment fees in our pre-doctoral student clinic. These reductions include complete dentures, posterior endodontic treatments, and ceramic crowns.

DOMESTIC VIOLENCE

Services for Victims

National Domestic Violence Hotline

800-799-SAFE
800-799-7233
TTY: 800-787-3224
<http://www.thehotline.org/>

National Network to End Domestic Violence

800-537-2238
<http://www.nnedv.org/resources/nationalorgs.html>
Please see website for a listing of resources.

SafeHouse Denver

303-318-9989
www.safehouse-denver.org
Shelter; advocacy services.

The Crisis Center

24-hour crisis: 303-688-8484
303-688-1094
1-888-247-7472
<http://twcfoc.org/>
Shelter; victim advocacy; counseling; Violence Prevention Institute.

Services for Abusers

National Institute for Change

303-231-0090
<http://www.nichange.com/>
Offices in Castle Rock, Lakewood, Lone Tree, Golden
Groups, individuals. Parenting classes. Sliding scale fee.

Running Creek Counseling Services, Inc.

303-805-1218 ext. 102
<http://www.rccounseling.com/>
18425 Pony Express Drive, Suite 203, Parker, CO 80134
Accepts the following insurance: CIGNA, Aetna, Medicaid, Humana and Golden Rail.

DRIVER INSTRUCTION / RESOURCES FOR TEEN DRIVERS

A+ Driving School

303-400-4555

<http://a-plus-drivingschool.com/aplus/index.php?id=55>

10841 S. Crossroads Dr., Parker, CO 80134

Drivers' Education program; stick-shift training; testing for permits / drivers licenses; remedial training; senior assessments.

Affordable Driving School

303-840-7662

303-680-9291

www.affordabledrivingsch.com

18002 E. Clarke Rd., Parker, CO 80134

5940 S. Gun Club Road, Suite 104, Aurora, CO 80016

Drivers' Education program; Defensive Driving.

CDOT's Teen Driving Resources

www.coteedriver.com

Online resources for parents (brochure/driving log) & teens (driving tool kit).

Cruisers Teen Driving

303-660-3456

www.cruisersteendriving.com

Drivers' Education program; Defensive Driving.

Freedom Drivers Ed., LLC

20-253-5830

www.freedomdriversed.com

Driver's Education classroom program, Driver Awareness, Online Course, Behind the Wheel with law enforcement instructors; written permit test & drivers test. Stimulating, challenging, teen-friendly and FUN.

Protect & Serve Driving Academy

303-694-6500

www.protectandserveacademy.com

7500 S University Blvd, Unit 110, Centennial, CO 80122

Driving skills classes.

Safe Kids USA & Safe Kids Colorado State

720-777-8412

www.safekids.org

13123 East 16th Avenue, Suite B911, Aurora, Colorado 80045

Model policy/law to ban texting while driving; access to www.distraction.gov, a website with resources and news about distracted driving; "Driven to Distraction" educational series.

The MasterDrive Experience

303-627-4447

www.masterdrive.com

15659 E. Hinsdale Dr., Englewood, CO 80112

Teen Driver Survival classes (comprehensive drivers' ed); defensive driving skills; corrective driving programs.

EATING DISORDER TREATMENT

Eating Disorder Center of Denver

Toll Free: 866-771-0861

www.edcdenver.com

950 S. Cherry St., Suite 1010, Denver, CO 80246

Outpatient, partial hospitalization, and inpatient treatment of eating disordered individuals age 16 and older.

Grace Counseling Services (Gray, Kelley)

720-489-8555

<http://www.gracecounseling.net/>

7921 South Park Plaza, Suite 204, Littleton, CO 80120

Does not accept insurance.

Grace Counseling Services (Johnson, Vicki, MSW, LCSW)

303-798-8836

720-489-8555

<http://www.gracecounseling.net/>

7921 South Park Plaza, Suite 204, Littleton, CO 80120

Female adolescents, families, couples, groups; eating disorders, trauma.

Does not accept insurance.

Kendall-Grove, Kwai, PhD.

303-662-9670

<http://drkendallgrove.com/>

2305 E. Arapahoe Road, Suite 149, Centennial, CO 80122

Specializes in adolescents, eating disorders, depression, anxiety, ADHD evaluations. Ages 5 and up.

Does not accept insurance but will slide fees.

McAllaster-Schmitz & Associates (Amy McAllaster-Schmitz, M.A., LPC)

303-513-7822

www.amymscounseling.com

5777 S. Rapp Street, Littleton, CO 80120

Adolescent & adult counseling.

Mines and Associates

303-832-1068

800-873-7138

<http://www.minesandassociates.com/>

10367 W. Centennial Road, Suite 100, Littleton, CO 80127

Does not accept insurance. May offer sliding scale.

Schaffer, Stacy, MA, LPC

602-885-5485

www.stacyschaffer.com

5460 Ward Rd., Arvada, CO 80004

Specializing in Grief, Children and Adolescents in the Denver.

Starkey-Duncan, Renee, PhD.

303-747-4026

https://therapists.psychologytoday.com/rms/name/Renee_Starkey+Duncan_PhD_Denver_Colorado_94253 90 Madison St., Suite 405, Denver, CO 80206

Eating disorders, girls ages 12 and up, women's issues. Will slide fees.

Uhernik, Julie, LPC, RN

303-918-1775

www.julieuhernik.com

19557 East Mainstreet, Suite 203, Parker, CO 80138

Adolescents, adults, couples, families; eating disorders, depression; will slide fees.

Takes most private insurance and several employee assistance plans. Does not currently accept Medicaid but may change.

EDUCATION

Bullying

Douglas County School District

303-387-0100

<https://www.dcsdk12.org/>

620 Wilcox, Castle Rock, CO 80104

Anti-bullying programs; Positive Behavior Supports.

Porter, William W., Ph.D

303-399-3542

Email: wwalesporter@gmail.com

967 Fillmore St. Denver, Co 80206 Educational Consultant specializing in adolescent depression and suicide. Author of "Bully Proofing Your Schools". Sliding scale; some insurance.

Safe2Tell

1-877-542-7233

<http://safe2tell.org/>

Focus on school violence & prevention; tip line; bullying prevention.

College Counseling / ACT & SAT Prep

Burdick, Linda, EdS, NCSP

303-718-0011

www.linkedin.com/in/lindalburdick

Locations convenient for parent/guardian/caregiver

School psychologist specializing in evaluations, education assessment, tutoring, test preparation for ACT & SAT, work with gifted & talented, and much more. Fee is \$50.00 / hour for assessments & \$40.00 for tutoring & test prep.

Compass Educational Services

303-888-9675

www.compasstutoring.com

P.O. Box 63894, Littleton, CO 80163

Strategies to help students flourish, including: tutoring, how to deal with learning difficulties, organization & time management skills, management of behavior conflicts at school and home, transitioning to high school, addressing all education gaps.

Huntington Your Tutoring Solution

303-617-0476

www.huntingtonlearning.com

11153H South Parker Rd., Parker, CO 80134

Individualized tutoring in study skills, reading, writing, math and ACT/SAT exam prep.

Drop-Out / Expulsion / Truancy Prevention

Compass Educational Services

303-888-9675

www.compasstutoring.com

Strategies to help students flourish, including: tutoring, how to deal with learning difficulties, organization & time management skills, management of behavior conflicts at school and home, transitioning to high school, addressing all education gaps.

Douglas County School District

303-387-0100

<https://www.dcsdk12.org/>

620 Wilcox, Castle Rock, CO 80104

School-based interventions; truancy prevention.

Four Seasons Counseling

303-369-0585

www.fourseasonscounseling.com

2121 S. Blackhawk St., Suite 210, Aurora, CO 80014

Eight-week psycho-educational group for truancy intervention.

Student Support Center DCSD

303-387-0700

<https://www.dcsdk12.org/sites/default/files/secondaryeducation/highschools/dcsupportcenter/index.htm>

11722 N. Dransfeldt Road, Parker, CO 80134

Expulsion/Suspension School; case management for youth at-risk of drop-out or expulsion; drop-out retrieval; truancy prevention.

Education Options

Eagle Rock School

970-586-0600

www.eaglerockschool.org

2750 Notaiiah Rd., Estes Park, CO 80517

Residential Honda school in the Rockies, emphasizing experiential education and service learning; serving 15-17 year old at-risk kids struggling in public school.

Education Sage, Inc.

310-720-0390

<http://educationsageinc.com/>

7230 Fremont Court, Larkspur, CO 80118

Coaching on brain-based learning.

Emily Griffith High School (EGHS)

720-423-4757

<http://eghs.dpsk12.org>

1250 Welton St., Denver, CO 80204

Drop-out retrieval program for students 17-21 offering courses toward completion of a high school diploma; small class sizes, self-paced, credit recovery, counseling.

Firefly Autism

303-759-1192

<http://www.fireflyautism.org/>

2695 S. Jersey St., Denver, CO 80222

Serving children ages 18 months to 18 years old; assessment; social skill development; individual and group intervention; in-home assessment and coaching; school consultations; speech and occupational therapy; day treatment; therapeutic recreation; parent support and training.

Humanex Academy

303-783-0137

www.humanexacademy.com

2700 S. Zuni St., Englewood, CO 80110

Alternative middle & high school serving youth with learning & emotional challenges such as ADHD, bipolar disorder, anxiety, etc.

Instructional ABA Consultants

331-229-8839, ext 1

<http://www.instructional-aba.com/index.html>

312 Wilcox St., Castle Rock, CO 80104

In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.

Accepts the following insurances : private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Prescription for Success

303-993-4648

www.prescriptionforsuccess.net

Cognitive learning center in Parker, CO, that specializes in treating Dyslexia, ADHD, Slow Processing, Auditory and Visual Processing problems, Inadequate Memory, Sensory Processing Disorder, and much more. Our comprehensive testing will pinpoint "WHY" your child is having learning difficulties. A personalized learning plan is developed for the client. K-Adult students are welcome.

Does not accept insurance.

Prince Street Academy (A/D Mental Health)

303-730-8858

<http://www.admhn.org/Services/ChildAdolescentFamily/TherapeuticDaySchool.aspx>

Year-round CDE-approved school for children ages 9-18 with significant emotional or behavioral problems that prevent them from temporarily attending their own school; therapeutic services plus education programming five days a week.

Rocky Mountain School of Expeditionary Learning

303-759-2076

www.rmssel.org

1700 S. Holly St., Denver, CO 80222

K-12 school founded on Outward Bound ideals & emphasizing, academic achievement, character development, experiential education and service learning.

STEM School and Academy

303-683-7836

www.stemhigh.org

8773 Ridgeline Blvd., Highlands Ranch, CO 80129

DCSD charter school for grades 6-9 currently (6-12 within the next three years), designed to provide a rigorous core education during the regular school day with a Science, Technology, Engineering, and Math curriculum focus. STEM Academy is a before- and after-school enrichment program open to all students from any school and offers more than 40 classes & activities for a minimal fee (robotics, rocketry, RC model plane club, Raytheon Math Counts, 4-H Club, guitar, drama & much more). STEM Hybrid is primarily a home-school program that offers two days of classes per week for grades 6-10.

G.E.D.

Arapahoe/Douglas WORKS

720-733-7321

www.adworks.org

Philip S. Miller Library

100 Wilcox Street, Suite 198, Castle Rock, CO 80104

GED prep and testing; alternative school; school-to-work preparation.

Branson School Online

719-946-5531

888-863-7850

www.bransonschoolonline.com

101 Saddle Rock Dr., P.O. Box 128, Branson, CO 81027

Home-based public school program with standardized educational materials delivered online and via internet; diploma and GED programs.

GED Testing Service

1-800-626-9433

<http://www.gedtestingservice.com/ged-testing-service>

Information on obtaining a GED; practice tests.

The Colorado Department of Education

303-866-6613

<http://www.cde.state.co.us/cdeadult/GEDindex.htm>

GED Testing Program

201 E. Colfax Ave., Room 106, Denver, CO 80203

General information regarding the GED.

General School Stuff

Colorado Department of Education

303-866-6600

<http://www.cde.state.co.us/cdeadult/GEDindex.htm>

201 E. Colfax Ave., Denver, CO 80203

General education issues; GED information.

Douglas County School District

303-387-0100

<https://www.dcsdk12.org/>

620 Wilcox, Castle Rock, CO 80104

Public schools; charter schools; alternative schools; individual education plans; special needs programming; home school info.

Families First

Family Support Line: 303-695-7996

Statewide Toll-Free: 1-877-695-7996

Consejos Para Familias 1-866-527-3264

www.familiesfirstcolorado.org

Referrals to various educational resources, including special needs programs; workshops for parents in support of children's education; info on No Child Left Behind & the Colorado Parent Information & Resource Center.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)

720-244-0899

www.pikespeakcounseling.com

12900 Stroh Ranch Way, Suite 220, Parker, CO 80134

ADHD ; social skills groups ; bullying prevention ; former school counselor.

Does not accept insurance only victim's compensation.

Project PEAK (Parents Engaged in the Advancement of Kids)

<http://schools.dcsdk12.org/education/staff/staff.php?sectiondetailid=79789&>

Parent / school district partnership in support of Roxborough Primary & Intermediate School; connections between parents & classroom, activities, newsletter, information.

Gifted & Talented

Burdick, Linda, EdS, NCSP

303-718-0011

www.linkedin.com/in/lindalburdick

School psychologist specializing in evaluations, education assessment, tutoring, test preparation for ACT & SAT, work with gifted & talented, and much more. Fee is \$50.00 / hour for assessments & \$40.00 for tutoring & test prep.

Compass Educational Services

303-888-9675

www.compasstutoring.com

Strategies to help students flourish, including: tutoring, how to deal with learning difficulties, organization & time management skills, management of behavior conflicts at school and home, transitioning to high school, addressing all education gaps.

Douglas County School District

303-387-0100

<https://www.dcsdk12.org/>

620 Wilcox Street, Castle Rock, CO 80104

Gifted & Talented program available.

Higher Education in Douglas County

Arapahoe Community College

4700 Castleton Way, Suite 100, Castle Rock, CO 80109

303-660-3160

5900 S. Sante Fe Dr., Littleton, CO 80120

303-797-4222

15653 Brookstone Dr., Parker, CO 80134

303-734-4822

www.arapahoe.edu

Community college conveniently located in Douglas County; opportunities for 2-year associates degrees, many certifications, small class size, affordable, potential transfer of credits to 4-year institutions.

Homeless Students - Resources

Horatio Alger Scholarship for Homeless Students

866-763-9228

<https://www.horatioalger.org/scholarships/index.cfm>

Excellent college scholarship for youth who are homeless, were recently homeless or are at-risk of homelessness. High school seniors with a commitment to pursuing a four-year bachelor's degree, are involved in community service, have demonstrated integrity and perseverance in overcoming adversity and have a minimum grade point average of 2.0. Apply for the scholarship by visiting.

Learning Disabilities

Achieve Reading (Effective Multisensory Learning)

720-328-9229

www.achieveread.com

264 Southpark Rd, Highlands Ranch, CO 80126

Highly skilled direct instruction with a credentialed teacher for youth & children with reading challenges; dyslexia intervention using the Slingerland Approach. Can meet with clients at schools or at the Achieve Reading business location; free assessment. Group, private or semi-private instruction.

Autism Home Support Services

<http://www.autismhomesupport.com/>

Denver

Provides In-Home ABA Therapy to kids on the Autism Spectrum.

Accepts these insurances : Blue Cross/Blue Shield/Anthem, United Behavioral Health, Kaiser Permanente, Cigna, and Magellan. People are encouraged to still call even if their insurance is not listed. Will see if they can do a Single Case Agreement where you could get an in-network benefit.

Does not accept Medicaid.

College Living Experience

800-486-5058

www.cleinc.net

1391 Speer Blvd., Suite 400, Denver, CO 80204

College/vocational school transition assistance for youth with special needs; tutoring; study skills; HS diploma assistance; independent living; social skills.

Compass Educational Services

303-888-9675

www.compasstutoring.com

Strategies to help students flourish, including: tutoring, how to deal with learning difficulties, organization & time management skills, management of behavior conflicts at school and home, transitioning to high school, addressing all education gaps.

Council of Parent Attorneys & Advocates

410-372-0208

www.copaa.net

P.O. Box 6767, Towson, MD 21285

Support for parents of children with disabilities; national advocacy organization. Please refer to website for listing of Colorado Attorneys/Advocates.

Developmental Disability Consultants, PC

303-337-2210

www.ddconsultants.org

1211 S. Parker Rd., Suite 200, Denver, CO 80231

Offering a wide range of direct and consultative services to children and adults with disabilities, their families, teachers and service providers.

Accepts Medicaid. Works with other insurance providers.

Douglas County School District

303-387-0100

<https://www.dcsdk12.org/>

620 Wilcox Street, Castle Rock, CO 80104

Public schools; charter schools; alternative schools; individual education plans; special needs programming; home school info.

Education Sage, Inc.

310-720-0390

<http://educationsageinc.com/>

7230 Fremont Court, Larkspur, CO 80118

Advocacy & educational services for students with learning challenges; experts on IEPs & 504 plans.

Firefly Autism

303-759-1192

<http://www.fireflyautism.org/>

2695 S. Jersey St., Denver, CO 80222

Serving children ages 18 months to 18 years old; assessment; social skill development; individual and group intervention; in-home assessment and coaching; school consultations; speech and occupational therapy; day treatment; therapeutic recreation; parent support and training

Grace Counseling Services (Matson, Rebecca, LPC)

720-489-8555

<http://www.gracecounseling.net/>

7921 South Park Plaza, Suite 204, Littleton, CO 80120

Testing for learning disabilities; family and parenting skills. Does not accept insurance, sliding scale may be available.

Hanze, Doug, PhD

303-688-8658

<http://hanzecounseling.com/>

823 S. Perry St, Suite 100, Castle Rock, CO 80104

Individual, family, children, adolescents. Diagnose and treat depression, anxiety, ADHD and behavior disorders.

Accepts the following insurance : Blue Cross, Aetna, Infinity and Colorado Co-op.

Humanex Academy

303-783-0137

www.humanexacademy.com

2700 S. Zuni St., Englewood, CO 80110

Alternative middle & high school serving youth with learning & emotional challenges such as ADHD, bipolar disorder, anxiety, etc.

Individual & Family Wholeness (Worthing Carol Ann, PhD)

03-663-5846

www.individualandfamilypsychotherapy.com

240 Wilcox St., Castle Rock, CO 80104

Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues including ADD / ADHD.

Instructional ABA Consultants

331-229-8839, ext 1

<http://www.instructional-aba.com/index.html>

312 Wilcox St., Castle Rock, CO 80104

In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.

Accepts the following insurances : private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Iolite Counseling, LLC

303-956-8949

www.iolitecounseling.com

900 Castleton Rd., Suite 135, Castle Rock, CO 80109

Serving children through adults. Specializing in substance abuse counseling, grief/loss, divorce, trauma/abuse, suicide prevention, mood disorders, anxiety, domestic violence, bullying, phobias, school-related concerns, social skill development.

Only accepts Mines and Associates employee assistance program.

Kendall-Grove, Kwai, PhD.

303-662-9670

<http://drkendallgrove.com/>

2305 E. Arapahoe Road, Suite 149, Centennial, CO 80122

ADHD evaluations. Ages 5 and up.

Does not accept insurance but accepts a sliding scale.

Law Offices of Louise Bouzari, LLC

303-228-1616

<http://bouzarilaw.com/>

7887 E. Belleview, Suite 1100, Englewood, CO 80111

Specializing in representing children and their families in disputes with school districts and help defend juveniles who have been arrested in criminal cases.

Legacy Comprehensive Counseling & Consulting

303-841-4005

www.legacyparker.com

19751 E. Mainstreet, Suite 215., Parker, CO 80138

Individual and group counseling for individuals, children and families. Specializing in social skills, adjusting to divorce, parenting skills & classes, anger management, mental illness, stress, attachment issues, testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management, supervised parenting, child/family investigations.

Takes most private insurance including: United Healthcare, CIGNA, Blue Cross/Blue Shield and Aetna. Does not accept Medicaid.

Lounsborough, Craig, M.Div., LPC

303-593-0575 ext. 123

www.craiglpc.com

19284 Cottonwood Drive, Suite 202, Parker, CO 80138

Child, adolescent, ADD, ADHD, ODD and conduct disorders. No sliding scale, will reduce fee.

Max, Dana A., PsyD, PC

303-347-8498

www.danamax.com

5860 S. Curtice St., Littleton, CO 80120

Individual, family, group & couples psychotherapy; psychoeducational assessment; psychological testing; sees youth of all ages. Some insurance and will slide fees.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)

720-244-0899

www.pikespeakcounseling.com

12900 Stroh Ranch Way, Suite 220, Parker, CO 80134

ADHD ; social skills groups ; bullying prevention ; former school counselor.

Does not accept insurance, only victim's compensation.

Prescription for Success

303-993-4648

www.prescriptionforsuccess.net

Cognitive learning center in Parker, CO, that specializes in treating Dyslexia, ADHD, Slow Processing, Auditory and Visual Processing problems, Inadequate Memory, Sensory Processing Disorder, and much more. Our comprehensive testing will pinpoint "WHY" your child is having learning difficulties. A personalized learning plan is developed for the client. K-Adult students are welcome.

Do not accept insurance.

Results Learning, LLC

303-771-1160

www.results-learning.com

5340 S Quebec St., Suite 320-South, Greenwood Village, CO 80111

Individualized tutoring; free initial class.

Sandstone Care

720-307-3970

www.sandstonecare.com

2100 S. Cherry St., #204, Denver, CO 80222

Provides substance abuse and co-occurring mental health treatment services for teens and young adults. Includes after school teen program that incorporates individual and group therapy, family counseling, visits with our MD psychiatrist, and academic and vocation support.

Accepts these insurances : Value Options, United Health Care, Cigna, Aetna, Humana, Mines and Assoc, Rocky Mountain Health Plans, United Behavioral Health, and Blue Cross/Blue Shield.

Smith, Jenna K., MSW

303-951-4832 <http://jennasmiththerapy.com/>

email: jenna@jennasmiththerapy.com

5347 S. Valentia Way, Suite 120, Greenwood Village, CO 80111

Specializing in working with elementary-age children & their families; divorce, grief & loss, anxiety, ADHD, parenting.

Social Pathways

303-332-6562

www.socialpathways.com

9568 University Blvd, Highlands Ranch, CO 80126 (Eastridge Recreation Bldg.)

20120 E. Mainstreet, Parker, CO 80138 (Parker Recreation Bldg.)

Toddlers to tweens. Testing for the following – social skills, social/emotional/behavioral; education level; cognitive abilities. Functional behavior assessment. In-school consultation and inservices. Social skills training & groups.

Southeast Psychotherapy Associates, PLLC

303-694-1795

www.sepsychotherapy.com

6081 S. Quebec St., Suite 103, Englewood, CO 80111

Assessment of addictions, depressive disorders, educational and intellectual function, ADHD.

The Child and Adolescent Behavioral Supports, LLC

303-660-5397

<http://www.cabsupports.com/>

Littleton Office :

609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120

Denver Office :

1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

The Counseling Place at Lone Tree (Sarah James, LCSW, CACII)

303-241-0421

<http://www.counselinglonetree.com/>

9224 Teddy Lane, Suite 103, Lone Tree, CO 80124

482 Happy Canyon Road, Castle Pines, CO 80108

Thoreson, Kirk, PsyD

303-550-0030

www.drkirkthoreson.com

1221 S. Clarkson St. Suite 302, Denver, CO 80210

Psychological and educational testing & assessment; specializing in learning disabilities, ADHD, depression, childhood anxiety. Accepts some insurance or sliding fee scale; free 20 minute phone consult.

Literacy

Douglas County Libraries

303-791-7323

www.douglascountylibraries.org

Click on "Literacy" for information on Adult Literacy, Book Start early childhood literacy and more.

Castle Pines Library: 7437 Village Square Drive, Suite 110, Castle Rock, CO 80108

Philip S. Miller Library in Castle Rock: 100 S. Wilcox St., Castle Rock, CO 80104

Highlands Ranch Library: 9292 Ridgeline Blvd., Highlands Ranch, CO 80129

Lone Tree Library: 8827 Lone Tree Pkwy., Lone Tree, CO 80124

Louviers Library, 7885 Louviers Blvd., Louviers, CO 80131

Parker Library: 10851 S. Crossroads Dr., Parker, CO 80134

Roxborough Library: 8357 N. Rampart Range Rd., Suite 200, Littleton, CO 80125

Online Educational Resources

Colorado Calvert Academy State Charter School

970-232-3317

www.coloradocalvertacademy.com

155 E. Boardwalk Dr. Suite 547, Fort Collins, CO 80525 877-403-5572

Online public charter school program serving students in grades K - 8; individualized learning in a partnership between parents / caregivers and educators.

The Colorado Cyberschool

303-387-9465

www.edcsd.org

312 Cantril St., Castle Rock, CO 80104

Online Douglas County School District program serving students in grades K – 12; individualized learning that can be asynchronous or a more structured virtual classroom model. Student-centered learning communities to encourage acquisition of critical thinking, leadership, ethical and self-motivational skills.

Special Education / Needs

Achieve Reading (Effective Multisensory Learning)

720-328-9229

www.achievereadng.com

264 Southpark Rd, Highlands Ranch, CO 80126

Highly skilled direct instruction with a credentialed teacher for youth & children with reading challenges; dyslexia intervention using the Slingerland Approach. Can meet with clients at schools or at the Achieve Reading business location; free assessment. Group, private or semi-private instruction.

Autism Home Support Services

<http://www.autismhomesupport.com/>

Denver

Provides In-Home ABA Therapy to kids on the Autism Spectrum.

Accepts these insurances : Blue Cross/Blue Shield/Anthem, United Behavioral Health, Kaiser Permanente, Cigna, and Magellan. People are encouraged to still call even if their insurance is not listed. Will see if they can do a Single Case Agreement where you could get an in-network benefit. Does not accept Medicaid.

Behavioral Growing Tree

866-300-0822

www.behavioralgrowingtree.com

In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children Identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.

Blue Horizon Therapy

303-886-9921

<http://bluehorizontherapy.com/>

Also On FaceBook

9340 Commerce Center St., Highlands Ranch, CO 80129

Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

Accepts most major insurance including Medicaid.

College Living Experience

800-486-5058

www.cleinc.net

1391 Speer Blvd., Suite 400, Denver, CO 80204

College/vocational school transition assistance for youth with special needs; tutoring; study skills; HS diploma assistance; independent living; and social skills

Compass Educational Services

303-888-9675

www.compasstutoring.com

Strategies to help students flourish, including: tutoring, how to deal with learning difficulties, organization & time management skills, management of behavior conflicts at school and home, transitioning to high school, addressing all education gaps.

Connect Us

303-773-3960

www.connectus-now.com

6940 S. Holly Circle, Suite 230, Centennial, CO 80112

Social skill-building with children who are neuro-typical and those with Asperger's Syndrome and Autism. School-readiness groups. After-school enrichment groups, playgroups, socialization groups.

Council of Parent Attorneys & Advocates

410-372-0208

www.copaa.net

P.O. Box 6767, Towson, MD 21285

Support for parents of children with disabilities; national advocacy organization. Please refer to website for listing of Colorado Attorneys/Advocates.

Developmental Disability Consultants, PC

303-337-2210

www.ddconsultants.org

1211 S. Parker Rd. Suite 200, Denver, CO 80231

Offering a wide range of direct and consultative services to children and adults with disabilities, their families, teachers and service providers.

Accept Medicaid and work with other insurance providers.

DCSD Audiology Department

720-433-0022

Education Sage, Inc.

310-720-0390

<http://educationsageinc.com/>

7230 Fremont Court, Larkspur, CO 80118

Advocacy & educational services for students with learning challenges; experts in IEPs and 504 plans.

Federation of Families for Children's Mental Health Colorado

720-855-3493

877-792-8886

www.coloradofederation.org

2950 Tennyson St., Denver, CO 80212

Advocacy and support for parents of children with a diagnosed mental illness; support in IEP process.

Firefly Autism

303-759-1192

[http://www.fireflyautism.org/](http://www.fireflyautism.org)

2695 S. Jersey St., Denver, CO 80222

Serving children ages 18 months to 18 years old; assessment; social skill development; individual and group intervention; in-home assessment and coaching; school consultations; speech and occupational therapy; day treatment; therapeutic recreation; parent support and training.

Guzman, Maria Elena, PhD

303-756-6870

3801 E. Florida Avenue, Suite 701, Denver, CO 80210

Specializes in trauma, depression, anxiety. Private testing; qualified to do most SPED testing. Services available in Spanish.

Humanex Academy

303-783-0137

www.humanexacademy.com

2700 S. Zuni St., Englewood, CO 80110

Alternative middle & high school serving youth with learning & emotional challenges such as ADHD, bipolar disorder, anxiety, etc.

Instructional ABA Consultants

331-229-8839, ext 1

<http://www.instructional-aba.com/index.html>

312 Wilcox St., Castle Rock, CO 80104

In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.

Accepts the following insurances : private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Law Offices of Louise Bouzari, LLC

303-228-1616

<http://bouzarilaw.com/>

7887 E. Belleview, Suite 1100, Englewood, CO 80111

Specializing in representing children and their families in disputes with school districts and help defend juveniles who have been arrested in criminal cases.

Legacy Comprehensive Counseling & Consulting

303-841-4005

www.legacyparker.com

19751 E. Mainstreet, Suite 215., Parker, CO 80138

Testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management.

Accepts most private insurance including: United Healthcare, CIGNA, Blue Cross/Blue Shield and Aetna. Does not accept Medicaid.

Parent to Parent of Colorado

877-472-7201

www.p2p-co.org

801 Yosemite St, Denver, CO 80230

Support and advocacy network for families of those with special healthcare needs or disabilities

Prescription for Success

303-993-4648

www.prescriptionforsuccess.net

Cognitive learning center in Parker, CO, that specializes in treating Dyslexia, ADHD, Slow Processing, Auditory and Visual Processing problems, Inadequate Memory, Sensory Processing Disorder, and much more. Our comprehensive testing will pinpoint "WHY" your child is having learning difficulties. A personalized learning plan is developed for the client. K-Adult students are welcome.

Do not accept insurance.

Smith, Jenna K., MSW

303-951-4832 <http://jennasmiththerapy.com/>

email: jenna@jennasmiththerapy.com

5347 S. Valentia Way, Suite 120, Greenwood Village, CO 80111

Specializing in working with elementary-age children & their families; divorce, grief & loss, anxiety, ADHD, parenting.

Southeast Psychotherapy Associates, PLLC

303-694-1795

www.sepsychotherapy.com

6081 S. Quebec St., Suite 103, Englewood, CO 80111

Assessment of educational and intellectual function, ADHD.

The Child and Adolescent Behavioral Supports, LLC

303-660-5397

<http://www.cabsupports.com/>

Littleton Office :

609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120

Denver Office :

1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Tutoring / Enrichment

Blue Horizon Therapy

303-886-9921

<http://bluehorizontherapy.com/>

Also On FaceBook

9340 Commerce Center St., Highlands Ranch, CO 80129

Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays

Accept most major insurance including Medicaid.

Burdick, Linda, EdS, NCSP

303-718-0011

www.linkedin.com/in/lindalburdick

School psychologist specializing in evaluations, education assessment, tutoring, test preparation for ACT & SAT, work with gifted & talented, and much more. Fee is \$50.00 / hour for assessments & \$40.00 for tutoring & test prep.

Club Z In-Home Tutoring

866-448-8867

www.clubztutoring.com

K-12, personalized tutoring in-home.

Compass Educational Services

303-888-9675

www.compasstutoring.com

Strategies to help students flourish, including: tutoring, how to deal with learning difficulties, organization & time management skills, management of behavior conflicts at school and home, transitioning to high school, addressing all education gaps.

Connect Us

303-773-3960

www.connectus-now.com

6940 S. Holly Circle, Suite 230, Centennial, CO 80112

Social skill-building with children who are neuro-typical and those with Asperger's Syndrome and Autism. School-readiness groups. After-school enrichment groups, playgroups, socialization groups.

Huntington Your Tutoring Solution

303-617-0476

www.huntingtonlearning.com

11153H South Parker Rd., Parker, CO 80134

Individualized tutoring in study skills, reading, writing, math and ACT/SAT exam prep.

Learning Rx Center

(303) 741-2300

<http://www.learningrx.com/>

7700 E. Arapahoe Road, Centennial, Colorado 80112

Progressive cognizant training center.

Prescription for Success

303-993-4648

www.prescriptionforsuccess.net

Cognitive learning center in Parker, CO, that specializes in treating Dyslexia, ADHD, Slow Processing, Auditory and Visual Processing problems, Inadequate Memory, Sensory Processing Disorder, and much more. Our comprehensive testing will pinpoint "WHY" your child is having learning difficulties. A personalized learning plan is developed for the client. K-Adult students are welcome.

Do not accept insurance.

Spanish Enrichment, Inc.

303-805-1472

www.spanishenrichment.com

P.O. Box 3166, Parker, CO 80134

Private & custom tutoring at your home.

Step to Success

303-805-0773

877-744-4771

www.steptosuccesstutoring.com

18632 Pony Express Dr., Suite 201 Parker, CO 80134

Offers several powerful learning programs that are designed to meet your child's learning style, academic goals, and family schedule. Guaranteed to increase student achievement of 1 year or more in 30 sessions or less; 24/7 access to lessons.

Sylvan Learning Center

303-220-8607

<http://tutoring.sylvanlearning.com/>

9473 S. University Blvd, Highlands Ranch, CO 80126

Individual tutoring in home or at the library.

Vocational / Technical Institutes

Arapahoe Community College

www.arapahoe.edu

4700 Castleton Way, Suite 100, Castle Rock, CO 80109

303-660-3160

5900 S. Sante Fe Dr., Littleton, CO 80120

303-797-4222

15653 Brookstone Dr., Parker, CO 80134

303-734-4822

Community college conveniently located in Douglas County; opportunities for 2-year associates degrees, many certifications, small class size, affordable, potential transfer of credits to 4-year institutions.

Emily Griffith Technical College

720-423-4700

www.egos-school.com

1250 Welton St., Denver, CO 80204

GED classes; language classes. Certifications & Associates degrees in Business & Technology, Design, Health Sciences, and Trades & Industry. Assistance with job placement.

Pickens Technical College

303-344-4910

<http://www.pickenstech.org/>

500 Airport Blvd, Aurora, CO 80011

Certifications & Associates degrees in Automotive Technology, Human Services (Barbering, Cosmetology, Nail Tech, etc.), and Health (Dental Assisting, CNA, Practical Nursing, Respiratory Care, IV Therapy).

EMERGENCY ASSISTANCE

Crime and Fire Reporting

Emergencies:

Dial 911

Non-Emergencies:

Castle Rock Police Department	303-663-6100
Douglas County Sheriff's Office	303-660-7505
Lone Tree Police Department	303-339-8150
Parker Police Department	303-841-9800

Victim Services:

AllHealth Network

303-730-8858	
http://www.allhealthnetwork.org/	
61 W. Davies Ave., Littleton, CO 80120	303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104	303-688-6276
10350 S. Dransfeldt, Parker, CO 80134	303-805-4312

Colorado Anti-Violence Program

303-852-5094
Toll Free: 888-557-4441
www.coavp.org
P.O. Box 181085, Denver, CO 80218
Hotline for reporting hate crimes and domestic violence, particularly GLBTQ; crisis counseling.

The Denver Center for Crime Victims

www.denvervictims.org	English	303-894-8000
P.O. Box 18975, Denver, CO 80218	Spanish	303-718-8289
24-hour hotline crisis counseling; support groups.		

Food Banks / Support

Cherry Hills Community Church

303-791-4100
www.chcc.org
3900 Grace Blvd, Highlands Ranch, CO 80126
Manna Ministry hosts a food and clothing bank, etc.

Colorado Coalition for the Homeless

303-293-2217
www.coloradocoalition.org
2111 Champa St., Denver, CO 80205
Resource for housing, medical, food.

Denver Indian Center

303-936-2688

www.denverindiancenter.org

4407 Morrison Road, Denver, CO 80219

Emergency housing, food, clothing, referrals for Native Americans.

Denver Rescue Mission - Lawrence Street Shelter

303-294-0157

<http://www.denverrescuemission.org/lawrenceshelter>

1130 Park Ave. West, Denver, CO 80205

Serving meals for all in need; shelter beds for men.

Douglas / Elbert Task Force

303-688-1114

www.detaskforce.org

1638 Park St., Castle Rock, CO 80109

Emergency assistance with clothing, food, lodging, transportation, utilities, activities, etc. Thrift store has all sorts of affordable treasures.

Food Bank of the Rockies

303-371-9250

Toll free: 877-460-8504

<http://www.foodbankrockies.org/>

10700 E. 45th Ave., Denver, CO 80239

Friends of Man

303-798-2342

www.friendsofman.org

P.O. Box 937, Littleton, CO 80160

Financial assistance for medical, food, clothing.

Hunger-Free Colorado

720-328-1284

<http://www.hungerfreecolorado.org/>

7000 South Yosemite Street, Suite 170, Centennial, CO 80112

Child Nutrition program; Summer Food Program; initiatives to end hunger in Colorado by 2015.

Inter-Faith Community Services

303-789-0501

www.ifcs.org

3370 S. Irving St., Englewood, CO 80110

Financial assistance for food, housing, clothing, school supplies, holidays.

Living Way Fellowship

303-797-7076

www.livingwayfellowship.org

345 E. Wildcat Reserve Parkway, Highlands Ranch, CO 80126

Hours of Operation; 1st and 3rd Tuesdays of each month 2:00 p.m. to 4:00 p.m.

Current driver's license or other photo ID required. Items available include dry goods, canned foods, and personal care items.

Mile High United Way

303-433-8383

<http://www.unitedwaydenver.org>

2505 18th St., Denver, CO 80211

Emergency assistance for food, housing.

Parker Task Force/Food Bank

303-841-3460

www.parkertaskforce.org

20118 E. Mainstreet, Unit D, Parker, CO 80138

Emergency assistance with clothing, food, lodging, transportation, utilities, activities, etc.

Servicios de la Raza

303-458-5851

<http://serviciosdelaraza.org/>

4055 Tejon Street, Denver, CO 80211

Food, clothing for Latino clients.

Southeast Community Outreach (SECOR)

720-842-5621

www.secor.info

9650 Jordan Road Parker, CO 80134

Hours of Operation: Closed Monday and Tuesday. Wednesday 9:00 a.m. to 4:00 p.m.

Thursday 12:00 noon to 6:30 p.m. Friday 9:00 a.m. to 4:00 p.m. Must bring photo ID and proof of residency (phone and utility bills). Provides food, personal items, monetary and budgeting assistance. May visit twice per month.

St. Francis of Assisi Catholic Church

303-688-3025

www.stfranciscr.org

2746 Fifth Street, Castle Rock, CO 80104

Mobile food bank on various Saturdays; please call or see the website for dates & hours.

Emergency Psychiatric Services

Highlands Behavioral Health System

720-348-2800

www.highlandsbhs.com

8565 S. Poplar Way, Littleton, CO 80130

Acute 24/7 inpatient mental health treatment for children & adolescents (ages 9-18) and adults; outpatient day treatment for adults; free assessments.

Sexual Assault

The Blue Bench

Office 303-329-9922

24 hour hotline: 303-322-7273

Spanish Language: 303-329-0031

TTY: 303-329-0023

<http://thebluebench.org/>

Shelter Resources

American Red Cross

303-722-7474

719-632-3563

<http://www.redcross.org/co/denve>

444 Sherman St., Denver, CO 80203

1040 S. 8th Street, Colorado Springs, CO 80905

Denver Indian Center

303-936-2688

www.denverindiancenter.org

4407 Morrison Road, Denver, CO 80219

Emergency housing, food, clothing, referrals for Native Americans.

Denver Rescue Mission - Lawrence Street Shelter

303-294-0157

<http://www.denverrescuemission.org/lawrenceshelter>

1130 Park Ave. West, Denver, CO 80205

Serving meals for all in need; shelter beds for men.

Douglas / Elbert Task Force

303-688-1114

www.detaskforce.org

1638 Park St., Castle Rock, CO 80109

Emergency assistance with clothing, food, lodging, transportation, utilities, activities, etc. Thrift store has all sorts of affordable treasures.

Family & Senior Homeless Initiative

303-313-2440

www.fshi.org

6090 E. Smith Rd., Denver, CO 80216

Rental & security deposit assistance; other expenses.

Family Tree

303-422-2133

<http://www.thefamilytree.org/>

3805 Marshall St., Wheat Ridge, CO 80033

Motel vouchers (mostly in Jeff Co) during cold weather conditions; case management, referrals, food, hygiene supplies. Stays of 1 - 3 days.

Inter-Faith Community Services

303-789-0501

www.ifcs.org

3370 S. Irving St., Englewood, CO 80110

Financial assistance for food, housing, clothing, school supplies, holidays.

Mile High United Way

303-433-8383

<http://www.unitedwaydenver.org>

2505 18th St., Denver, CO 80211

Emergency assistance for food, housing.

Parker Task Force/Food Bank

303-841-3460

www.parkertaskforce.org

20118 E. Mainstreet, Unit D, Parker, CO 80138

Emergency assistance with clothing, food, lodging, transportation, utilities, activities, etc.

SafeHouse Denver

303-318-9989

www.safehouse-denver.org

Shelter; advocacy services.

Safe Place TXT 4 HELP

<http://nationalsafeplace.org/text-4-help/>

Text the word "SAFE" to 69866

For youth in crisis, particularly youth who are homeless or unsafe where they are currently living; a message will be texted back giving the nearest youth shelter location.

The Crisis Center

Main Office: 303-688-1094

Hotline: 303-688-8484

<http://www.twcfoc.org/>

Crisis counseling; shelter assistance for women & children victimized by domestic violence.

Urban Peak

303-974-2908

www.urbanpeak.org

1630 S. Acoma, Denver, CO 80223

Housing and life skills for homeless or runaway youth; education; case management; referrals.

Suicide Prevention & Support

Alternatives for Youth

303-894-9000

<http://thrivingteens.org/> Arapahoe / Douglas Mental Health Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

303-797-9420

831 S Perry Street, Suite 100, Castle Rock, CO 80104

303-688-6276

10350 S. Dransfeldt, Parker, CO 80134

303-805-4312

Highlands Behavioral Health System

720-348-2800

www.highlandsbhs.com

8565 S. Poplar Way, Littleton, CO 80130

Acute 24/7 inpatient mental health treatment for children & adolescents (ages 9-18) and adults; outpatient day treatment for adults; free assessments.

National Suicide Prevention LifeLine

1-800-273-8255

www.suicidepreventionlifeline.org

Safe2Tell

1-877-542-7233

<http://safe2tell.org/>

The Trevor Project

1-866-488-7386

<http://www.thetrevorproject.org/>

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning youth.

Transportation

Make the Connection

1-800-786-2929

1-800-RUNAWAY

www.1800runaway.org

The mission of the National Runaway Switchboard (NRS) is to help keep America's runaway, homeless and at-risk youth safe and off the streets.

EMPLOYMENT

ABLE: A Better Life Experience

303-920-9279

<http://www.ablecolorado.com/>

550 E. Thornton Pkwy, Suite 118, Thornton, CO 80229

Employment services for individuals with developmental disabilities; typically serving adults who've graduated.

Arapahoe/Douglas WORKS

720-733-7321

www.adworks.org

Philip S. Miller Library

100 Wilcox Street, Suite 198, Castle Rock, CO 80104

GED prep and testing; alternative school; school-to-work preparation.

Colorado Department of Education School to Work Alliance Program (SWAP)

303-866-6701

<http://www.cde.state.co.us/SecondaryInitiatives/SchoolToWorkAllianceProgram.htm>

Job placement, training, education, and follow-up services for youth ages 16-25 with mild to moderate barriers to employment.

Colorado Division of Vocational Rehabilitation (DVR)

303-866-2500

<http://www.colorado.gov/cs/Satellite/CDHS-SelfSuff/CBON/1251580884712>

2211 W. Evans, Denver, CO 80223

Employment and independent living assistance for individuals with physical/mental disabilities; diagnostic services; rehab technology; job placement, training.

Community Link

303-527-0627

www.emplink.org

6290 Lookout Rd, Boulder, CO 80301

Coaching, assessment, and job placement for individuals with disabilities.

Division of Vocational Rehabilitation (DVR) School to Work Alliance Program (SWAP)

303-866-4150

http://www.dvrcolorado.com/community_partners_school.php

11575 Sherman Street, 4th Floor, Denver, CO 80203

Year-round services including counseling and guidance, job development, job placement, on-the-job training and job-site support to assist young people with disabilities to become employed and self-sufficient.

Job Corps

800-733-5627

www.jobcorps.org

<http://collbran.jobcorps.gov/home.aspx>

57608 Highway 330 Collbran, CO 81624

Residential job training for youth ages 16-24; Colorado Job Corps camp in Collbran.

Rocky Mountain Youth Corps

970-879-2135

www.rockymountainyouthcorps.org

1705 13th Street. Steamboat Springs, CO 80487

Conservation crew experiences for youth ages 16-25; Yampa Valley Science School experiential education; mentoring.

EMPLOYMENT RESOURCES - Online

Disability Related Jobs & Information

ABILITY Jobs.com

<http://abilityjobs.com/>

ABILITY Jobs is the first and largest employment website for job seekers with disabilities. It provides a place where people with disabilities can seek employment confident they will be evaluated solely on their skills and experience.

Equal Opportunity Publications

<http://www.eop.com/career.php>

A premier diversity online job board that connects employers dedicated to hiring a diversified workforce with qualified job seekers in all career backgrounds.

Rocky Mountain ADA Center

1-800-949-4232

<http://www.adainformation.org/>

3630 Sinton Road, Suite 103, Colorado Springs, CO 80907

Provides information on the Americans with Disabilities ACT.

Diversity & Senior Related Job Search Sites

DiversityJobs.com

www.diversityjobs.com

Search thousands of new jobs everyday from diversity-friendly companies in your area.

DiversityWorking.com

<http://diversityworking.com>

Minority job search engine offers job seekers to search from 550,000 active and non-replicated diversity jobs and posts your resume directly to DiversityWorking.com for getting career opportunities in the workplace, whereby thousands of recruiter can contact you directly.

Experience Factor Recruitment Solutions

www.experiencefactor.com

A full-service recruitment firm that specializes in recruiting and placing experienced talent.

iHispano.com

www.ihispano.com

The premier resource for connecting aspiring and accomplished Latino professionals in a community experience that will assist them in realizing their professional and personal goals.

LatPro.com

www.latpro.com

LatPro service enables employers and recruiters to efficiently find professional candidates with language skills, international experience and/or multicultural knowledge.

Retired Brains

www.retiredbrains.com

Resources for Boomers, Seniors & Retirees.

RetirementJobs.com

www.retirementjobs.com

Job search engine for people over 50.

Senior Job Bank

www.seniorjobbank.org

Providing resources for the 50 plus audience looking for meaningful employment. On this site you can browse current job listings and connect to additional informational resources.

Seniors4Hire

www.seniors4hire.org

A nationwide online career center and a place for business that value a diverse workforce to actively recruit people in the U.S. 50 and older including retirees and senior citizens looking for a job and/or other ways to earn money.

Executive Level Job Search /Preparation Sources

6Figure Jobs

www.6figurejobs.com

Tailored for executives and senior-level professionals only.

Career Lab

www.careerlab.com

A career strategy and leadership development firm based in Denver, Colorado

MRI Network

www.mrinetwork.com

Recruitment network.

Federal Job Sites and Related Information

Federal Jobs Network

www.federaljobs.net

Career center created to help federal government job hunters find, apply for, and land government jobs.

Feds Hire Vets

<http://www.fedshirevets.gov>

Federal Government's strategy for recruitment and employment of Veterans.

Health Care Job Sites

HealthCare Jobs

www.healthcarejobs.org

Helps job seekers locate healthcare jobs and explore all medical, hospital, and nursing jobs.

Healthcare Source

www.healthcaresource.com

Healthcare job search engine with over 50,000 healthcare jobs available.

HealthONE

<http://www.healthonejobs.com/>

Search for jobs within the largest healthcare system in the Denver metro area.

Kaiser Permanente Careers

www.kaiserpermanentejobs.org

MedJump

www.medjump.com

Search medical, nursing, and other healthcare related jobs.

High Tech Job Sites

ComputerWork.com

<http://computerwork.com/>

Matching technology ensuring job seekers are matched with their ideal job.

Dice

www.dice.com

Search 72,913 tech jobs.

ITJOBS

www.itjobs.com

ITJOBS was created to help the IT professional quickly and efficiently locate and assess the many job opportunities that now exist.

Telecom Careers

www.telecomcareers.net

#1 Global Telecom and Wireless Job Board.

Mega Job Search Engines

Indeed

www.indeed.com

Search job sites, newspapers, associations and company career pages.

Juju

www.juju.com

Juju's comprehensive search results link to millions of jobs found on thousands employer career portals, recruiter websites, and job boards all over the internet.

LinkUp Job Search Engine

www.linkup.com

Searching job openings from 20,336 company websites.

RealMatch

www.realmatch.com

RealMatch takes the job seeker's qualifications and preferences and matches them with the employer's requirements.

Simply Hired

www.simplyhired.com

Search 4,749,354 jobs across the web.

Veteran & Transitioning Military Specific Job Sites

Military.com

www.military.com

Connect with 2000+ military friendly employers.

Military Hire.com

www.militaryhire.com

Military hiring network.

TAOnline.com

www.taonline.com

Careers for transitioning military.

Veterans Corporation

<http://www.veteranscorp.org/>

Provides veterans and service disabled veterans with access to the tools required to become successful in business.

Vet Jobs

www.vetjobs.com

VetJobs makes it easy to reach transitioning military, National Guard, Reserve Component Members and veterans that have separated over the last several decades and are now productive members of the civilian work forces in all disciplines, and their family members.

FINANCIAL ASSISTANCE / COUNSELING

Colorado Foreclosure Hotline:

877-601-4673

<http://www.coloradoforeclosurehotline.org/>

Department of Human Services:

303-688-4825

4400 Castleton Court, Castle Rock, CO 80109

TANF – Temporary Assistance for Needy Families

OAP - Old Age Assistance

AND - Age Needy Disabled

Child Care Support:

720-874-8700

Douglas County Housing Partnership

303-784-7857

www.douglascounthousingpartnership.org

9350 Heritage Hills Circle, Lone Tree, CO 80124

Foreclosure Hotline:

303-784-7856

Access point for affordable housing; foreclosure counseling/mediation.

Financial Advisory Service

Castle Rock Senior Center:

303-688-9498

<http://castlerockseniorcenter.org/services.html>

2323 Woodlands Blvd., Castle Rock, CO 80104

Parker Senior Center:

303-841-5370

10675 Longs Way, Parker, CO 80138

Friends of Man

303-798-2342

www.friendsofman.org

P.O. Box 937, Littleton, CO 80160

One-time, short-term assistance for a variety of basic and specialty needs.

Senior Outreach Services

303-660-7519

<http://www.crgov.com/index.aspx?NID=684>

4400 Castleton Ct., Castle Rock, CO 80109

Supplemental Security Insurance:

Colorado Dept. of Human Services / Mental Health

303-866-7400

<http://www.colorado.gov/cs/Satellite/CDHS-BehavioralHealth/CBON/1251581526512>

Social Security Administration

800-772-1213

<http://www.ssa.gov/pgm/services.htm>

GAMBLING ADDICTION

Colorado Department of Revenue – Division of Gambling

303-662-0772

<http://www.colorado.gov/cs/Satellite/Rev-Gaming/RGM/1213781235508>

Information on Gamblers Anonymous, Gam-Anon, and other support groups.

Daily Strength

www.dailystrength.org

Anonymous and free online support groups, and education.

Problem Gambling Coalition of Colorado

1-800-522-4700

<http://www.problemgamblingcolorado.org/>

GANG INTERVENTION / PREVENTION

Gang Rescue And Support Program

303-777-3117

www.graspyouth.org

701 S. Logan St. Suite109, Denver, CO 80209

Tattoo removal; support groups; outreach to gang-involved youth; RISE trauma program for victims or witnesses of gang violence.

Open Door Youth Gang Alternatives

303-893-4264

<http://opendooryouth.org>

1615 California St. Suite 712, Denver, CO 80202

Intensive Intervention & outreach program; prevention; parent program; professional development; Academic & Character Education program (ACE).

GAY / LESBIAN / BISEXUAL / TRANSGENDERED / QUESTIONING

ATL Foundation

www.atlfoundation.org

P.O. Box 740985, Arvada 80006-0985

Provides assistance to lesbians in need of financial help as a result of ill health or personal crisis. Either a woman in need or an advocate may submit application for services.

Columbine Unitarian Universalist Church

303-972-1716

www.columbineuuchurch.org

6724 S. Webster St., Littleton, CO 80128

Denver Family Institute

www.denverfamilyinstitute.org

7200 East Hampden Ave, Suite 301, Denver, CO 80224

303-756-3340

4891 Independence, Suite 165, Wheat Ridge, CO 80033

303-756-3340

Family, couples and individual therapy counseling is available for a wide variety of issues including gay, lesbian, bisexual and transgendered individuals and couples.. Therapy services fees are calculated using a reasonable sliding-fee scale based on the client's annual household income. The fee range for a 50 minute therapy session is \$15-\$50. Some clients will also spread out appointments to further reduce their costs.

Gay / Straight Alliances:

9375 Cresthill Lane, Highlands Ranch, CO 80130

303-387-2500

1991 Wildcat Reserve Pkwy, Highlands Ranch, CO 80129

303-387-2000

Gathering of gay and straight students who advocate for understanding and diversity.

Parents and Friends of Lesbians and Gays (PFLAG)

www.pflagdenver.org

Helpline:

303-333-0286

1290 Williams St., Suite 4, Denver, CO 80218

303-573-5861

Support and resources for family and friends of GLBTQ community members

Prairie Unitarian Universalist Church

720-432-1782

www.prairieuu.org

Services held at Pine Grove Elementary School, 10450 Stonegate Pkwy, Parker Co 80134

Faith community; support groups; action groups.

Tamara G. Suttle Counseling

303-660-4989

www.tamarasuttle.com

6222 Lancaster Ave., Castle Rock, CO 80104

Individual, couple, and group therapy; trauma; abuse; grief/loss; GLBTQ.

The GLBT Community Center of Colorado

303-733-7743

<http://www.glbtcOLORADO.org/>

1301 E. Colfax Ave., Denver, CO 80218

The GLBT Community Center of Colorado is the third-oldest LGBT community center in the country. We engage, empower enrich and advance our community through statewide advocacy and nationally recognized cultural and educational programming.

The Trevor Project

1-800-488-7386

www.thetrevorproject.org

www.trevorspace.org

Crisis intervention for GLBTQ youth who are thinking about suicide or are otherwise in danger.

TransYouth Family Allies

888-462-8932

www.imatyfa.org

Advocacy, education and support for transgendered children and their families; online and in-person resources.

GRIEF / LOSS

Children - Resources

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

Individual & group counseling addressing grief & loss issues.

303-797-9420

303-688-6276

303-805-4312

Briggs, Jana, MA, NCC, LPC

303-495-0317

www.janabriggs.com

5777 S. Rapp St., Suite 204, Littleton, CO 80120

Play therapy; anger management; grief/loss recovery; parenting counseling; couples therapy; relationship enhancement.

Does not accept insurance

Brodie, Judith, MA, LPC, LLC

303-503-5282

www.judithbrodie.com

6860 S. Yosemite Court, Suite 2000, Centennial, CO 80112 Kind, compassionate support for children, adults and families dealing with grief and loss, end-of-life transitions, serious illness or relationship difficulties.

Camp Comfort (Mount Evans Home Health Hospice)

303-674-6400

www.mtevans.org

3081 Bergen Peak Dr., Evergreen, CO 80439

Summer camp for bereaved children ages 6-12.

Children's Grief Education Association

303-246-3826

www.childgrief.org

Grief education and support to bereaved children, their families and professionals in schools and community organizations through local, national and international outreach and training.

Integrative Therapy Solutions

720-285-6438

<http://integrativetherapysolutions.org>

Serving Aurora, Denver & south metro area

Children, teens, adults, couples, families.

Do not accept insurance.

Iolite Counseling, LLC

303-956-8949

www.iolitecounseling.com

900 Castleton Rd. Suite135, Castle Rock, CO 80109

Serving children through adults. Grief and loss groups for youth, as well as individual grief and loss counseling. Free initial consultation; sliding scale available.

Only accept Mines and Associates employee assistance program.

Judi's House

720-941-0331

www.judishouse.org

1741 Gaylord St., Denver, CO 80206

Peer support groups for grieving children; homey setting.

Michael Dawson Counseling

303-766-4111

http://michaeldawson.com/?page_id=12

13791 E. Rice Pl., Suite 100, Aurora, CO 80015

People partnered with horses to help bring healing to broken bodies and wounded souls; loss and grief.

Accepts Anthem Blue Cross and Medicaid.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)

720-244-0899

www.pikespeakcounseling.com

12900 Stroh Ranch Way, Suite 220, Parker, CO 80134

Grief/Loss work with children, adolescents & families; certified play therapist; does not accept insurance; sliding scale available.

Out of network for insurance. Only victim's compensation.

Schaffer, Stacy, MA, LPC

602-885-5485

www.stacyschaffer.com

5460 Ward Rd., Arvada, CO 80004

Therapeutic services for children & adolescents with an emphasis on grief and loss, along with many other issues; specialty in play therapy.

In-network provider for Blue Cross/Blue Shield and Humana. Also provider for Second Wind Fund of Metro Denver and Mines and Associates.

Smith, Jenna K., MSW

303-951-4832 <http://jennasmiththerapy.com/>

email: jenna@jennasmiththerapy.com

5347 S. Valentia Way, Suite120, Greenwood Village, CO 80111

Specializing in working with elementary-age children & their families; divorce, grief & loss, anxiety, ADHD, parenting.

The Child and Adolescent Behavioral Supports, LLC

303-660-5397

<http://www.cabsupports.com/>

Littleton Office :

609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120

Denver Office :

1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

General Counseling Resources

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

Individual & group counseling addressing grief & loss issues.

303-797-9420

303-688-6276

303-805-4312

Briggs, Jana, MA, NCC, LPC

303-495-0317

www.janabriggs.com

5777 S. Rapp St., Suite 204, Littleton, CO 80120

Play therapy; anger management; grief/loss recovery; parenting counseling; couples therapy; relationship enhancement.

Does not accept insurance.

Brodie, Judith, MA, LPC, LLC

303-503-5282

www.judithbrodie.com

6860 S. Yosemite Court, Suite 2000, Centennial, CO 80112 Kind, compassionate support for children, adults and families dealing with grief and loss, end-of-life transitions, serious illness or relationship difficulties.

GriefShare

<http://www.griefshare.org/findagroup/search>

See website for multiple locations

13 week faith-based support group for adults who have suffered the death of a loved one.

Tuesday evenings at New Hope Presbyterian.

HeartLight Center

720-748-9908

<http://www.heartlightcenter.org/>

11150 E. Dartmouth Ave., Denver, CO 80014

Community support and resources for caregivers and the public dealing with end-of-life, death and grief concerns. Monthly support groups.

Integrative Therapy Solutions

720-285-6438

<http://integrativetherapysolutions.org>

Serving Aurora, Denver & south metro area

Children, teens, adults, couples, families.

Does not take insurance.

Introspection Counseling (Michelle Stevens, MA, PLC, NCC, JD)

303-916-8770

www.introspectioncounseling.com

2305 E. Arapahoe Rd., Littleton, CO 80122

Specializing in depression, grief / loss, anxiety / stress, infidelity, life transitions.

Initial consultation is free; accepts some insurance & will slide fees.

Iolite Counseling, LLC

303-956-8949

www.iolitecounseling.com

900 Castleton Rd. Suite135, Castle Rock, CO 80109

Serving children through adults. Grief and loss groups for youth, as well as individual grief and loss counseling.

Only accept Mines and Associates employee assistance program.

Michael Dawson Counseling

303-766-4111

http://michaeldawson.com/?page_id=12

13791 E. Rice Pl., Suite 100, Aurora, CO 80015

People partnered with horses to help bring healing to broken bodies and wounded souls; loss and grief.

Takes Anthem Blue Cross and Medicaid.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)

720-244-0899

www.pikespeakcounseling.com

12900 Stroh Ranch Way, Suite 220, Parker, CO 80134

Grief/Loss work with children, adolescents & families; certified play therapist; does not accept insurance; sliding scale available.

Out of network. Only accepts victim's compensation.

Proactive Counseling Services

303-917-6211

<http://www.proactivecounselingservice.com/>

1745 Shea Center Dr., Highlands Ranch, CO 80126

Individuals, couples; multiple approaches dealing with multiple issues such as marriage and family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss.

Does not accept insurance but will assist with paperwork.

Schaffer, Stacy, MA, LPC

602-885-5485

www.stacyschaffer.com

5460 Ward Rd., Arvada, CO 80004

Specializing in Grief, Children and Adolescents in the Denver. Does not accept insurance but will slide fees.

In-network provider and accepts Blue Cross/Blue Shield and Humana. Provider for Second Wind Fund of Metro Denver and Mines and Associates.

Smith, Jenna K., MSW

303-951-4832 <http://jennasmiththerapy.com/>

email: jenna@jennasmiththerapy.com

5347 S. Valentia Way, Suite 120, Greenwood Village, CO 80111

Specializing in working with elementary-age children & their families; divorce, grief & loss, anxiety, ADHD, parenting.

Tamara G. Suttle Counseling

303-660-4989

www.tamarasuttle.com

6222 Lancaster Ave., Castle Rock, CO 80104

Individual, couple, and group therapy; trauma; abuse; grief/loss; GLBTQ.

The Child and Adolescent Behavioral Supports, LLC

303-660-5397

<http://www.cabsupports.com/>

Littleton Office :

609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120

Denver Office :

1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups.

Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Worthing Carol Ann, PhD

303-663-5846

www.individualandfamilypsychotherapy.com

240 Wilcox St., Castle Rock, CO 80104

Psychological assessments for all ages; generalizing in most psychological issues.

No Medicaid or private insurance. Flexible spending and HSA accounts, paperwork for out-of-network benefits.

Hospices

Denver Hospice

303-321-2828

<http://www.thedenverhospice.org/Pages/Default.aspx>

501 S. Cherry St.. Suite 700, Denver, CO 80246

Respite services for care givers; support groups during and after the terminal illness of a loved one; groups for children

Hospice of St. John

303-232-7900

<http://hospiceofsaintjohn.org/Home.html>

1320 Everett Court Lakewood, CO 80215

End of life transition care for patient and family; respite care; pain management; grief/loss groups for teens and adults.

Legacy Hospice

303-660-6107

www.mylegacyhospice.com

412 Jerry St., Castle Rock, CO. 80104

End-of-life care provided by an interdisciplinary team in-home, in long-term care or in assisted living; medical equipment available; 24 hour availability; bereavement support groups 1st & 3rd Thursday of each month at the Philip S. Miller Library in CR.

Pikes Peak Hospice & Palliative Care

719-633-3400

www.pikespeakhospice.org

Pikes Peak Hospice Unit at Penrose Hospital, 6th floor, West Tower

2222 North Nevada, Ave., Colorado Springs, CO 80907

End of life transition care for patient and family; respite care; pain management; grief/loss groups for teens and adults.

HANGOUTS FOR TEENS

Douglas County Libraries

303-791-7323

www.douglascountylibraries.org

Castle Pines Library: 7437 Village Square Drive, Suite 110, Castle Rock, CO 80108

Philip S. Miller Library in Castle Rock: 100 S. Wilcox St., Castle Rock, CO 80104

Highlands Ranch Library: 9292 Ridgeline Blvd., Highlands Ranch, CO 80129

Lone Tree Library: 8827 Lone Tree Pkwy., Lone Tree, CO 80124

Louviers Library, 7885 Louviers Blvd., Louviers, CO 80131

Parker Library: 10851 S. Crossroads Dr., Parker, CO 80134

Roxborough Library: 8357 N. Rampart Range Rd., Suite 200, Littleton, CO 80125

1 Liquid House

303-916-1515

www.1liquidhouse.com

6668 Lynx Cove, Littleton, CO 80124

Safe haven for youth; opportunities for creative expression, including zine (u.b.u. magazine) and live music; mentoring by adults in music, film, and magazine production careers.

HEALTH / NUTRITION

Alternatives Pregnancy Center

303-295-2288

www.youhavealternatives.org

See website for multiple locations

Counseling and alternatives for pregnant women of all ages; pre- and post-natal support; healthcare referrals; free pregnancy testing.

Castle Rock Family Acupuncture

303-660-4357

www.crfacclinic.com

One Oakwood Park, Suite 106, Castle Rock, CO 80104

Clinic of Oriental Medicine, LLC; acupuncture; holistic healthcare.

Center for Disease Control & Prevention

1-800-232-4636

<http://www.cdc.gov/>

Information & referrals on STDs.

Colorado AIDS Project

303-837-0166

www.coloradoaidsproject.org

2490 W. 26th Ave., Suite 300A, Denver, CO 80211

Grief and loss support after the death of a loved one from AIDS; case management for HIV+ clients.

Colorado Child Health Plan Plus

1-800-359-1991

www.cchp.org

P.O. Box 929, Denver, CO 80201

Affordable health care coverage for uninsured families; info available in Spanish.

Denver Indian Family Resource Center

303-871-8035

<http://difrc.org/>

4407 Morrison Road, Suite 100, Denver CO 80219

Health and fitness information tailored to Native Americans; diabetes screening/care; counseling; victim services.

Denver Metro Health Clinic

303-602-3560

<http://www.denverstdclinic.org/>

605 Bannock St., Suite 162, Denver, CO 80204

Free walk-in clinic; diagnosis and treatment of sexually transmitted diseases; confidential HIV test results line, appointments.

Doctors Care

303-730-1313

<http://www.doctorscare.org/>

609 West Littleton Boulevard, Suite 100, Littleton, Colorado 80120

Medical services for uninsured or underinsured children from newborn to age 21.

Metro Community Provider Network

303-360-6276

www.mcpn.com

Locations throughout the metro area

Provides a range of low-cost medical services for all ages; sliding scale, Medicaid, CHP+, CO Indigent Care Program, etc.

Planned Parenthood

303-798-0963

<http://www.plannedparenthood.org/health-center/centerDetails.asp?f=2485&a=90210&v=details>

131 W. County Line Rd., Littleton, CO 80129

Well-woman exams; family planning information.

Rocky Mountain MS Center

303-788-4030 ext. 1111

www.mscenter.org

8845 Wagner Street, Westminster, CO 80031

Neurology care for multiple sclerosis; adult day program; hydrotherapy; educational seminars; support groups; access to clinical trials.

Rocky Mountain Poison and Drug Center

1-800-222-1222

www.rmpdc.org

990 Bannock St., Denver, CO 80204

Regional poison and drug information center, providing emergency and non-emergency info about symptoms/treatment of poisonings.

Susan G. Komen for the Cure

877-465-6636

<http://www5.komen.org/BreastCancer/1877GOKOMEN.html>

Resources and referrals for breast health and breast cancer.

Tri-County Health Department

303-663-7650

www.tchd.org

4400 Castleton Court, Castle Rock, CO 80109

Health Care Program for Children with Special Needs:

303-761-1340

www.tchd.org/hcp.htm

Vital Statistics:

303-220-9200

WIC Supplemental Nutrition, Pregnancy testing; nursing division; nutrition; environmental health.

WINGS Teen Parenting Program (DCSD)

303-387-0703

<http://www.wingsteenparentprogram.com/about-wings/>

2842 Front Street, Castle Rock, CO 80104

Douglas County School District program offering information on teen mother health & prenatal care.

HOUSING

ACCESS Housing

303-289-7078
6978 Colorado Blvd., Commerce City, CO
Rental assistance

Denver Rescue Mission - Champa House

303-294-9961
<http://www.denverrescuemission.org/champahouse>
2544 Champa St., Denver, CO 80205
Shelter housing for women and children, with stated goal of self-sufficiency.

Denver Rescue Mission – The Crossing

303-953-3900
<http://www.denverrescuemission.org/thecrossing>
6090 E. Smith Rd., Denver, CO 80216
Long-term housing program offered through the Denver Rescue Mission, with resources for homeless men and families.

Douglas County Housing Partnership

303-784-7857
www.douglascounthousingpartnership.org
9350 Heritage Hills Circle, Lone Tree, CO 80124
Foreclosure Hotline:303-784-7856
Access point for affordable housing; foreclosure counseling/mediation.

Douglas / Elbert Task Force

303-688-1114
www.detaskforce.org
1638 Park St., Castle Rock, CO 80109
Emergency assistance with clothing, food, lodging, transportation, utilities, activities, etc. Thrift store has all sorts of affordable treasures

Family & Senior Homeless Initiative

303-313-2440
www.fshi.org
6090 E. Smith Rd., Denver, CO 80216
A project of the Denver Rescue Mission; contributes to first full month's rent of a house or apt, plus security deposit; will assist with food, clothing, furnishings, etc.; mentoring support with an emphasis on self-sufficiency.

Family Tree

303-422-2133
<http://www.thefamilytree.org/>
3805 Marshall St., Wheat Ridge, CO 80033
Service to all metro-area counties; rental assistance; homeless prevention resources; case management; domestic violence intervention; youth services; resources for Veterans.

Inter-Faith Community Services

303-789-0501

www.ifcs.org

3370 S. Irving St., Englewood, CO 80110

Financial assistance housing, other financial needs.

LEAP Low Income Energy Assistance Program

719-633-9098

<https://sites.google.com/a/state.co.us/cdhs-leap/> Mile High United Way

303-433-8383

<http://www.unitedwaydenver.org>

2505 18th St., Denver, CO 80211

Emergency assistance for food, housing.

Partners in Housing

719-473-8890

www.partnersinhousing.org

455 Gold Pass Heights, Colorado Springs, CO 80906

Supported transitional housing for homeless families with children, single adults and childless couples; services include casework, financial counseling, life skills classes and rent assessment.

Salvation Army

1-800-728-7825

http://www.salvationarmyusa.org/usn/www_usn_2.nsf

Call for pick up nearest your location.

The Crisis Center

Main Office: 303-688-1094

Hotline: 303-688-8484

<http://www.twcfoc.org/>

Giving victims a voice & families a future - - Crisis counseling; shelter assistance for women & children victimized by domestic violence.

Urban Peak

303-974-2908

www.urbanpeak.org

1630 S. Acoma, Denver, CO 80223

Housing and life skills for homeless or runaway youth; education; case management; referrals.

INFANT / EARLY CHILDHOOD SERVICES

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

Provides services for children younger than six years old and their families.

Autism Home Support Services

<http://www.autismhomesupport.com/>

Denver

Provides In-Home ABA Therapy to kids on the Autism Spectrum.

Accepts these insurances : Blue Cross/Blue Shield/Anthem, United Behavioral Health, Kaiser Permanente, Cigna, and Magellan. People are encouraged to still call even if their insurance is not listed. Will see if they can do a Single Case Agreement where you could get an in-network benefit. Does not accept Medicaid.

Child Find

20-433-0020

<https://www.dcsdk12.org/childfind/>

Douglas County School District

3950 Trail Boss Lane, Castle Rock, CO 80104

Colorado Child Care Assistance Program CCAP

303-688-4825

<http://www.coloradoofficeofearlychildhood.com/#!child-care-assistance-program/cu2m>

ext. 5343

4400 Castleton Court, Castle Rock, CO 80109

Childcare assistance for families who financially qualify.

Connect Us

303-773-3960

www.connectus-now.com

6940 S. Holly Circle, Suite 230, Centennial, CO 80112

Social skill-building with children who are neuro-typical and those with Asperger's Syndrome and Autism. School-readiness groups. After-school enrichment groups, playgroups, socialization groups.

Cooperative Extension – Douglas County

720-733-6930

<http://www.extension.colostate.edu/douglas/>

410 Fairgrounds Rd., Castle Rock, CO 80104

Child Care Providers List for Douglas County.

Developmental Pathways, Inc.

303-360-6600

www.developmentalpathways.org

325 Inverness Drive South, Englewood, CO 80112

Early intervention program serves families with children younger than 3 years old who are exhibiting some type of developmental delay.

Douglas County Child Care Association

303-841-7718

www.douglascountychildcare.com

Castle Rock:

303-707-0812

Highlands Ranch-Lone Tree

303-791-6970

Parker and Elizabeth area

303-841-5899

Referrals to local licensed childcare providers; resources for providers.

Douglas County Early Childhood Council (DCECC)

720-560-7300

www.dcearlychildhood.org

3950 Trail Boss Ln., Castle Rock, CO 80104

Early childhood Council for Douglas County working to build community awareness of and connections to early childhood services.

Douglas County Human Services

303-688-4825

<http://www.douglas.co.us/humanservices/>

4400 Castleton Court, Castle Rock, CO 80109

(To report child abuse, ask for Intake Worker)

Child care assistance (referrals, finances, access to CCCAP listed above).

Firefly Autism

303-759-1192

<http://www.fireflyautism.org/>

2695 S. Jersey St., Denver, CO 80222

Serving children ages 18 months to 18 years old; assessment; social skill development; individual and group intervention; in-home assessment and coaching; school consultations; speech and occupational therapy; day treatment; therapeutic recreation; parent support and training.

Instructional ABA Consultants

331-229-8839, ext 1

<http://www.instructional-aba.com/index.html>

312 Wilcox St., Castle Rock, CO 80104

In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.

Accepts the following insurances : private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Rocky Mountain Parents As Teachers

720-482-8068

www.rmpat.org

3800 South Pierce Street, Denver, CO 80235

An early-learning program for parents prenatal through age 5.

Schaffer, Stacy, MA, LPC

602-885-5485

www.stacyschaffer.com

5460 Ward Rd., Arvada, CO 80004

Specializing in Grief, Children and Adolescents in the Denver. Does not accept insurance but will slide fees.

Social Pathways

303-332-6562

www.socialpathways.com

9568 University Blvd, Highlands Ranch, CO 80126 (Eastridge Recreation Bldg.)

20120 E. Mainstreet, Parker, CO 80138 (Parker Recreation Bldg.)

Toddlers to tweens. Testing for the following – social skills, education level, social/emotional/behavioral, cognitive abilities. Functional behavior assessment. In-school consultation and inservices. Social skills training & groups.

The Child and Adolescent Behavioral Supports, LLC

303-660-5397

<http://www.cabsupports.com/>

Littleton Office :

609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120

Denver Office :

1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups.

Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Tri-County Health Department

303-663-7650

www.tchd.org

4400 Castleton Court, Castle Rock, CO 80109

Health Care Program for Children with Special Needs: 303-761-1340

www.tchd.org/hcp.htm

Vital Statistics: 303-220-9200

WIC Supplemental Nutrition, Pregnancy testing; nursing division; nutrition; environmental health.

LEADERSHIP PROGRAMS FOR YOUTH

4-H Clubs

720-733-6940

<http://www.extension.colostate.edu/douglas/4h/4h.shtml>

410 Fairgrounds Rd., Castle Rock, CO 80104

Positive youth development programming for ages 8-18; special programs for ages 5-7; clubs/activities that focus on learning by doing & life skills; leadership programming; mentoring; volunteer opps for youth & adults; camps; conferences.

Colorado Agricultural Leadership Foundation (CALF)

03-688-1026

<http://www.thecalf.org>

CALF's Lowell Ranch on Plum Creek, P.O. Box 581, Castle Rock, Colorado 80104

CALF provides opportunities for youth to develop leadership within the context of farming and ranching activities.

Douglas County Youth Congress

303-688-4825 ext. 5327

<http://www.douglas.co.us/countyadmin/youth/index.html>

4400 Castleton Court, Castle Rock, CO 80109

Yearly event where youth delegates meet with local elected officials and policy makers to make a difference on youth and family issues; high school-age program.

Fire Mountain

303-443-3343

www.firemountainprograms.com

5745 Olde Stage Rd., Boulder, CO 80302

Teen drug & alcohol prevention, interruption & intervention services. Teen empowerment camps, coaching, life mastery course, ultimate family training.

Youth Leadership Douglas County

www.youthleadershipdc.com

Kristine.turner@youthleadershipdc.com

Three-year intensive leadership experience providing leadership development and experiential opportunities. An emphasis is placed on service and ethics.

LEGAL ISSUES / ASSISTANCE

Advocacy

Advocates for Children (Douglas County CASA)

303-695-1882

www.adv4children.org

10855 E. Bethany Dr., Suite 200, Aurora, CO 80014

Court advocate services for abused/neglected children within the 18th Judicial District (local CASA office).

Colorado Juvenile Defenders Coalition

303-825-0194

www.cjdc.org

670 Santa Fe Dr., Denver, CO 80204

Statewide coalition working toward quality juvenile defense, access to counsel, due process for youth being filed on in adult court (direct file), advocacy for youth being held in adult facilities.

Office of the Child's Representative

303-860-1517

www.coloradochildrep.org

1580 Logan St., Suite 340, Denver, CO 80203

Guardian ad litem services for children; online resource center.

Rocky Mountain Children's Law Center

303-692-1165

www.rockymountainchildrenslawcenter.org

1325 S. Colorado Blvd. Suite 701, Denver, CO 80222

Guardian ad litem services for abused/neglected children; pro bono services; foster parent training.

Attorney Referral

Colorado Bar Association – For the Public

303-860-1115

<http://www.cobar.org/index.cfm/ID/20004/DPWFP/For-the-Public/>

1900 Grant St., 9th Floor, Denver, CO 80203-4336

A project of the Colorado Bar Association; pro bono (free) weeks, pro se clinics to help with self-representation, legal resource directory, services for veterans

Colorado Legal Services

303-837-1321

www.coloradolegalservices.org

1905 Sherman St. Suite 400, Denver, CO 80203

Civil court legal information for low-income clients; self-help materials; referrals.

Colorado Public Defenders Office

303-764-1400

<http://pdweb.coloradodefenders.us/>

Please refer to website for office locations

Criminal defense for financially qualified defendants of all ages.

Metropolitan Lawyer Referral Service, Inc.

303-831-8000

866-959-2204

<http://www.mlronline.org/>

Serves Douglas County; referral to attorney appropriate for legal issue at hand; low-cost initial conference.

Child Custody / Support

Douglas County Human Services Child Support Division

303-814-7145

<http://www.douglas.co.us/>

4000 Justice Way, Suite 3538, Castle Rock, CO 80109-7543

Documents / Birth Certificates

Metro Caring

303-860-7200

<http://www.metrocarering.org/>

1100 E. 18th Ave., Denver, CO 80218

Assistance obtaining documents such as birth certificates; financial assistance.

Guardians Ad Litem

Office of the Child's Representative

303-860-1517

www.coloradochildrep.org

1580 Logan St., Suite 340, Denver, CO 80203

Guardian ad litem services for children; online resource center.

Rocky Mountain Children's Law Center

303-692-1165

www.rockymountainchildrenslawcenter.org

1325 S. Colorado Blvd. Suite 701, Denver, CO 80222

Guardian ad litem services for abused/neglected children; pro bono services; foster parent training.

General Resources & Services

Douglas County Youth Initiative

303-688-4825

<http://www.douglas.co.us/countyadmin/youth/index.html>

4400 Castleton Court, Castle Rock, CO 80109

Service access assistance; consultation; referrals; WrapAround.

Integrative Therapy Solutions

720-285-6438

<http://integrativetherapysolutions.org>

Serving Aurora, Denver & south metro area

Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women's issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development. Will slide fees; no insurance.

Juvenile Assessment Center, 18th J.D.

720-874-3381

www.jac18.org

7375 S. Potomac St., POD 5, Centennial, CO 80112

Serves youth ages 10-17; jail screening; house arrest; mental health assessment; free general assessment; referral.

Marvin W. Foote Center (juvenile detention)

303-768-7520

<http://www.colorado.gov/cs/Satellite?c=Page&childpagename=CDHS-ChildYouthFam%2FCBONLayout&cid=1251583543543&pagename=CBONWrapper>

13500 E. Fremont Pl., Englewood, CO 80112

Detention (jail) and post-sentencing commitment (incarceration) of juveniles accused or convicted of crimes.

Probation, 18th Judicial District (Douglas)

303-814-7170

Christensen Justice Center

4000 Justice Way, Suite 2430, Castle Rock, CO 80104

Court-ordered supervision of adults and juveniles.

Juvenile Criminal Defense

Colorado Juvenile Defenders Coalition

303-825-0194

www.cjdc.org

670 Santa Fe Dr., Denver, CO 80204

Statewide coalition working toward quality juvenile defense, access to counsel, due process for youth being filed on in adult court (direct file), advocacy for youth being held in adult facilities.

Colorado Public Defenders Office

303-764-1400

<http://pdweb.coloradodefenders.us/>

Please refer to website for office locations

Criminal defense for financially qualified defendants of all ages.

Shazam Kianpour & Associates, P.C.

303-578-4036

www.shazamlaw.com

190 E. 9th Ave., Suite 420, Denver, CO 80203

A fearless fighter on the side of juveniles accused of crimes; free initial consultation, payment schedules, possible sliding scale.

Restorative Justice / Mediation Services

Center for Divorce & Parenting

303-771-5424

www.centerfordivorceandparenting.com

P.O. Box 4642, Englewood, CO 80155

Divorce & Family Mediation; Civil Mediation; guidance on decision-making and communication throughout the divorce & co-parenting experience. Classes offered on parenting through divorce, Love & Logic parenting, conflict resolution. Coaching to assist with development of parenting / custody plans

Integrative Therapy Solutions

720-285-6438

<http://integrativetherapysolutions.org>

Serving Aurora, Denver & south metro area

Criminal & juvenile justice concerns, restorative justice services. Will slide fees; no insurance.

Resolution Works

720-629-7028

www.yourresolutions.org

820 S. Monaco Parkway, Suite 255, Denver, CO 80224

Victim/Offender Mediation, Parent/Teen Mediation, Rethinking Drinking, Restorative Justice program (MIP-Alcohol diversion), Community Mediation, Public Dialogue, High-Risk Victim/Offender Dialogue.

Soaring Spirits Counseling

303-350-0054

www.soaringspiritscounseling.com

1660 South Albion Street #3B, Denver, CO 80222 Mediation and restorative justice services designed to make victim, offender and the community whole again.

Teen Court, Town of Castle Rock

303-663-6134

<http://crgov.com/index.aspx?NID=448>

Teen offenders are sentenced by a jury of their peers for misdemeanor offenses; volunteers between the ages of 12 and 17 serve as prosecutor, defense counsel, and jury.

Teen Court, Town of Parker

303-805-3101

<http://www.parkeronline.org/index.aspx?nid=71>

Teen offenders are sentenced by a jury of their peers for misdemeanor offenses; volunteers between the ages of 12 and 17 serve as prosecutor, defense counsel, and jury.

MEDICAL SERVICES

Low-Income

ACS L.I.F.T. Mobile Medical Van

303-935-7230

www.ACSLIFT.org

1638 N. Park Street, Castle Rock, CO 80109

Stops at the Douglas/Elbert Task Force Parking Lot

Hours: 1st & 3rd Wednesday of each month, 6 p.m. to 7:30 p.m.

Services: FREE basic non-emergency care; non-narcotic prescriptions; immunizations.

Colorado Indigent Care Program (CICP)

303-761-4825

4400 Castleton Court, Castle Rock, CO 80109

Dept. of Human Services (Douglas)

Medical, psychiatric and dental services.

Doctors Care

303-730-1313

<http://www.doctorscare.org/>

609 West Littleton Boulevard, Suite 100, Littleton, Colorado 80120

Low-cost/no-cost medical care; Medicaid accepted.

Inner City Health Center

303-296-1767

<http://www.innercityhealth.com/>

3800 York Street, Denver, CO 80205

Our emphasis is on providing personal, long-term care. We offer basic health care to treat sudden illnesses or long-term diseases such as diabetes and high blood pressure. Physicals, screenings, and immunizations are available to prevent illness and detect dangerous diseases and conditions.

Metro Community Provider Network

303-360-6276

www.mcpn.com

Locations throughout the metro area range of low-cost medical services for all ages; sliding scale, Medicaid, CHP+, CO Indigent Care Program, etc.

Partnership for Prescription Assistance

1-888-477-2669

www.pparx.org

Assists qualified patients in accessing free or reduced-cost prescription medications.

Rocky Mountain Youth Clinics

www.rockymountainyouth.org

1550 S. Potomac Street, Suite 130, Aurora, CO 80012

303-360-8111

1601 E. 19th Ave, Suite 6600, Denver CO 80218

303-869-2182

9197 Grant Street, Suite 200, Thornton, CO 80229

303-450-3690

Low-cost/no-cost medical care for children; Medicaid & CHP+; clinics offering immunizations, sick visits, minor acute care, mental health/social services, mobile dental, etc.

Ronald McDonald Care Mobile

719-866-6789

<http://www.peakvista.org/>

Provides a range of low-cost medical services for children through the age of 21; sliding scale, Medicaid, CHP+, CO Indigent Care Program, etc. Call or check website for locations and dates.

Prescription Assistance

Metro Community Provider Network

303-360-6276

www.mcpn.com

Locations throughout the metro area

Provides a range of low-cost pharmacy services for all ages; sliding scale, Medicaid, CHP+, CO Indigent Care Program, etc.

Partnership for Prescription Assistance

1-888-477-2669

www.pparx.org

Assists qualified patients in accessing free or reduced-cost prescription medications.

Castle Rock Area

Aesthetic Dental Designs at Plumb Creek

303-688-2229

<http://castlerockfamilydental.com/> 1025 S. Perry St., Suite 105, Castle Rock, CO 80104

Castle Rock Family Acupuncture

303-660-4357

www.crfacclinic.com

One Oakwood Park, Suite 106, Castle Rock, CO 80104

Castle Rock Family Physicians

303-688-8989

<http://mycrfp.com/>

755 South Perry, Suite 100, Castle Rock, CO 80104

Castle Rock Medical Clinic

303-688-0660

3 Oakwood Park, Castle Rock, CO 80104

Castle Rock Pediatrics

303-688-2228

<http://www.castlerockpediatrics.com/>

1001 S. Perry Street, Suite 101B, Castle Rock, CO 80104

Invision Imaging Center at Highlands Ranch

720-493-3700

<http://www.riainvision.com/locations/center.aspx?site=castlerock>

1175 S Perry St., Castle Rock, CO 80104

Plum Creek Medical

303-688-6900

<http://plumcreekmedical.com/>

410 S. Wilcox, Suite 108, Castle Rock, CO 80104

Highlands Ranch Area

Horizon's Women's Care

303-791-2112

<http://www.horizonwomenscare.net/>

10099 Ridgeway Pkwy., Suite 290, Lone Tree, CO 80124

New West Physicians Family Medicine at Highlands Ranch

303-791-0418

<http://www.nwphysicians.com>

200 W. County Line Road, Suite 130, Highlands Ranch, CO 80129

Lone Tree Area

Sky Ridge Medical Center

720-225-1000

<http://www.skyridgemedcenter.com/>

10101 RidgeGate Parkway, Lone Tree, CO 80124

Parker Area

Parker Adventist Hospital

303-269-4000

<http://www.parkerhospital.org/>

9395 Crown Crest Blvd Parker, CO 80138

Parker Orthodontics

720-279-1914

<http://www.parkerorthodontics.com/>

19700 E. Parker Square Dr., Suite C, Parker, CO 80134

Other Areas

The Denver Hospice

303-321-2828

<http://www.thedenverhospice.org/Pages/Default.aspx>

501 S. Cherry St., Suite 700, Denver, CO 80246

Palliative care for clients with terminal illnesses; 24-hour

Care Centers (inpatient); social services for clients and their families.

The Medical Center of Aurora - Centennial Medical Plaza

303-699-3000

<http://www.centennialmedicalplaza.com/>

14200 E. Arapahoe Road, Englewood, CO 80112

Hospitals

Aurora Regional Medical Center – ER

303-695-2600

<http://www.auroramed.com/>

1501 S. Potomac Street, Aurora, CO 80012

Children’s Hospital Colorado

303-861-8888

<http://www.childrenscolorado.org/about/contact/>

1056 E. 19th Avenue, Denver, CO 80218

Children’s Hospital - Parker

720-777-1350

<http://www.childrenscolorado.org/about/locations/locationsdetails.aspx?locationID=260>

9395 Crown Crest Blvd., Parker, CO 80138

Littleton Adventist Hospital

303-730-8900

<http://www.mylittletonhospital.org/>

7700 S. Broadway, Littleton, CO 80122

Parker Adventist Hospital

303-269-4000

<http://www.parkerhospital.org/>

9395 Crown Crest Blvd Parker, CO 80138

Porter Memorial Hospital

303-778-1955

<http://www.porterhospital.org/>

2525 S. Downing Street, Denver, CO 80210

Sky Ridge Medical Center

720-225-1000

<http://www.skyridgemedcenter.com/>

10101 RidgeGate Parkway, Lone Tree, CO 80124

Swedish Medical Center – ER

303-788-6911

<http://www.swedishhospital.com/conditions-we-treat/emergency-services/>

501 E. Hampden Avenue, Englewood, CO 80113

MENTAL HEALTH TREATMENT

Abuse / Trauma

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

303-797-9420

303-688-6276

303-805-431

Foundations Family Counseling

303-393-0085

www.foundationsfamilycounseling.com

789 Sherman Street, Suite 440., Denver, CO 80203

Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of mental health.

Grace Counseling Services (Matson, Rebecca, LPC)

720-489-8555

<http://www.gracecounseling.net/>

7921 South Park Plaza, Suite 204, Littleton, CO 80120

Specializes in work with victims of sexual or mental abuse; testing for learning disabilities; family and parenting skills. Does not accept insurance, sliding scale may be available.

Highlands Behavioral Health System

720-348-2800

www.highlandsbhs.com

8565 S. Poplar Way, Littleton, CO 80130

Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.

Hope Counseling Services (Bethany Adams, MA, NCC)

720-291-1482

www.hopercounselingservices.org

400 Inverness Parkway, Suite 200, Englewood, CO 80012

Anger management (adolescents & younger children); play therapy; behavior issues; social issues; mood disorders; trauma; cash or check; will slide fees.

Howard, Rebecca PsyD, LLC

303-730-8083

www.drrebeccaHoward.com

609 W. Littleton Blvd., Suite 303, Littleton, CO 80120

An introductory session can be provided at no cost if requested by the potential client.

Scholarships may be available for clients with demonstrated need for both therapy and assessment. This is determined on a case to case basis during the introductory session and ranges between 10-50% discount off of normal fee.

Accepts the following private insurance: United, CIGNA, Rocky Mountain Health and Colorado Co-op. Does not accept Medicaid.

Integrative Therapy Solutions

720-285-6438

<http://integrativetherapysolutions.org>

Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women's issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development. Will slide fees; no insurance.

Iolite Counseling, LLC

303-956-8949

www.iolitecounseling.com

900 Castleton Rd. Suite135, Castle Rock, CO 80109

Serving children through adults. Specializing in substance abuse counseling, grief/loss, divorce, trauma/abuse, suicide prevention, mood disorders, anxiety, domestic violence, bullying, phobias, school-related concerns, social skill development. Free initial consultation; sliding scale available.

LDS Family Services

303-371-1000

www.ldsfamilyservices.org

3263 Fraser Street, Suite 3, Aurora, CO 80011

Fee for service or fast offerings used to assist in fee; Latter Day Saints.

Lounsbrough, Craig,. M.Div., LPC

303-593-0575 ext. 123

www.craiglpc.com

19284 Cottonwood Drive, Suite 202, Parker, CO 80138

Child, adolescent, ADD, ADHD, ODD and conduct disorders. No sliding scale, will reduce fee

People House

303-480-5130

<http://peoplehouse.org>

3035 W. 25th Ave., Denver, CO 80211

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00;

All ages, all issues. People House also offers workshops & classes & activities.

Proactive Counseling Services

303-917-6211

<http://www.proactivecounselingservice.com/>

1745 Shea Center Dr., Highlands Ranch, CO 80126

Individuals, couples; multiple approaches dealing with multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss.

Does not accept insurance. Out of network but provides paperwork.

Schaffer, Stacy, MA, LPC

602-885-5485

www.stacyschaffer.com

5460 Ward Rd., Arvada, CO 80004

Specializing in Grief, Children and Adolescents in the Denver.

In-network provider for Blue Cross/Blue Shield and Humana. Also provider for Second Wind Fund of Metro Denver and Mines and Associates.

Tamara G. Suttle Counseling

303-660-4989

www.tamarasuttle.com

6222 Lancaster Ave., Castle Rock, CO 80104

Individual, couple, and group therapy; trauma; abuse; grief/loss; GLBTQ.

The Child and Adolescent Behavioral Supports, LLC

303-660-5397

<http://www.cabsupports.com/>

Littleton Office :

609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120

Denver Office :

1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Trathen, Dan., PhD

303-593-0575

www.drtrathen.com

19284 E. Cottonwood Dr., Suite 202, Parker, CO 80138

Psychological assessment; EMDR; couples & families; all ages.

Advocacy / Support for Youth and Families

Colorado Division of Mental Health

<http://www.colorado.gov/cs/Satellite/CDHS-BehavioralHealth/CBON/1251580853076>

Mental Health Institute at Fort Logan

(303) 866-7066

3520 West Oxford Avenue, Denver, Colorado 80236

Mental Health Institute at Pueblo

719-546-4000

1600 West 24th Street, Pueblo, Colorado, 81003

Mental Health Association of Colorado

www.mhacolorado.org

1385 S. Colorado Blvd., Suite 610, Denver, CO 80222

Information and referrals at no cost.

Mental Health Ombudsman Program of Colorado

877-317-9900

<http://www.coloradolegalservices.org/lawhelp/organization/mental-health-ombudsman-program-of-colorado/health-law/medicaid>

190 E. 9th Avenue Suite 320, Denver, CO 80203

National Alliance on Mental Illness (NAMI)

303-991-7688

www.namiadco.org

Serving Arapahoe & Douglas Counties

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.

National Alliance on Mental Illness (Statewide)

303-321-3104

www.namicolorado.org

1100 Fillmore St. Denver, CO 80206

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.

Our Kids

<http://www.our-kids.org/>

Provides information and support for children and parents.

Parent to Parent of Colorado

877-472-7201

www.p2p-co.org

801 Yosemite St, Denver, CO 80230

Support and advocacy network for families of those with special healthcare needs or disabilities.

The Federation of Families for Children's Mental Health Colorado

720-855-3493

877-792-8886

www.coloradofederation.org

2950 Tennyson St., Denver, CO 80212

Advocacy and support for parents of children with a diagnosed mental illness; support in IEP process.

Anxiety / Stress

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

303-797-9420

303-688-6276

303-805-4312

Briggs, Jana, MA, NCC, LPC

303-495-0317

www.janabriggs.com

5777 S. Rapp St., Suite 204, Littleton, CO 8012

Does not accept insurance

Denver Family Institute

303-756-3340

www.denverfamilyinstitute.org

3600 S. Yosemite St. #1050, Denver, CO 80237

303-756-3340

4891 Independence, Suite 165, Wheat Ridge, CO 80033

303-756-3340

Family, couples and individual therapy counseling is available for a wide variety of issues.

Reasonable sliding-fee scale based on the client's income. The fee range for a 50 minute therapy session is \$15-\$50.

Denver Therapy Center (Brian Brody, LCSW, PhD.)

303-979-0319

www.denvertherapycenter.com

6901 S. Pierce St., Littleton, CO 80128

Stress, loss, depression.

Foundations Family Counseling

303-393-0085

www.foundationsfamilycounseling.com

789 Sherman Street, Suite 440, Denver, CO 80203 Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma).

Grace Counseling Services

720-489-8555

<http://www.gracecounseling.net/>

7921 South Park Plaza, Suite 204, Littleton, CO 80120

Specializes in work with victims of sexual or mental abuse; testing for learning disabilities; family and parenting skills. Does not accept insurance, sliding scale may be available.

Guzman, Maria Elena, PhD

303-756-6870

3801 E. Florida Avenue, Suite 701, Denver, CO 80210

Specializes in trauma, depression, anxiety. Private testing; qualified to do most SPED testing.

Services available in Spanish. Takes some insurance.

Hanze, Doug, PhD.

303-688-8658

<http://hanzecounseling.com/>

823 S. Perry St, Suite 100, Castle Rock, CO 80104

Individual, family, children, adolescents. Diagnose and treat depression, anxiety, ADHD and behavior disorders.

Accepts the following private insurance : Blue Cross, Aetna, Infinity and Colorado Co-op.

Highlands Behavioral Health System

720-348-2800

www.highlandsbhs.com

8565 S. Poplar Way, Littleton, CO 80130

Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+).

Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.

Hope Counseling Services (Bethany Adams, MA, NCC)

720-291-1482

www.hopecounselingservices.org

400 Inverness Parkway, Suite 200, Englewood, CO 80012

Cash, checks; sliding scale.

Howard, Rebecca PsyD, LLC

303-730-8083

www.drrebeccaihoward.com

609 W. Littleton Blvd., Suite 303, Littleton, CO 80120

An introductory session can be provided at no cost if requested by the potential client.

Scholarships may be available for clients with demonstrated need for both therapy and assessment. This is determined on a case to case basis during the introductory session and ranges between 10-50% discount off of normal fee.

Accepts the following insurance: United, CIGNA, Rocky Mountain Health and Colorado Co-op.

Integrative Therapy Solutions

720-285-6438

<http://integrativetherapysolutions.org>

Serving Aurora, Denver & south metro area

Children, teens, adults, couples, families.

Do not accept insurance.

Introspection Counseling (Michelle Stevens, MA, PLC, NCC, JD)

303-916-8770

www.introspectioncounseling.com

2305 E. Arapahoe Rd., Littleton, CO 80122

Specializing in depression, grief / loss, anxiety / stress, infidelity, life transitions.

Initial consultation is free; accepts some insurance & will slide fees.

Iolite Counseling, LLC

303-956-8949

www.iolitecounseling.com

900 Castleton Rd. Suite135, Castle Rock, CO 80109

Free initial consultation; sliding scale available.

JFK Partners

303-724-5266

<http://jfkpartners.org/default.asp?page=64>

13121 E. 17th Ave., Unit C234, Aurora, CO 80045

JFK Partners has collaborative relationships with numerous organizations that are a part of Colorado's developmental disability and special health care needs communities.

Kendall-Grove, Kwai, PhD.

303-662-9670

<http://drkendallgrove.com/>

2305 E. Arapahoe Road, Suite 149, Centennial, CO 80122

Does not accept insurance but will accept a sliding scale.

Legacy Comprehensive Counseling & Consulting

303-841-4005

www.legacyparker.com

19751 E. Mainstreet, Suite 215., Parker, CO 80138

Accepts most private insurance including: United Healthcare, CIGNA, Blue Cross/Blue Shield and Aetna. Does not accept Medicaid.

Life Support Behavioral Institute

888-516-5995

<http://www.lifesupportinstitute.com/>

7853 E. Arapahoe Ct., Suite 3550, Centennial, CO 80112

Accepts most private insurance including: CIGNA, Aetna, BHI, Value Options. Accepts Medicaid for Arapahoe and Douglas counties.

McAllaster-Schmitz & Associates (Amy McAllaster-Schmitz, M.A., LPC)

303-513-7822

www.amymscounseling.com

5777 S. Rapp Street, Littleton, CO 80120

Adolescent & adult counseling.

Mile High Behavioral Health

303-960-6249

www.mhbhonline.com

8801 E Hampden Ave, Suite108, Denver, CO 80231

People House

303-480-5130

<http://peoplehouse.org>

3035 W. 25th Ave., Denver, CO 80211

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00;

All ages, all issues. People House also offers workshops & classes & activities.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)

720-244-0899

www.pikespeakcounseling.com

12900 Stroh Ranch Way, Suite 220, Parker, CO 80134

Does not accept insurance but can provide receipts to clients upon request and accepts sliding scale clients.

Proactive Counseling Services

303-917-6211

<http://www.proactivecounselingservice.com/>

1745 Shea Center Dr., Highlands Ranch, CO 80126

Individuals, couples; multiple approaches dealing with multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss.

Smith, Jenna K., MSW

303-951-4832

<http://jennasmiththerapy.com/>

email: jenna@jennasmiththerapy.com

5347 S. Valentia Way, Suite 120, Greenwood Village, CO 80111

Specializing in working with elementary-age children & their families; divorce, grief & loss, anxiety, ADHD, parenting.

Southeast Psychotherapy Associates, PLLC

303-694-1795

www.sepsychotherapy.com

6081 S. Quebec St., Suite 103, Englewood, CO 80111

Assessment of addictions, depressive disorders, educational and intellectual function, ADHD

The Child and Adolescent Behavioral Supports, LLC

303-660-5397

<http://www.cabsupports.com/>

Littleton Office :

609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120

Denver Office :

1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups.

Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

The Redimere Group Center for Counseling and Leadership

Development (Sawyer, Chip, M.A., L.P.C., Life & Parent Coach)

303-713-1001

www.redimere.com

5690 DTC Blvd., Suite 120W, Greenwood Village, CO 80111

Thoreson, Kirk, PsyD

303-550-0030

www.drkirkthoreson.com

1221 S. Clarkson St. Suite 302, Denver, CO 80210 Accepts some insurance or sliding fee scale; free 20 minute phone consult.

Uhernik, Julie, LPC, RN

303-918-1775

www.julieuhernik.com

19557 East Mainstreet, Suite 203, Parker, CO 80138

Adolescents, adults, couples, families.

Accepts most private insurance and several employee assistance plans. Does not currently accept Medicaid but may change.

Worthing Carol Ann, PhD

303-663-5846

www.individualandfamilypsychotherapy.com

240 Wilcox St., Castle Rock, CO 80104

Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Does not accept private insurance or Medicaid. Assists with Flexible Spending and HSA accounts and paperwork for out-of-network benefits.

Attachment Issues

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

303-797-9420

303-688-6276

303-805-4312

Evergreen Psychotherapy Center

303-674-4029

1-866-674-4029

www.attachmentexperts.com

32065 Castle Court, Suite 325, Evergreen, CO 80439

Highlands Behavioral Health System

720-348-2800

www.highlandsbhs.com

8565 S. Poplar Way, Littleton, CO 80130

Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults

(Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.

Institute for Attachment & Child Development

303-674-1910

www.instituteforattachment.org

5911 S. Middlefield Rd, Ste 103 Littleton, CO 80123

Legacy Comprehensive Counseling & Consulting

303-841-4005

www.legacyparker.com

19751 E. Mainstreet, Suite 215., Parker, CO 80138

Accepts insurance and will slide fees.

Behavior Disorders

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

303-797-9420

303-688-6276

303-805-4312

Autism Home Support Services

<http://www.autismhomesupport.com/>

Denver

Provides In-Home ABA Therapy to kids on the Autism Spectrum.

Accepts these insurances : Blue Cross/Blue Shield/Anthem, United Behavioral Health, Kaiser Permanente, Cigna, and Magellan. People are encouraged to still call even if their insurance is not listed. Will see if they can do a Single Case Agreement where you could get an in-network benefit. Does not accept Medicaid.

Behavioral Growing Tree

866-300-0822

www.behavioralrowingtree.com

In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children Identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.

Children's Hospital

303-777-1234

<http://www.childrenscolorado.org/conditions/behavior/index.aspx>

Child Development Unit @ Children's Hospital

13123 E. 16th Ave., Aurora, CO 80045

Diagnostic & treatment services for children with developmental delays, learning disabilities or behavioral problems. Comprehensive evaluations.

Compass Health Systems

303-683-5620

http://compass-md.com/our_locations/?smid=4

8671 S. Quebec St., Suite 200, Highlands Ranch, CO 80130

Assessment and treatment for people of all ages; specializing in juvenile / adult forensic psychology.

Counseling Place at Lone Tree (Sarah James, LCSW, CACII)

303-241-0421

<http://www.counselinglonetree.com/>

9224 Teddy Lane, Suite103 , Lone Tree, CO 80124

482 Happy Canyon Road, Castle Pines, CO 80104

Accept most insurances and will slide fees.

Denver Therapy Center (Brian Brody, LCSW, PhD.)

303-979-0319

www.denvertherapycenter.com

6901 S. Pierce St, Littleton, CO 80128

Stress, loss, depression.

Do not accept insurance.

Developmental Disability Consultants, PC

303-337-2210

www.ddconsultants.org

1211 S. Parker Rd., Suite 200 Denver, CO 80231

Offering a wide range of direct and consultative services to children and adults with disabilities, their families, teachers and service providers.

Foundations Family Counseling

303-393-0085

www.foundationsfamilycounseling.com

789 Sherman Street, Suite 440, Denver, CO 80203 Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma).

Hanze, Doug, PhD.

303-688-8658

<http://hanzecounseling.com/>

823 S. Perry St, Suite 100, Castle Rock, CO 80104

Individual, family, children, adolescents. Diagnose and treat depression, anxiety, ADHD and behavior disorders.

Accepts the following private insurance : Blue Cross, Aetna, Infinity and Colorado Co-op.

Highlands Behavioral Health System

720-348-2800

www.highlandsbhs.com

8565 S. Poplar Way, Littleton, CO 80130

Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.

Hope Counseling Services (Bethany Adams, MA, NCC)

720-291-1482

www.hopcounselingservices.org

400 Inverness Parkway, Suite 200, Englewood, CO 80012

Cash or check; sliding scale.

Instructional ABA Consultants

331-229-8839, ext 1

<http://www.instructional-aba.com/index.html>

312 Wilcox St., Castle Rock, CO 80104

In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.

Accepts the following insurances : private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Integrative Therapy Solutions

720-285-6438

<http://integrativetherapysolutions.org>

Serving Aurora, Denver & south metro area

Children, teens, adults, couples, families.

Does not accept insurance.

Iolite Counseling, LLC

303-956-8949

www.iolitecounseling.com

900 Castleton Rd. Suite135, Castle Rock, CO 80109

Free initial consultation; sliding scale available.

Legacy Comprehensive Counseling & Consulting

303-841-4005

www.legacyparker.com

19751 E. Mainstreet, Suite 215., Parker, CO 80138

Accepts most private insurance including: United Healthcare, CIGNA, Blue Cross/Blue Shield and Aetna. Does not accept Medicaid.

Life Support Behavioral Institute

888-516-5995

<http://www.lifesupportinstitute.com/>

7853 E. Arapahoe Ct., Suite 3550, Centennial, CO 80112

Most private insurance accepted including: CIGNA, Aetna, BHI, Value Options. Accepts Medicaid for Arapahoe and Douglas counties.

Lounsborough, Craig, M.Div., LPC

303-593-0575 ext/ 123

www.craiglpc.com

19284 Cottonwood Drive, Suite 202, Parker, CO 80138

Child, adolescent, ADD, ADHD, ODD and conduct disorders. No sliding scale, will reduce fee.

Mile High Behavioral Health

303-960-6249

www.mhbhonline.com

8801 E Hampden Ave, Suite108, Denver, CO 80231

People House

303-480-5130

<http://peoplehouse.org>

3035 W. 25th Ave., Denver, CO 80211

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00;

All ages, all issues. People House also offers workshops & classes & activities.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)

720-244-0899

www.pikespeakcounseling.com

12900 Stroh Ranch Way, Suite 220, Parker, CO 80134

ADHD ; social skills groups ; bullying prevention ; former school counselor;

does not accept insurance ; sliding scale available.

Does not accept insurance. Only victim's compensation.

Proactive Counseling Services

303-917-6211

<http://www.proactivecounselingservice.com/>

1745 Shea Center Dr., Highlands Ranch, CO 80126

Individuals, couples; multiple approaches dealing with multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss.

Does not accept insurance. Provides paperwork for submitting claims.

Schaffer, Stacy, MA, LPC

602-885-5485

www.stacyschaffer.com

5460 Ward Rd., Arvada, CO 80004

Specializing in Grief, Children and Adolescents in the Denver.

In-network provider for Blue Cross/Blue Shield and Humana. Also provider for Second Wind Fund of Denver area and Mines and Associates.

South Denver Psychotherapy

303-730-1144

<http://www.southdenverpsychotherapy.com/>

2305 E. Arapahoe Rd., , Centennial, CO 80122

Southeast Psychotherapy Associates, PLLC

303-694-1795

www.sepsychotherapy.com

6081 S. Quebec St., Suite 103, Englewood, CO 80111

Southern Peaks Regional Treatment Center

719-276-7567

www.abraxasyfs.com

700 Fourmile Parkway, Canon City, CO 81212

Residential treatment program for males and females, ages 10-21; delinquent or dependent youth; history of behavioral/mental health disorders and drug/alcohol issues. Gender-specific programming. Offers the Medicine Bear Native American track.

The Child and Adolescent Behavioral Supports, LLC

303-660-5397

<http://www.cabsupports.com/>

Littleton Office :

609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120

Denver Office :

1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Bipolar Disorder / Mood Disorders

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

303-797-9420

303-688-6276

303-805-4312

Counseling Place at Lone Tree (Sarah James, LCSW, CACII)

303-241-0421

<http://www.counselinglonetree.com/>

9224 Teddy Lane, Suite 103, Lone Tree, CO 80124

Accept most insurances and will slide fees.

482 Happy Canyon Road, Castle Pines, CO, 80104

Foundations Family Counseling

303-393-0085

www.foundationfamilycounseling.com

789 Sherman Street, Suite 440, Denver, CO 80203 Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of mental health.

Highlands Behavioral Health System

720-348-2800

www.highlandsbhs.com

8565 S. Poplar Way, Littleton, CO 80130

Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+).

Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm).

Free mental health level of care assessments by appointment or walk-in basis 24/7.

Accepts most private insurance except Kaiser. Accepts Medicaid.

Iolite Counseling, LLC

303-956-8949

www.iolitecounseling.com

900 Castleton Rd. Suite135, Castle Rock, CO 80109

Free initial consultation; sliding scale available.

Life Support Behavioral Institute

888-516-5995

<http://www.lifesupportinstitute.com/>

7853 E. Arapahoe Ct., Suite 3550, Centennial, CO 80112

Accepts most private insurance including: CIGNA, Aetna, BHI and Value Options. Accepts Medicaid for Arapahoe and Douglas counties.

Lounsborough, Craig, M.Div., LPC

303-593-0575 ext. 123

www.craiglpc.com

19284 Cottonwood Drive, Suite 202, Parker, CO 80138

Child, adolescent, ADD, ADHD, ODD and conduct disorders. No sliding scale, will reduce fee.

Mile High Behavioral Health

303-960-6249

www.mhbhonline.com

8801 E Hampden Ave, Suite108, Denver, CO 80231

National Alliance on Mental Illness (NAMI)

303-991-7688

www.namiadco.org

Serving Arapahoe & Douglas Counties

Support groups, education programs, resources & advocacy for people and families

affected by mental illness. No charge for any services; calls are returned within 24 hours.

National Alliance on Mental Illness (Statewide)

303-321-3104

www.namicolorado.org

1100 Fillmore St. Denver, CO 80206

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.

People House

303-480-5130

<http://peoplehouse.org>

3035 W. 25th Ave., Denver, CO 80211

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00;

All ages, all issues. People House also offers workshops & classes & activities.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)

720-244-0899

www.pikespeakcounseling.com

12900 Stroh Ranch Way, Suite 220, Parker, CO 80134

ADHD ; social skills groups ; bullying prevention ; former school counselor;

does not accept insurance ; sliding scale available.

Services (Bethany Adams, MA, NCC)

720-291-1482

www.hopercounselingservices.org

400 Inverness Parkway, Suite 200, Englewood, CO 80012

Cash or check; sliding scale.

Southeast Psychotherapy Associates, PLLC

303-694-1795

www.sepsychotherapy.com

6081 S. Quebec St., Suite 103, Englewood, CO 80111

Assessment and treatment.

Southern Peaks Regional Treatment Center

719-276-7567

www.abraxasyfs.com

700 Fourmile Parkway, Canon City, CO 81212

Residential treatment program for males and females, ages 10-21; delinquent or dependent youth; history of behavioral/mental health disorders and drug/alcohol issues. Gender-specific programming. Offers the Medicine Bear Native American track.

The Child and Adolescent Behavioral Supports, LLC

303-660-5397

<http://www.cabsupports.com/>

Littleton Office :

609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120

Denver Office :

1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

The Redimere Group Center for Counseling and Leadership

Development (Sawyer, Chip, M.A., L.P.C., Life & Parent Coach)

www.redimere.com

303-713-1001

5690 DTC Blvd., Suite 120 W, Greenwood Village, CO 80111

Worthing Carol Ann, PhD

303-663-5846

www.individualandfamilypsychotherapy.com

240 Wilcox St., Castle Rock, CO 80104

Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Compulsive Behaviors

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/> |

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

303-797-9420

303-688-6276

303-805-4312

Counseling Place at Lone Tree (Sarah James, LCSW, CACII)

303-241-0421

<http://www.counselinglonetree.com/>

9224 Teddy Lane, Suite 103 Lone Tree, CO 80124

482 Happy Canyon Road, Castle Pines, CO 80104

Accept most insurances and will slide fees.

Highlands Behavioral Health System

720-348-2800

www.highlandsbhs.com

8565 S. Poplar Way, Littleton, CO 80130

Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults

(Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.

Accepts most private insurance accept Kaiser. Accepts Medicaid.

McAllaster-Schmitz & Associates (Amy McAllaster-Schmitz, M.A., LPC)

303-513-7822

www.amymscounseling.com

5777 S. Rapp Street , Littleton, CO 80120

Adolescent & adult counseling.

National Alliance on Mental Illness (NAMI)

303-991-7688

www.namiadco.org

Serving Arapahoe & Douglas Counties

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.

National Alliance on Mental Illness (Statewide)

303-321-3104

www.namicolorado.org

1100 Fillmore St. Denver, CO 80206

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.

People House

303-480-5130

<http://peoplehouse.org>

3035 W. 25th Ave., Denver, CO 80211

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00;

All ages, all issues. People House also offers workshops & classes & activities.

The Child and Adolescent Behavioral Supports, LLC

303-660-5397

<http://www.cabsupports.com/>

Littleton Office :

609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120

Denver Office :

1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups.

Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Worthing Carol Ann, PhD

303-663-5846

www.individualandfamilypsychotherapy.com

240 Wilcox St., Castle Rock, CO 80104

Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Couples / Marriage

Grace Counseling (Alexander A. Avila, M.A.)

720-316-7771

<http://www.alexanderavila.com/>

9220 Teddy Lane, Suite 1400, Lone Tree, CO 80124

Counseling to increase the health and intimacy of romantic relationships; couples, marriage counseling. Facilitator of the "Hold Me Tight" program for couples. Addictions counseling. Counseling for men.

Integrative Therapy Solutions

720-285-6438

<http://integrativetherapysolutions.org>

Serving Aurora, Denver & south metro area

Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women's issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development.

Does not accept insurance.

People House

303-480-5130

<http://peoplehouse.org>

3035 W. 25th Ave., Denver, CO 80211

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00;

All ages, all issues. People House also offers workshops & classes & activities.

Proactive Counseling Services

303-917-6211

<http://www.proactivecounselingservice.com/>

1745 Shea Center Dr., Highlands Ranch, CO 80126

Individuals, couples; multiple approaches dealing with multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss.

Does not accept insurance. Will provide paperwork for submitting claims.

The Child and Adolescent Behavioral Supports, LLC

303-660-5397

<http://www.cabsupports.com/>

Littleton Office :

609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120

Denver Office :

1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups.

Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Worthing Carol Ann, PhD

303-663-5846

www.individualandfamilypsychotherapy.com

240 Wilcox St., Castle Rock, CO 80104

Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Depression

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave. Littleton, CO 80120

831 S Perry Street, Suite , Castle Rock, CO 80104

10350 S. Dransfeldt, , Parker, CO 80134

303-797-9420

303-688-6276

303-805-4312

Briggs, Jana, MA, NCC, LPC

303-495-0317

www.janabriggs.com

5777 S. Rapp St., Suite 204, Littleton, CO 80120

Does not accept insurance.

Brodie, Judith, MA, LPC, LLC

303-503-5282

www.judithbrodie.com

6860 S. Yosemite Court, Suite 2000, Centennial, CO 80112

Kind, compassionate support for children, adults and families dealing with grief

And loss, end-of-life transitions, serious illness or relationship difficulties.

Counseling Place at Lone Tree (Sarah James, LCSW, CACII)

303-241-0421

<http://www.counselinglonetree.com/>

9224 Teddy Lane, Suite 103, Lone Tree, CO 80124

482 happy Canyon Road, Catle Pines, CO 80104

Accept most insurances and will slide fees.

Counseling Solutions (John Eckenwiler, LMFT)

303-267-2282

www.therapyhelpnow.com

12900 Stroh Ranch Place, Suite 200, Parker, CO 80134

9220 Teddy Lane, Suite 1100, Lone Tree, CO 80124

Some insurances, private pay; might slide fees.

Five Star Counseling

303-464-9192

www.fivestarcounselingservices.com

7050 W. 120th Ave., Suite 201, Broomfield, CO 80020

Specializing in marriage counseling; depression; life coaching.

Foundations Family Counseling

303-393-0085

www.foundationsfamilycounseling.com

789 Shermon St. Suite 440, Denver, CO 80203 Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of mental health.

Grace Counseling Services

720-489-8555

<http://www.gracecounseling.net/>

7921 South Park Plaza, Suite 204, Littleton, CO 80120

Specializes in work with victims of sexual or mental abuse; testing for learning disabilities; family and parenting skills. Does not accept insurance, sliding scale may be available.

Guzman, Maria Elena, PhD

303-756-6870

3801 E. Florida Avenue, Suite 701, Denver, CO 80210

Specializes in trauma, depression, anxiety. Private testing; qualified to do most SPED testing. Services available in Spanish. Takes some insurance.

Hanze, Doug, PhD.

303-688-8658

<http://hanzecounseling.com/>

823 S. Perry St, Suite 100, Castle Rock, CO 80104

Individual, family, children, adolescents. Diagnose and treat depression, anxiety, ADHD and behavior disorders.

Accepts the following private insurance : Blue Cross, Aetna, Infinity and Colorado Co-op.

Highlands Behavioral Health System

720-348-2800

www.highlandsbhs.com

8565 S. Poplar Way, Littleton, CO 80130

Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.

Accept most private insurance except Kaiser. Accept Medicaid.

Integrative Therapy Solutions

720-285-6438

<http://integrativetherapysolutions.org>

Serving Aurora, Denver & south metro area

Children, teens, adults, couples, families.

Do not accept insurance.

Introspection Counseling (Michelle Stevens, MA, PLC, NCC, JD)

303-916-8770

www.introspectioncounseling.com

2305 E. Arapahoe Rd., Littleton, CO 80122

Specializing in depression, grief / loss, anxiety / stress, infidelity, life transitions.

Initial consultation is free; accepts some insurance & will slide fees.

Iolite Counseling, LLC

303-956-8949

www.iolitecounseling.com

900 Castleton Rd. Suite 135, Castle Rock, CO 80109

Free initial consultation; sliding scale available.

Kendall-Grove, Kwai, PhD.

303-662-9670

<http://drkendallgrove.com/>

2305 E. Arapahoe Road, Suite 149, Centennial, CO 80122

Does not accept insurance but offers sliding scale.

LDS Family Services

303-371-1000

www.ldsfamilyservices.org

3263 Fraser Street, Suite 3, Aurora, CO 80011

Fee for service or fast offerings used to assist in fee; Latter Day Saints.

Mile High Behavioral Health

303-960-6249

www.mhbhonline.com

8801 E Hampden Ave, Suite108, Denver, CO 80231

National Alliance on Mental Illness (NAMI)

303-991-7688

www.namiadco.org

Serving Arapahoe & Douglas Counties

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.

National Alliance on Mental Illness (Statewide)

303-321-3104

www.namicolorado.org

1100 Fillmore St. Denver, CO 80206

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.

People House

303-480-5130

<http://peoplehouse.org>

3035 W. 25th Ave., Denver, CO 80211

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00;

All ages, all issues. People House also offers workshops & classes & activities.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)

20-244-0899

www.pikespeakcounseling.com

12900 Stroh Ranch Way, Suite 220, Parker, CO 80134

ADHD ; social skills groups ; bullying prevention ; former school counselor;
does not accept insurance ; sliding scale available.

Porter, William W., Ph.D

303-399-3542 Email: wwalesporter@gmail.com

967 Fillmore St. Denver, CO 80206

Sliding scale; some insurance.

Proactive Counseling Services

303-917-6211

<http://www.proactivecounselingservice.com/>

1745 Shea Center Dr., Highlands Ranch, CO 80126

Individuals, couples; multiple approaches dealing with multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss. Does not accept insurance and out of network but will provide paperwork.

Schaffer, Stacy, MA, LPC

602-885-5485

www.stacyschaffer.com

5460 Ward Rd., Arvada, CO 80004

Specializing in Grief, Children and Adolescents in the Denver.

Accepts Blue Cross/Blue Shield and Humana. Provider for Second Wind Fund of Metro Denver and Mines and Associates.

Southeast Psychotherapy Associates, PLLC

303-694-1795

www.sepsychotherapy.com

6081 S. Quebec St., Suite 103, Englewood, CO 80111

The Child and Adolescent Behavioral Supports, LLC

303-660-5397

<http://www.cabsupports.com/>

Littleton Office :

609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120

Denver Office :

1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

The Redimere Group Center for Counseling and Leadership

Development (Sawyer, Chip, M.A., L.P.C., Life & Parent Coach)

303-713-1001

www.redimere.com

5690 DTC Blvd., Suite 120 W, Greenwood Village, CO 80111

Thoreson, Kirk, PsyD

303-550-0030

www.drkirkthoreson.com

1221 S. Clarkson St. Suite 302, Denver, CO 80210 Accepts some insurance or sliding fee scale; free 20 minute phone consult.

Uhernik, Julie, LPC, RN

303-918-1775

www.julieuhernik.com

19557 East Mainstreet, Suite 203, Parker, CO 80138

Adolescents, adults, couples, families.

Accepts most private insurance and several employee assistance plans. Does not currently accept Medicaid but that may change.

Worthing Carol Ann, PhD

303-663-5846

www.individualandfamilypsychotherapy.com

240 Wilcox St., Castle Rock, CO 80104

Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Equine Therapy / Programs

Boots and Saddles Therapeutic Riding Center

303-688-1388

<http://bootsandsaddlestrc.org/>

7193 S. Hwy 83, Franktown, CO 80116

Michael Dawson Counseling

303-766-4111

http://michaeldawson.com/?page_id=12

13791 E. Rice Pl., Suite 100, Aurora, CO 80015

People partnered with horses to help bring healing to broken bodies and wounded souls; loss and grief.

Accepts Anthem Blue Cross and Medicaid.

Partners Equine Therapy

303-478-8734

<http://equinetherapycolorado.org>

Haven Farms, 36355 CR 13, Elizabeth, CO 80107

Children, teens, adults and families; Horses Healing Grief, serving people with reactive attachment disorder, oppositional defiant disorder, depression, anxiety, Impulsivity, ADHD, post-traumatic stress disorder, behavioral issues.

Praying Hands Ranch

303-841-4043

www.prayinghandsranches.org

4825 E. Daley Circle, Parker, CO 80138

Saddle Up Foundation

303-788-1666

www.saddleupfoundation.org

11152 E. Daley Circle, Parker, CO 80134

The Right Step

303-731-9057

<http://www.therightstepinc.org/>

7990 S. Santa Fe Dr., Littleton, CO 80120

This program deals with equine assistance to individuals who have a physical, cognitive, emotional behavior, and learning disabilities.

Zuma's Rescue Ranch

303-346-7493

www.zumasrescueranch.com

7745 N. Moore Rd., Littleton, CO 80125

Experiential learning, behavioral consultation, mentoring program - - all with trained professionals and rescued horses.

Family Therapy

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/locations>

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

303-797-9420

303-688-6276

303-805-4312

Bentley Marriage & Counseling (David, MA, LPC, NCC)

720-255-1572

www.marriageupgrade.com

7800 S. Elati St., Suite 201, Littleton, CO 80120

David Bentley is on a mission to save marriages; couples, individuals; solution-oriented approach. Will slide fees and will consider offering services pro bono.

Briggs, Jana, MA, NCC, LPC

303-495-0317

www.janabriggs.com

5777 S. Rapp St., Suite 204, Littleton, CO 80120

Play therapy; anger management; grief/loss recovery; parenting counseling; couples therapy; relationship enhancement.

Does not accept insurance.

Brodie, Judith, MA, LPC, LLC

303-503-5282

www.judithbrodie.com

3939 E. Arapahoe Rd. Littleton, CO 80122

Kind, compassionate support for children, adults and families dealing with grief and loss, end-of-life transitions, serious illness or relationship difficulties.

Counseling Place at Lone Tree (Sarah James, LCSW, CACII)

303-241-0421

<http://www.counselinglonetree.com/>

9224 Teddy Lane, Suite 103, Lone Tree, CO 80124

482 Happy Canyon Road, Caslte Pines, CO 80104

Accept most insurances and will slide fees.

Counseling Solutions (John Eckenwiler, LMFT)

303-267-2282

www.therapyhelpnow.com

12900 Stroh Ranch Place, Suite 200, Parker, CO 80134

9220 Teddy Lane, Suite 1100, Lone Tree, CO 80124

Some insurances, private pay; might slide fees.

Five Star Counseling

303-464-9192

www.fivestarcounselingservices.com

7050 W. 120th Ave., Suite 201, Broomfield, CO 80020

Specializing in marriage counseling; depression; life coaching.

Foundations Family Counseling

303-393-0085

www.foundationsfamilycounseling.com

789 Sherman St. Suite 440, Denver, CO 80203 Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of psychology and mental health, including depression, dealing with divorce, dealing with disabilities or chronic pain, female/girls issues, much more.

Acceptance of insurance varies by provider. Refer Medicaid patients to other agencies that accept Medicaid.

Grace Counseling (Johnson, Vicki, MSW, LCSW)

303-798-8836

720-489-8555

<http://www.gracecounseling.net/>

7921 South Park Plaza, Suite 204, Littleton, CO 80120

Female adolescents, families, couples, groups; eating disorders, trauma.

Grace Counseling Services (Matson, Rebecca, LPC)

720-489-8555

<http://www.gracecounseling.net/>

7921 South Park Plaza, Suite 204, Littleton, CO 80120

Specializes in work with victims of sexual or mental abuse; testing for learning disabilities; family and parenting skills. Does not accept insurance, sliding scale may be available.

Grenhart, Rich, Psy.D.

303-761-3520

Email : rgrenhart@aol.com

3601 S. Clarkson St., Suite 540, Englewood, CO 80113

Family and individual counseling; adolescents. Communicates well with school; after school office hours. Psych evals. No sliding scale.

Integrative Therapy Solutions

720-285-6438

<http://integrativetherapysolutions.org>

Serving Aurora, Denver & south metro area

Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women's issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development.

Does not accept insurance.

Iolite Counseling, LLC

303-956-8949

www.iolitecounseling.com

900 Castleton Rd. Suite135, Castle Rock, CO 80109

Serving children through adults. Specializing in substance abuse counseling, grief/loss, divorce, trauma/abuse, suicide prevention, mood disorders, anxiety, domestic violence, bullying, phobias, school-related concerns, social skill development. Free initial consultation; sliding scale available.

Knippenberg, Patterson, Bordelon & Associates

www.craigknippenberg.com

2833 S. Colorado Blvd. Denver, CO 80222

Individual, family and group counseling services as well as parenting classes. Specialty in child & adolescent neurobehavioral disorders.

Does not accept insurance.

Krafchick, Dana, M.D

303-799-4110

<http://danakrafchickmd.com/>

7310 E. Arapahoe Rd., Suite 200, Centennial, CO 80112

Psychiatrist – therapy and medication; families and adolescents.

Accept the following insurance: Blue Cross/Blue Shield and Tri-Care.

Legacy Comprehensive Counseling & Consulting

303-841-4005

www.legacyparker.com

19751 E. Mainstreet, Suite 215., Parker, CO 80138

Individual and group counseling for individuals, children and families.

Specializing in social skills, adjusting to divorce, parenting skills & classes, anger management, mental illness, stress, attachment issues, testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management, supervised parenting, child/family investigations. Accepts insurance and will slide fees.

Levitas-Eisner, Jane, LCSW

303-826-7296

<http://janeeisnerlcsw.com/>

8000 E. Prentice Ave., Suite B-12, Englewood, CO 80111

Child, adolescent, family, and couples therapy.

Accepts most private insurance. Does not accept Medicaid.

Life Support Behavioral Institute

888-516-5995

<http://www.lifesupportinstitute.com/>

7853 E. Arapahoe Ct., Suite 3550, Centennial, CO 80112

Most insurance accepted.

Lounsborough, Craig, M.Div., LPC

303-593-0575 ext. 123

www.craiglpc.com

19284 Cottonwood Drive, Suite 202, Parker, CO 80138

Child, adolescent, ADD, ADHD, ODD and conduct disorders. No sliding scale, will reduce fee.

Max, Dana A., PsyD, PC

303-347-8498

www.danamax.com

5860 S. Curtice St., Littleton, CO 80120

Psychological testing; psychoeducational testing; career assessment (ministerial). Will bill insurance and may slide fees based on income.

McAllaster-Schmitz & Associates (Amy McAllaster-Schmitz, M.A., LPC)

303-513-7822

www.amymscounseling.com

5777 S. Rapp St., Littleton, CO 80120

Adolescent & adult counseling.

National Alliance on Mental Illness (NAMI)

303-991-7688

www.namiadco.org

Serving Arapahoe & Douglas Counties

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.

National Alliance on Mental Illness (Statewide)

303-321-3104

www.namicolorado.org

1100 Fillmore St. Denver, CO 80206

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.

Newman, Hildie, LCSW

303-902-2084

<http://www.hildienewmanlcsw.com/> 6767 S. Spruce Street, Suite 250, Englewood, CO 80112

Specializes in working with families and adolescents.

People House

303-480-5130

<http://peoplehouse.org>

3035 W. 25th Ave., Denver, CO 80211

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00;

All ages, all issues. People House also offers workshops & classes & activities.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)

720-244-0899

www.pikespeakcounseling.com

12900 Stroh Ranch Way, Suite 220, Parker, CO 80134

ADHD; social skills groups; bullying prevention; divorce groups; mother/daughter dynamics; mental health issues. Former school counselor. No insurance; sliding scale available.

Proactive Counseling Services

303-917-6211

<http://www.proactivecounselingservice.com/>

1745 Shea Center Dr., Highlands Ranch, CO 80126

Individuals, couples; multiple approaches dealing with multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss.

Sandstone Care

720-307-3970

www.sandstonecare.com

2100 S. Cherry St., #204, Denver, CO 80222

Provides substance abuse and co-occurring mental health treatment services for teens and young adults. Includes after school teen program that incorporates individual and group therapy, family counseling, visits with our MD psychiatrist, and academic and vocation support. Accepts these insurances : Value Options, United Health Care, Cigna, Aetna, Humana, Mines and Assoc, Rocky Mountain Health Plans, United Behavioral Health, and Blue Cross/Blue Shield.

Smith, Jenna K., MSW

303-951-4832

<http://jennasmiththerapy.com/>

email: jenna@jennasmiththerapy.com

5347 S. Valentia Way, Suite 120, Greenwood Village, CO 80111

Specializing in working with elementary-age children & their families; divorce, grief & loss, anxiety, ADHD, parenting.

Soaring Spirits Counseling

303-350-0054

www.soaringspiritscounseling.com

1660 South Albion Street #3B, Denver, CO 80222 Mediation and restorative justice services designed to make victim, offender and the community whole again.

Southeast Psychotherapy Associates, PLLC

303-694-1795

www.sepsychotherapy.com

6081 S. Quebec St., Suite 103, Englewood, CO 80111

Marriage & family therapy; addictions; bipolar & other depressive disorders; educational & intellectual assessment; ADHD

Springs of Joy (Dawn Rike, M.A., CACII, CFI)

720-346-3267

www.springsofjoycounseling.org

405 S. Wilcox St. Suite 200, Castle Rock, CO 80104

The Redimere Group Center for Counseling and Leadership

Development (Sawyer, Chip, M.A., L.P.C., Life & Parent Coach)
303-713-1001
www.redimere.com
5690 DTC Blvd., Suite 120W, Greenwood Village, CO 80111

Thoreson, Kirk, PsyD

303-550-0030
www.drkirkthoreson.com
1221 S. Clarkson St. Suite 302,, Denver, CO 80210
Psychological and educational testing & assessment; teens, children, families, couples; specializes in learning disabilities, ADHD, depression, childhood anxiety. Accepts some insurance or sliding fee scale; free 20 minute phone consult.

Trathen, Dan, PhD

303-593-0575
www.drtrathen.com
19284 E. Cottonwood Dr., Suite 202, Parker, CO 80138
Individual, adolescent, marriage, family counseling. Life / leadership coaching.

Uhernik, Julie, LPC, RN

303-918-1775
www.julieuhernik.com
19557 East Mainstreet, Suite 203, Parker, CO 80138
Adolescents, adults, couples, families; specializes in parenting and step-parenting issues, mother-daughter relationships, anxiety, trauma, chronic illness, eating disorders, depression, and infertility counseling.
Accepts most private insurance and several employee assistance plans. Does not currently accept Medicaid but that may change.

Worthing Carol Ann, PhD

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www.individualandfamilypsychotherapy.com
240 Wilcox St., Castle Rock, CO 80104
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Female-Specific / Mothers & Daughters

Counseling Place at Lone Tree (Sarah James, LCSW, CACII)

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<http://www.counselinglonetree.com/>
9224 Teddy Lane, Suite103 , Lone Tree, CO 80124
482 Happy Canyon Road, Caslte Pines, CO 80104
Accept most insurances and will slide fees.

Excelsior Youth Centers

303-693-1550

www.excelsioryc.org

15001 E. Oxford Ave., Aurora, CO 80014

Female-specific services; inpatient; day treatment; substance abuse treatment; living skills; on-campus school.

Foundations Family Counseling

303-393-0085

www.foundationsfamilycounseling.com

789 Sherman St. Suite 440, Denver, CO 80203 Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of mental health.

Take sure insurance plans. Various by individual therapist. Refers patients to another agency that accepts Medicaid.

Grace Counseling (Johnson, Vicki, MSW, LCSW)

303-798-8836

720-489-8555

<http://www.gracecounseling.net/>

7921 South Park Plaza, Suite 204, Littleton, CO 80120

Female adolescents, families, couples, groups; eating disorders, trauma.

Integrative Therapy Solutions

720-285-6438

<http://integrativetherapysolutions.org>

Serving Aurora, Denver & south metro area

Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women's issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development.

Does not accept insurance.

Iolite Counseling, LLC

303-956-8949

www.iolitecounseling.com

900 Castleton Rd. Suite 135, Castle Rock, CO 80109

Self-Esteem group for girls. Free initial consultation; sliding scale available.

National Institute for Change

303-231-0090

<http://www.nichange.com/>

Offices in Lakewood, Lone Tree, Golden, Aurora

Groups, individuals. Parenting classes. Sliding scale fee.

People House

303-480-5130

<http://peoplehouse.org>

3035 W. 25th Ave., Denver, CO 80211

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00;

All ages, all issues. People House also offers workshops & classes & activities.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)

720-244-0899

www.pikespeakcounseling.com

12900 Stroh Ranch Way, Suite 220, Parker, CO 80134

ADHD ; social skills groups; bullying prevention ; former school counselor;
does not accept insurance; sliding scale available.

Soaring Spirits Counseling

303-350-0054

www.soaringspiritscounseling.com

1660 South Albion Street #3B, Denver, CO 80222

Mediation and restorative justice services designed to make victim, offender and the community whole again.

Starkey-Duncan, Renee, PhD.

303-747-4026

https://therapists.psychologytoday.com/rms/name/Renee_Starkey+Duncan_PhD_Denver_Colorado_94253

90 Madison St., Suite 405, Denver, CO 80206

No insurance, will slide fees.

Uhernik, Julie, LPC, RN

303-918-1775

www.julieuhernik.com

19557 East Mainstreet, Suite 203, Parker, CO 80138

Accepts most private insurance and several employee assistance plans. Does not currently accept Medicaid but that may change.

In-Home Services

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

303-797-9420

831 S Perry Street, Suite 100, Castle Rock, CO 80104

303-688-6276

10350 S. Dransfeldt, Parker, CO 80134

303-805-4312

Multi-systemic therapy & functional family therapy in-home; Intensive Services.

Behavioral Growing Tree

866-300-0822

www.behavioralrowingtree.com

In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children Identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.

Colorado Addictions Consulting, LLC (Beth Baldwin, CAC III)

303-501-6921

www.coloradoaddictionsconsulting.com

Specializes in working with adolescents; services include substance abuse evaluation, recommendations for ongoing treatment, in-home substance abuse counseling. Case consultation offered at no cost; may slide fees.

Developmental Disability Consultants, PC

303-337-2210

www.ddconsultants.org

1211 S. Parker Rd., Suite 200, Denver, CO 80231

Offering a wide range of direct and consultative services to children and adults with disabilities, their families, teachers and service providers.

Accepts Medicaid and works with other insurance providers.

Family Advocacy, Care, Education, Support (FACES)

720-570-9333

www.facesonline.org

1325 S. Colorado Blvd., Suite B-509, Denver, CO 80222

Services to prevent child abuse & family violence, for families with children from 0-12 dealing with developmental delays, physical disability, mental illness or substance abuse issues.

Home visitation program, therapeutic counseling, parent education, advocacy & support.

Instructional ABA Consultants

331-229-8839, ext 1

<http://www.instructional-aba.com/index.html>

312 Wilcox St., Castle Rock, CO 80104

In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.

Accepts the following insurances : private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Life Support Behavioral Institute

888-516-5995

<http://www.lifesupportinstitute.com/>

7853 E. Arapahoe Ct., Suite 3550, Centennial, CO 80112

Accepts most insurance including: CIGNA, Aetna, BHI and Value Options. Accepts Medicaid for Arapahoe or Douglas counties.

Savio House

303-225-4100

www.saviohouse.org

325 King St., Denver, CO 80219

In-home multi-systemic therapy; family therapy; substance abuse treatment.

Schaffer, Stacy, MA, LPC

602-885-5485

www.stacyschaffer.com

5460 Ward Rd., Arvada, CO 80004

Specializing in Grief, Children and Adolescents in the Denver.

Is in-network provider for Blue Cross/Blue Shield and Humana. Also provider for Second Wind Fund of Metro Denver and Mines and Associates.

Shiloh House

303-932-9599

www.shilohhouse.org

6400 W. Coal Mine Ave., Littleton, CO 80123

Intensive in-home therapy; respite services.

Synergy

303-781-7875

www.artstreatment.com

In-home multi-systemic therapy; other community based services; substance use.

Primarily work with adjudicated youth. Accepts Medicaid and works with private insurance.

To The Rescue

720-851-2100

<http://totherescue.net>

17011 Lincoln Ave., Suite 562, Parker, CO 80134

Wide variety of services to help folks with physical health issues, disabilities and mental health issues stay in their own homes. Services tailored to the needs of the individual and may include respite, house cleaning, meals, assessments, in-home medical care, yard care, etc.

University of Colorado Hospital

720-848-2200

<http://www.uch.edu/>

9548 Park Meadows Drive, Lone Tree, CO 80124

In-home multi-systemic therapy (MST) ; intensive family therapy (FT) ; specializing in mental health issues.

Male-Specific / Fathers & Sons

Grace Counseling (Alexander A. Avila, M.A.)

720-316-7771

<http://www.alexanderavila.com/>

7921 Southpark Plaza, Suite 204, Littleton, CO 80120

Counseling to increase the health and intimacy of romantic relationships; couples, marriage counseling. Facilitator of the "Hold Me Tight" program for couples. Addictions counseling. Counseling for men.

Does not accept insurance.

People House

303-480-5130

<http://peoplehouse.org>

3035 W. 25th Ave., Denver, CO 80211

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00;

All ages, all issues. People House also offers workshops & classes & activities.

Outpatient Programs

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

303-797-9420

303-688-6276

303-805-4312

Aurora Mental Health Center

303-617-2300

<http://www.aumhc.org/>

11059 E. Bethany Dr., Suite 200, Aurora, Colorado 80014

A variety of outpatient programs for children, teens, adults, older adults; assessment; dual diagnosis; support and case management for homeless.

Centennial Peaks Hospital

303-673-9990

www.centennialpeaks.com

2255 S. 88th St., Louisville, CO 80027

Intensive outpatient for chemical dependency.

Colorado Division of Mental Health

<http://www.colorado.gov/cs/Satellite/CDHS-BehavioralHealth/CBON/1251580853076>

Mental Health Institute at Fort Logan

303-866-7066

3520 West Oxford Avenue, Denver, Colorado 80236

Mental Health Institute at Pueblo

719-546-4000

1600 West 24th Street, Pueblo, Colorado, 81003

Compass Health Systems

303-683-5620

http://compass-md.com/our_locations/?smid=4

8671 S. Quebec St., Suite 200, Highlands Ranch, CO 80130

Assessment and treatment for people of all ages; specializing in juvenile / adult forensic psychology.

Eating Disorder Center of Denver

Toll Free: 866-771-0861

www.edcdenver.com

950 S. Cherry St., Suite 1010, Denver, CO 80246

Outpatient, partial hospitalization, and inpatient treatment of eating disordered individuals age 16 and older.

First Step Counseling

303-840-2636

<http://www.firststepcounseling.org/>

10292 S. Progress Way, Parker, CO 80134

Individual, family and group counseling for a variety of issues; court-ordered counseling to address drinking and driving issues.

Foundations Family Counseling

303-393-0085

www.foundationsfamilycounseling.com

789 Sherman St. Suite 440, Dnever, Co 80203 Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of mental health.

Acceptance of private insurance varies by individual therapist. Refers patients to another agency that accepts Medicaid.

Highlands Behavioral Health System

720-348-2800

www.highlandsbhs.com

8565 S. Poplar Way, Littleton, CO 80130

Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.

Accepts most private insurance except Kaiser. Accepts Medicaid.

Hope Counseling Services (Bethany Adams, MA, NCC)

720-291-1482

www.hopercounselingservices.org

400 Inverness Parkway, Suite 200, Englewood, CO 80012

Anger management counseling, primarily for adolescents & younger children; play therapy; behavior issues; social issues; mood disorders; trauma; adjustment issues; family issues; cash or check; will slide fees.

Instructional ABA Consultants

331-229-8839, ext 1

<http://www.instructional-aba.com/index.html>

312 Wilcox St., Castle Rock, CO 80104

In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.

Accepts the following insurances : private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Integrative Therapy Solutions

720-285-6438

<http://integrativetherapysolutions.org>

Serving Aurora, Denver & south metro area

Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women's issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development.

Does not accept insurance.

Iolite Counseling, LLC

303-956-8949

www.iolitecounseling.com

900 Castleton Rd. Suite135, Castle Rock, CO 80109

Serving children through adults. Specializing in substance abuse counseling, grief/loss, divorce, trauma/abuse, suicide prevention, mood disorders, anxiety, domestic violence, bullying, phobias, school-related concerns, social skill development. Free initial consultation; sliding scale available.

Legacy Comprehensive Counseling & Consulting

303-841-4005

www.legacyparker.com

19751 E. Mainstreet, Suite 215., Parker, CO 80138

Individual and group counseling for individuals, children and families.

Specializing in social skills, adjusting to divorce, parenting skills & classes, anger management, mental illness, stress, attachment issues, testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management, supervised parenting, child/family investigations.

Accepts most private insurance including United Healthcare, CIGNA, Blue Cross/Blue Shield and Aetna. Does not accept Medicaid.

Life Support Behavioral Institute

888-516-5995

<http://www.lifesupportinstitute.com/>

7853 E. Arapahoe Ct., Suite 3550, Centennial, CO 80112

Accepts most private insurance including: CIGNA, Aetna, BHI and Value Options. Accepts Medicaid for Arapahoe and Douglas counties.

Metro Community Provider Network

303-360-6276

www.mcpn.com

Locations throughout the metro area

Services for persistently mentally ill, with a focus on the homeless; case management; sliding scale, Medicaid, CICP, etc.

People House

303-480-5130

<http://peoplehouse.org>

3035 W. 25th Ave., Denver, CO 80211

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00;

All ages, all issues. People House also offers workshops & classes & activities.

Proactive Counseling Services

303-917-6211

<http://www.proactivecounselingservice.com/>

1745 Shea Center Dr., Highlands Ranch, CO 80126

Individuals, couples; multiple approaches dealing with multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss.

Running Creek Counseling Services, Inc.

303-805-1218 ext. 102

<http://www.rccounseling.com/>

18425 Pony Express Drive, Suite 203, Parker, CO 80134

Anger management counseling (adults only at present).

Accepts the following private insurance: CIGNA, Aetna, Humana and Golden Rail. Accepts Medicaid.

Sandstone Care

720-307-3970

www.sandstonecare.com

2100 S. Cherry St., #204, Denver, CO 80222

Provides substance abuse and co-occurring mental health treatment services for teens and young adults. Includes after school teen program that incorporates individual and group therapy, family counseling, visits with our MD psychiatrist, and academic and vocation support.

Accepts these insurances : Value Options, United Health Care, Cigna, Aetna, Humana, Mines and Assoc, Rocky Mountain Health Plans, United Behavioral Health, and Blue Cross/Blue Shield.

Savio House

303-225-4100

www.saviohouse.org

325 King St., Denver, CO 80219

In-home multi-systemic therapy; family therapy; substance abuse treatment.

Servicios de la Raza

303-458-5851

www.serviciosdelaraza.org

4055 Tejon Street, Denver, CO 80211

Services to Latino community include individual and group counseling, medication management, and evaluations, HIV, Mental Health, Food Bank, Domestic Violence.

South Denver Psychotherapy

303-730-1144

<http://www.southdenverpsychotherapy.com/>

2305 E. Arapahoe Rd., , Centennial, CO 80122

Southeast Psychotherapy Associates, PLLC

303-694-1795

www.sepsychotherapy.com

6081 S. Quebec St., Suite 103, Englewood, CO 80111

Marriage & family therapy; addictions; bipolar & other depressive disorders; educational & intellectual assessment; ADHD.

Synergy

303-781-7875

www.artstreatment.com

In-home multi-systemic therapy; other community based services; substance use.

Deals with adjudicated youth. Primarily works with Medicaid but does work with private Insurance.

Tennyson Center (CO Christian Home)

303-433-2541

www.tennysoncenter.org

2950 Tennyson St., Denver, CO 80212

Day treatment for children ages 5-14; focus on abused and neglected children.

The Child and Adolescent Behavioral Supports, LLC

303-660-5397

<http://www.cabsupports.com/>

Littleton Office :

609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120

Denver Office :

1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

The Redimere Group Center for Counseling and Leadership

Development (Sawyer, Chip, M.A., L.P.C., Life & Parent Coach)

303-713-1001

www.redimere.com

5690 DTC Blvd., Suite 120W, Greenwood Village, CO 80111

University of Colorado Hospital

720-848-2200

<http://www.uch.edu/>

9548 Park Meadows Drive, Lone Tree, CO 80124

In-home multi-systemic therapy (MST) ; intensive family therapy (FT) ; specializing in mental health issues.

Phobias

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

303-797-9420

303-688-6276

303-805-4312

Highlands Behavioral Health System

720-348-2800

www.highlandsbhs.com

8565 S. Poplar Way, Littleton, CO 80130

Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.

Accept most private insurance except Humana. Accepts Medicaid.

Iolite Counseling, LLC

303-956-8949

www.iolitecounseling.com

900 Castleton Rd. Suite 135, Castle Rock, CO 80109

Free initial consultation; sliding scale available.

National Alliance on Mental Illness (NAMI)

303-991-7688

www.namiadco.org

Serving Arapahoe & Douglas Counties

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.

National Alliance on Mental Illness (Statewide)

303-321-3104

www.namicolorado.org

1100 Fillmore St. Denver, CO 80206

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)

720-244-0899

www.pikespeakcounseling.com

12900 Stroh Ranch Way, Suite 220, Parker, CO 80134

ADHD; behavior management; social skills & divorce groups; school & family issues; grief & loss; abuse/trauma, phobias; anxiety; depression; mother/daughter dynamics; Certified Play and EMDR Therapist; works with children as young as 5 years of age; does not accept insurance but can provide receipts to clients upon request and accepts sliding scale clients. Out of network, only victim's compensation.

The Child and Adolescent Behavioral Supports, LLC

303-660-5397

<http://www.cabsupports.com/>

Littleton Office :

609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120

Denver Office :

1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Uhernik, Julie, LPC, RN

303-918-1775

www.julieuhernik.com

19557 East Mainstreet, Suite 203, Parker, CO 80138

Adolescents, adults, couples, families; no insurance but will slide fees.

Accepts most private insurance and several employee assistance plans. Does not currently accept Medicaid but may change.

Post Partum Depression

Edinburgh Postnatal Depression Scale (EPDS)

<http://www.fresno.ucsf.edu/pediatrics/downloads/edinburghscale.pdf>

Support International

800-944-4773

www.postpartum.net

Dedicated to helping women suffering from prenatal mood and anxiety disorders, including postpartum depression. Provides access to local support and resources.

Postpartum Support International Colorado Resource Guide Colorado State

Coordinator, Katie Kripke, MSW, LSW

303-586-1564

Postpartum Support International Colorado Resource Guide

Colorado State Co-Coordinators:

Katie Kripke, MSW, LSW

303-586-1564

Joan Getz-Heller, RN, LCSW

4770 E. Illiff Ave., Suite 104, Denver, CO 80222

303-759-9171

The Kempe Center

303-864-5300

www.kempe.org

The Gary Pavillion at The Children's Hospital

Anschutz Medical Campus

13123 E 16th Ave., B390 Aurora, CO 80045

Helping moms overcome a terrible disease so they, and their children, can thrive.

Post-Traumatic Stress

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

303-797-9420

831 S Perry Street, Suite 100, Castle Rock, CO 80104

303-688-6276

10350 S. Dransfeldt, Parker, CO 80134

303-805-4312

Foundations Family Counseling

303-393-0085

www.foundationsfamilycounseling.com

789 Sherman St. , Denver, CO 80203 Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of mental health.

Acceptance of private insurance varies by therapist. Refers patients to another agency that accepts Medicaid.

Grace Counseling (Johnson, Vicki, MSW, LCSW)

303-798-8836

720-489-8555

<http://www.gracecounseling.net/>

7921 South Park Plaza, Suite 204, Littleton, CO 80120

Female adolescents, families, couples, groups; eating disorders, trauma.

Does not accept insurance.

Guzman, Maria Elena, PhD

303-756-6870

3801 E. Florida Avenue, Suite 701, Denver, CO 80210

Specializes in trauma, depression, anxiety. Private testing; qualified to do most SPED testing. Services available in Spanish. Takes some insurance.

Highlands Behavioral Health System

720-348-2800

www.highlandsbhs.com

8565 S. Poplar Way, Littleton, CO 80130

Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.

Accepts most private insurance except Kaiser. Accepts Medicaid.

Hope Counseling Services (Bethany Adams, MA, NCC)

720-291-1482

www.hopecounselingservices.org

400 Inverness Parkway, Suite 200, Englewood, CO 80012

Cash or check; will slide fees

Integrative Therapy Solutions

720-285-6438

<http://integrativetherapysolutions.org>

Serving Aurora, Denver & south metro area

Children, teens, adults, couples, families.

Does not accept insurance.

Iolite Counseling, LLC

303-956-8949

www.iolitecounseling.com

900 Castleton Rd. Suite135, Castle Rock, CO 80109

Free initial consultation; sliding scale available.

Legacy Comprehensive Counseling & Consulting

303-841-4005

www.legacyparker.com

19751 E. Mainstreet, Suite 215., Parker, CO 80138

Accepts most private insurance including: United Healthcare, CIGNA, Blue Cross/Blue Shield and Aetna. Does not accept Medicaid.

Lounsbrough, Craig, M.Div., LPC

303-593-0575 ext. 123

www.craiglpc.com

19284 Cottonwood Drive, Suite 202, Parker, CO 80138

Child, adolescent, ADD, ADHD, ODD and conduct disorders. No sliding scale, will reduce fee.

National Alliance on Mental Illness (NAMI)

303-991-7688

www.namiadco.org

Serving Arapahoe & Douglas Counties

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.

303-321-3104

Serving the State of Colorado

www.namicolorado.org

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services..

People House

303-480-5130

<http://peoplehouse.org>

3035 W. 25th Ave., Denver, CO 80211

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00;

All ages, all issues. People House also offers workshops & classes & activities.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)

720-244-0899

www.pikespeakcounseling.com

12900 Stroh Ranch Way, Suite 220, Parker, CO 80134

Certified Play and EMDR Therapist; works with children as young as 5 years of age.

Does not accept insurance. Only victim's compensation.

Proactive Counseling Services

303-917-6211

<http://www.proactivecounselingservice.com/>

1745 Shea Center Dr., Highlands Ranch, CO 80126

Individuals, couples; multiple approaches dealing with multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss.

Does not accept insurance. Out of network but will provide paperwork.

Schaffer, Stacy, MA, LPC

602-885-5485

www.stacyschaffer.com

5460 Ward Rd., Arvada, CO 80004

Specializing in Grief, Children and Adolescents in the Denver.

Accepts and is in-network provider for Blue Cross/Blue Shield and Humana. Provider for Second Wind Fund of Metro Denver and Mines and Associates.

Tamara G. Suttle Counseling

303-660-4989

www.tamarasuttle.com

6222 Lancaster Ave., Castle Rock, CO 80104

Individual, couple, and group therapy; trauma; abuse; grief/loss; GLBTQ.

The Child and Adolescent Behavioral Supports, LLC

303-660-5397

<http://www.cabsupports.com/>

Littleton Office :

609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120

Denver Office :

1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

The Redimere Group Center for Counseling and Leadership

Development (Sawyer, Chip, M.A., L.P.C., Life & Parent Coach)

303-713-1001

www.redimere.com

5690 DTC Blvd., Suite 120W, Greenwood Village, CO 80111

Trauma Treatment Center of Colorado (Dr. Leigh Baker)

303-790-5585

www.leighbaker.com

3540 South Poplar Street, Suite 303, Denver Colorado 80237

Uhernik, Julie, LPC, RN

303-918-1775

www.julieuhernik.com

19557 East Mainstreet, Suite 203, Parker, CO 80138

Adolescents, adults, couples, families.

Accepts most private insurance and several employee assistance plans. Does not currently accept Medicaid but that may change.

Worthing Carol Ann, PhD

303-663-5846

www.individualandfamilypsychotherapy.com

240 Wilcox St., Castle Rock, CO 80104

Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Residential Programs

Centennial Peaks Hospital

303-673-9990

www.centennialpeaks.com

2255 S. 88th St., Louisville, CO 80027

Intensive outpatient for chemical dependency.

Children's Hospital

303-777-1234

<http://www.childrenscolorado.org/conditions/behavior/index.aspx>

Child Development Unit @ Children's Hospital

13123 E. 16th Ave., Aurora, CO 80045

Psychiatric and behavioral science services; eating disorder treatment; bereavement counseling; juvenile fire-setter treatment.

Colorado Division of Mental Health

<http://www.colorado.gov/cs/Satellite/CDHS-BehavioralHealth/CBON/1251580853076>

Mental Health Institute at Fort Logan

303-866-7066

3520 West Oxford Avenue, Denver, Colorado 80236

Mental Health Institute at Pueblo

719-546-4000

1600 West 24th Street, Pueblo, Colorado, 81003

Devereux Cleo Wallace Psychiatric Facility

303-466-7391

http://www.devereux.org/site/PageServer?pagename=co_index

8405 Church Ranch Blvd., Westminster, CO 80021

Psychiatric evaluations; day treatment; residential care for adolescents with acute mental illness; treatment of ADHD, bipolar, mood disorders, psychiatric disorders; family therapy.

Eating Disorder Center of Denver

Toll Free: 866-771-0861

www.edcdenver.com

950 S. Cherry St., Suite 1010, Denver, CO 80246

Outpatient, partial hospitalization, and inpatient treatment of eating disordered individuals age 16 and older.

Evergreen Psychotherapy Center

303-674-4029

1-866-674-4029

www.attachmentexperts.com

32065 Castle Court, Suite 325, Evergreen, CO 80439

Accepts insurance with prior authorization. Does not accept Medicaid.

Excelsior Youth Centers

303-693-1550

www.excelsioryc.org

15001 E. Oxford Ave., Aurora, CO 80014

Female-specific services; inpatient; day treatment; substance abuse treatment; living skills; on-campus school.

Forest Heights Lodge

303-674-6681

www.forestheightslodge.org

Psychotherapeutic residential care for boys ages 5-14 who are emotionally disturbed or have been traumatized; recreation therapy.

Griffith Centers for Children, Inc.

303-237-6865

www.griffithcenters.org

8461 Turnpike Drive, Suite 100, Westminster, CO 80031

Residential and day treatment for youth with psychiatric, behavioral, educational or social challenges.

Institute for Attachment & Child Development

303-674-1910

www.instituteforattachment.org

5911 S. Middlefield Rd, Ste 103 Littleton, CO 80123

Mount St. Vincent Home

303-458-7220 ext. 211

www.msvhome.org

4159 Lowell Blvd., Denver, CO 80211

Residential and day treatment for youth diagnosed with a wide range of emotional/behavioral problems, outpatient & day care.

Savio House

303-225-4100

www.saviohouse.org

325 King St., Denver, CO 80219

In-home multi-systemic therapy; family therapy; substance abuse treatment.

Shiloh House

303-932-9599

www.shilohhouse.org

6400 W. Coal Mine Ave., Littleton, CO 80123

Intensive in-home therapy; respite services.

Southern Peaks Regional Treatment Center

719-276-7567

www.abraxasyfs.com

700 Fourmile Parkway, Canon City, CO 81212

Residential treatment program for males and females, ages 10-21; delinquent or dependent youth; history of behavioral/mental health disorders and drug/alcohol issues. Gender-specific programming. Offers the Medicine Bear Native American track.

Synergy

303-781-7875

www.artstreatment.com

In-home multi-systemic therapy; other community based services; substance use.

Deals with adjudicated youth. Primarily Medicaid but will accept some private insurance on a case by case basis.

Tennyson Center (CO Christian Home)

303-433-2541

www.tennysoncenter.org

2950 Tennyson St., Denver, CO 80212

Residential treatment for children ages 5-14; focus on abused and neglected children.

Third Way Center

303-780-9191

www.thirdwaycenter.org

P.O. Box 61385, Denver, CO 80206

Residential programs for male and female adolescents; home for teen mothers; nutritional counseling; mental health assessment and counseling; independent living skills; alternative school.

Respite

To The Rescue

720-851-2100

<http://totherescue.net>

17011 Lincoln Ave., Suite 562, Parker, CO 80134

Wide variety of services to help folks with physical health issues, disabilities and mental health issues stay in their own homes. Services tailored to the needs of the individual and may include respite, house cleaning, meals, assessments, in-home medical care, yard care, etc.

Sex Offense Specific Treatment

Southern Peaks Regional Treatment Center

719-276-7567

www.abraxasyfs.com

700 Fourmile Parkway, Canon City, CO 81212

Residential treatment program for males and females, ages 10-21; delinquent or dependent youth; history of behavioral/mental health disorders and drug/alcohol issues. Gender-specific programming. Offers the Medicine Bear Native American track.

Sexuality / Sexually Exploited Children

Southern Peaks Regional Treatment Center

719-276-7567

www.abraxasyfs.com

700 Fourmile Parkway, Canon City, CO 81212

Residential treatment program for males and females, ages 10-21; delinquent or dependent youth; history of behavioral/mental health disorders and drug/alcohol issues. Gender-specific programming. Offers the Medicine Bear Native American track.

MENTORING PROGRAMS

1 Liquid House

303-916-1515

www.1liquidhouse.com

6668 Lynx Cove, Littleton, CO 80124

Safe haven for youth; opportunities for creative expression, including zine (u.b.u. magazine) and live music; mentoring by adults in music, film, and magazine production careers.

4-H Clubs

720-733-6940

<http://www.extension.colostate.edu/douglas/4h/4h.shtml>

410 Fairgrounds Rd., Castle Rock, CO 80104

Positive youth development programming for ages 8-18; special programs for ages 5-7; clubs/activities that focus on learning by doing & life skills; leadership programming; mentoring; volunteer opps for youth & adults; camps; conferences.

Big Brothers/Sisters

303-433-6002

<http://www.biglittlecolorado.org/donate.html>

1391 N Speer Blvd, Ste 450 Denver, CO 80204

Boy Scouts of America Denver Area Council

303-455-5522

<http://www.scouting.org/LocalCouncilLocator.aspx>

10455 W. 6th Ave, Suite 100, Denver CO 80215

Douglas County Partners

720-733-1960

www.metrodenverpartners.org

513 Wilcox St., Castle Rock, CO 80104

Year-long adult-youth mentorships, activities; youth ages 8-17.

Fire Mountain

303-443-3343

www.firemountainprograms.com

5745 Olde Stage Rd., Boulder, CO 80302

Teen drug & alcohol prevention, interruption & intervention services. Teen empowerment camps, coaching, life mastery course, ultimate family training.

Friends for Youth

303-756-9285

www.friendsforyouth.com

5500 E. Yale Ave., Denver, CO 80222

Adult mentors for youth in the child welfare or juvenile justice systems; faith-based.

Girl Scouts Mile Hi Council

855-726-4726

www.girlscoutsofcolorado.org

400 S. Broadway, Denver, CO 80209

Various troops linked to Douglas County public schools.

Girls, Inc.

303-893-4363

www.girlsincedenver.org

1499 Julian St., Denver, CO 80204

Empowering girls to be strong, smart and bold; health, education, personal power advocacy.

House of Speed

303-946-4364

www.houseofspeed.com

8034 Midway Drive, Littleton, CO 80125

“Building character through sports.” Intensively coached sports camps and clinics for ages 8 and older. Program works on character & sportsmanship at the same time as fitness and speed for excellence in life and sports.

Snowboard Outreach Society (SOS)

970-926-9292

www.sosoutreach.org

P.O. Box 2020, Avon, CO 81620

A nonprofit building character in youth through outdoor adventure.

Zuma's Rescue Ranch

303-346-7493

www.zumasrescueranch.com

7745 N. Moore Rd., Littleton, CO 80125

Experiential learning, behavioral consultation, mentoring program - - all with trained professionals and rescued horses.

MILITARY FAMILIES

Colorado National Guard Family Program

720-250-1000

<http://co.ng.mil/family/default.aspx>

6848 S. Revere Pkwy., Centennial, Colo. 80112

To establish and facilitate ongoing communication, involvement, support and recognition between National Guard families and the National Guard. Please refer to website for phone numbers to various program offerings.

Joint Family Assistance Program Military Family Life Skills Group

1-866-333-8844

<http://co.ng.mil/family/default.aspx>

12200 East Briarwood Ave., Suite 160, Centennial, CO 80112.

Consultants travel around the state to provide: Group and individual support for adults and children; discussion and issues related to: deployment/multiple deployments, reunion/reintegration, marriage, finances, parenting, grief and loss. Referrals for specific services in local areas also available.

Military One Source

1-800-342-9647

www.militaryonesource.com

Counseling, classes, and a 24/7 resource for military members, spouses and families.

National Alliance on Mental Illness (NAMI)

303-991-7688

www.namiadco.org

Serving Arapahoe & Douglas Counties

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.

National Alliance on Mental Illness (Statewide)

303-321-3104

www.namicolorado.org

1100 Fillmore St. Denver, CO 80206

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.

Zero To Three

202-638-1144

www.zerotothree.org/about-us/funded-projects/military-families/

1255 23rd Street, NW, Suite 350, Washington, DC 20037

Supports military families by working to increase awareness and collaboration throughout the military community so that parents and professionals can more effectively care for very young children and their families.

PARENTING

Adoption

Adoption Exchange

303-755-4756

www.adoptex.org

14232 E. Evans Ave., Aurora, CO 80014

Support for adoptive families and adopted children before, during & after the adoption process.

Alternatives Pregnancy Center

303-295-2288

www.youhavealternatives.org

19029 E. Plaza Dr., Suite 255, Parker, CO 80134

2 West Dry Creek Cir., Suite 180, Littleton, CO 80120

Counseling and alternatives for pregnant women of all ages; pre- and post-natal support; healthcare referrals; free pregnancy testing.

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

303-797-9420

831 S Perry Street, Suite 100, Castle Rock, CO 80104

303-688-6276

10350 S. Dransfeldt, Parker, CO 80134

303-805-4312

Counseling & education classes regarding adoption and foster care, including the “Parenting Foster & Adopted Children” series, providing a combination of skill-building, resource development and support from other parents.

Colorado Coalition of Adoptive Families (CCAF)

303-562-9864

www.cocaf.org

P.O. Box 270398, Louisville, CO 80027

Vast array of supportive services for families considering adoption or who have adopted; classes, support groups, links to respite care resources, etc.

Colorado Post-Adoption Resource Center

303-755-4756

http://www.adoptex.org/site/PageServer?pagename=adoption_post_main

14232 E. Evans Ave., Aurora, CO 80014

Assistance with adoption process; post-adoption resources such as mentoring, ongoing support and education; Advanced AdoptCare classes; Respite Care workshops; Sustainable Parenting & Diversity classes.

Howard, Rebecca PsyD, LLC

303-730-8083

www.drrebeccaihoward.com

609 W. Littleton Blvd., Suite 303, Littleton, CO 80120

Counseling services around adoption. Free introductory session; scholarships.

Integrative Therapy Solutions

720-285-6438

<http://integrativetherapysolutions.org>

Serving Aurora, Denver & south metro area

Children, teens, adults, couples, families. Will slide fees; no insurance.

Parker Adventist Hospital

303-269-4000

<http://www.parkerhospital.org/>

9395 Crown Crest Blvd Parker, CO 80138

Supporting adoptive parents and birth parents in the adoption process.

Schaffer, Stacy, MA, LPC

602-885-5485

www.stacyschaffer.com

5460 Ward Rd., Arvada, CO 80004

Specializing in Grief, Children and Adolescents in the Denver.

Accepts and is in-network provider for Blue Cross/Blue Shield and Humana. Also provider for Second Wind Fund of Metro Denver and Mines and Associates.

The Child and Adolescent Behavioral Supports, LLC

303-660-5397

<http://www.cabsupports.com/>

Littleton Office :

609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120

Denver Office :

1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups.

Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Divorce / Step-Parenting

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

Family therapy and educational classes on healthy family functioning.

303-797-9420

303-688-6276

303-805-4312

Center for Divorce & Parenting

303-771-5424

www.centerfordivorceandparenting.com

P.O. Box 4642, Englewood, CO 80155

Divorce & Family Mediation; Civil Mediation; guidance on decision-making and communication throughout the divorce & co-parenting experience. Classes offered on parenting through divorce, Love & Logic parenting, conflict resolution. Coaching to assist with development of parenting / custody plans.

Counseling Solutions (John Eckenwiler, LMFT)

303-267-2282

www.therapyhelpnow.com

12900 Stroh Ranch Place, Suite 200, Parker, CO 80134

9220 Teddy Lane, Suite 1100, Lone Tree, CO 80124

Some insurances, private pay; might slide fees.

Foundations Family Counseling

303-393-0085

www.foundationsfamilycounseling.com

789 Sherman St. Suite 440, Denver, CO 80203 Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of mental health.

Howard, Rebecca PsyD, LLC

303-730-8083

www.drrebeccaihoward.com

609 W. Littleton Blvd., Suite 303, Littleton, CO 80120

Counseling services centered around divorce and re-marriage. Free introductory session; scholarships may be available for clients with demonstrated need for both therapy and assessment.

Integrative Therapy Solutions

720-285-6438

<http://integrativetherapysolutions.org>

Serving Aurora, Denver & south metro area

Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women's issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development. Will slide fees; no insurance.

Iolite Counseling, LLC

303-956-8949

www.iolitecounseling.com

900 Castleton Rd. Suite 135, Castle Rock, CO 80109

Divorce group for children. Free initial consultation; sliding scale available.

Legacy Comprehensive Counseling & Consulting

303-841-4005

www.legacyparker.com

19751 E. Mainstreet, Suite 215., Parker, CO 80138

Individual and group counseling for individuals, children and families.

Specializing in social skills, adjusting to divorce, parenting skills & classes, anger management, mental illness, stress, attachment issues, testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management, supervised parenting, child/family investigations.

Accepts insurance and will slide fees.

McAllaster-Schmitz & Associates (Amy McAllaster-Schmitz, M.A., LPC)

303-513-7822

www.amymscounseling.com

5777 S. Rapp Street Littleton, CO 80120

Adolescent & adult counseling.

New Beginnings Co-Parenting

303-706-9424

www.newbeginningscoparenting.com

558 Castle Pines Pkwy, Unit B-4, Suite 364, Castle Rock, CO 80108

Court-approved online co-parenting course for divorcing couples.

People House

303-480-5130

<http://peoplehouse.org>

3035 W. 25th Ave., Denver, CO 80211

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00;

All ages, all issues. People House also offers workshops & classes & activities.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)

720-244-0899

www.pikespeakcounseling.com

12900 Stroh Ranch Way, Suite 220, Parker, CO 80134

Divorce groups for children & teens; individual & family therapy. Does not accept insurance; sliding scale available.

Proactive Counseling Services

303-917-6211

<http://www.proactivecounselingservice.com/>

1745 Shea Center Dr., Highlands Ranch, CO 80126

Individuals, couples; multiple approaches dealing with multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss.

Does not accept insurance. Is out-of-network but provides paperwork.

Schaffer, Stacy, MA, LPC

602-885-5485

www.stacyschaffer.com

5460 Ward Rd., Arvada, CO 80004

Specializing in Grief, Children and Adolescents in the Denver. Accepts and is in-network provider for Blue Cross/Blue Shield and Humana. Provider for Second Wind Fund of Metro Denver and Mines and Associates.

Smith, Jenna K., MSW

303-951-4832

<http://jennasmiththerapy.com/>

email: jenna@jennasmiththerapy.com

5347 S. Valentia Way, Suite 120, Greenwood Village, CO 80111

Specializing in working with elementary-age children & their families; divorce, grief & loss, anxiety, ADHD, parenting.

South Denver Psychotherapy

303-730-1144

<http://www.southdenverpsychotherapy.com/>

2305 E. Arapahoe Rd., Centennial, CO 80122

Southeast Psychotherapy Associates, PLLC

303-694-1795

www.sepsychotherapy.com

6081 S. Quebec St., Suite 103, Englewood, CO 80111

Marriage & family therapy; addictions; bipolar & other depressive disorders; educational & intellectual assessment; ADHD.

Stepfamily Services (Paula Childs, PhD)

303-908-6557

<http://www.stepfamilies.info/>

<http://www.paulaschild.com/>

703 Walnut Street, Boulder CO 80302

Working with stepfamilies to create realistic expectations for stepfamily life; develop healthy, respectful relationships with stepkids; and nurture couple relationship, which is the foundation for a healthy stepfamily.

Does not accept insurance but offers sliding scale.

The Child and Adolescent Behavioral Supports, LLC

303-660-5397

<http://www.cabsupports.com/>

Littleton Office :

609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120

Denver Office :

1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Thoreson, Kirk, PsyD

303-550-0030

www.drkirkthoreson.com

1221 S. Clarkson St. Suite 302, Denver, CO 80210

Families, children, teens, couples; offers therapeutic divorce groups for children; accepts some insurance or sliding fee scale; free 20 minute phone consult.

Uhernik, Julie, LPC, RN

303-918-1775

www.julieuhernik.com

19557 East Mainstreet, Suite 203, Parker, CO 80138

Adolescents, adults, couples, families; specializes in parenting and step-parenting issues, mother-daughter relationships.

Accepts most private insurance and several employee assistance programs. Has not accepted Medicaid to this point but may change.

Worthing Carol Ann, PhD

303-663-5846

www.individualandfamilypsychotherapy.com

240 Wilcox St., Castle Rock, CO 80104

Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Fatherhood

Be There For Your Kids

877-695-7996

<http://www.coloradodads.com/index.cfm?page=1>

A service of the Colorado Fatherhood Council (CFC) to help fathers engage in their children's lives.

DadsAdventure.com

949-754-9067

www.dadsadventure.com

15375 Barrance Pkwy. Ste. H104, Irvine, CA 92618

Dedicated to fostering the development of role models for new fathers in their communities, neighborhoods, and families by working to put out positive, constructive information and messages as well as tools and resources that help them do the job.

El Paso County DHS Center on Fathering

1-800-693-2334

<http://dhs.elpasoco.com/pages/cof.aspx>

325 N. El Paso St, Colorado Springs, CO 80903

Fathering resources and groups; referrals.

Men of Valor, Inc

www.menofvalor.net

Father and children monthly activities, training classes, workshops, and seminars on the responsibilities, challenges, and opportunities of fatherhood; a 15 session "Fathering" course and a 10 session "Conflict-Resolution for Fathers"; parent education classes for incarcerated dads, or dads with domestic violence backgrounds; legal workshops for noncustodial parents are held quarterly with speakers from the legal profession and Denver and Douglas County's child support enforcement group.

Special Needs Dadvocate

<http://site.sndadvocate.org/>

Program focuses on serving fathers with special needs children.

Parenting Classes/Counseling

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

Family therapy and educational classes on health family functioning.

303-797-9420

303-688-6276

303-805-4312

Briggs, Jana, MA, NCC, LPC

303-495-0317

www.janabriggs.com

5777 S. Rapp St., Suite 204, Littleton, CO 80120

Play therapy; anger management; grief/loss recovery; parenting counseling;

couples therapy; relationship enhancement.

Does not accept insurance.

Children's Hospital Colorado Parent Advice Online

720-777-1234

http://www.childrenscolorado.org/wellness/advice_line/index.aspx

Sometimes you need a quick tip, a new idea, and another approach to help get past the bumps, bruises and fusses so you can get back to laughing, growing, learning and living.

Children's Hospital Colorado's Parent Advice Online provides you with the quick tips for over 275 topics related to the health of your infant, child or teenager.

Child Find

720-433-0020

<https://www.dcsdk12.org/childfind/>

Douglas County School District

3950 Trail Boss Lane, Castle Rock, CO 80104

Child Find is one of the primary public providers for developmental screening, assessment, and referral for children who have or are suspected of having developmental delays; from birth to 21 years of age.

Colorado Family Education Resources & Training

Partners in Parenting (PIP) Colorado State University

970-491-2101

<http://www.coopext.colostate.edu/cfert/contact.shtml>

Resources for parents including a free newsletter.

Counseling Solutions (John Eckenwiler, LMFT)

303-267-2282

www.therapyhelpnow.com

12900 Stroh Ranch Place, Suite 200, Parker, CO 80134

9220 Teddy Lane, Suite 1100, Lone Tree, CO 80124

Some insurances, private pay; might slide fees.

Conflict Center

303-433-4983

<http://www.conflictcenter.org/>

4140 Tejon Street, Denver, CO 80211

Family mediation; anger/conflict management; Latino parenting issues; GLBTQ partner classes.

Douglas County Early Childhood Council (DCECC)

720-560-7300

www.dcearlychildhood.org

3950 Trail Boss Ln., Castle Rock, CO 80104

Early childhood Council for Douglas County working to build community awareness of and connections to early childhood services.

Douglas County Human Services

303-688-4825

<http://www.douglas.co.us/humanservices/>

4400 Castleton Court, Castle Rock, CO 80109

Family Preservation intensive therapy; Youth In Conflict intake.

Douglas County WrapAround

303-663-6233

<http://www.douglas.co.us/>

Problem-solving process that is based on natural supports, strengths & interests of the family; family voice & choice, permanent results, whole-family approach that includes kids, parents and extended family.

Douglas County Youth Initiative

303-688-4825

<http://www.douglas.co.us/>

4400 Castleton Court, Castle Rock, CO 80109

Service access assistance; consultation; referrals; WrapAround.

Families First

Family Support Line: 303-695-7996

Statewide Toll-Free: 1-877-695-7996

Consejos Para Familias 1-866-527-3264

www.familiesfirstcolorado.org

Parenting classes; Circle of Parents support groups; Parenting Tools for Dad, Grandparents; emphasis on family strengths and positive approaches to discipline

Family Works, Inc.

1-866-234-9473

www.familyworksinc.com

Computer-based parenting program; parenting classes on CD-ROM.

Fire Mountain

303-443-3343

www.firemountainprograms.com

5745 Olde Stage Rd., Boulder, CO 80302

Teen drug & alcohol prevention, interruption & intervention services. Teen empowerment camps+, coaching, life mastery course, ultimate family training.

Foundations Family Counseling

303-393-0085

www.foundationsfamilycounseling.com

789 Sherman St. Suite 440, Denver, CO 80203 Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of mental health.

Instructional ABA Consultants

331-229-8839, ext 1

<http://www.instructional-aba.com/index.html>

312 Wilcox St., Castle Rock, CO 80104

In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.

Accepts the following insurances : private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Integrative Therapy Solutions

720-285-6438

<http://integrativetherapysolutions.org>

Serving Aurora, Denver & south metro area

Children, teens, adults, couples, families; specialties include marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women's issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development. Will slide fees; no insurance.

Jewish Family Services

303-597-5000

www.jewishfamilyservice.org

3201 S. Tamarac Dr., Denver, CO 80231

Senior services include: assisted living, meal delivery. Food pantry, resettlement department for immigrants, group home, vocational training and employment assistants.

Knippenberg, Patterson, Bordelon & Associates

www.craigknippenberg.com

2833 S. Colorado Blvd. Denver, CO 80222

Individual, family and group counseling services as well as parenting classes. Specialty in child & adolescent neurobehavioral disorders.

Does not accept insurance.

Legacy Comprehensive Counseling & Consulting

303-841-4005

www.legacyparker.com

19751 E. Mainstreet, Suite 215., Parker, CO 80138

Individual and group counseling for individuals, children and families.

Specializing in social skills, adjusting to divorce, parenting skills & classes, anger management, mental illness, stress, attachment issues, testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management, supervised parenting, child/family investigations.

Accepts insurance and will slide fees.

Life Support Behavioral Institute

888-516-5995

<http://www.lifesupportinstitute.com/>

7853 E. Arapahoe Ct., Suite 3550, Centennial, CO 80112

Most insurance accepted.

Littleton Adventist Hospital, Parenting Classes

303-730-8900

<http://www.mylittletonhospital.org/>

7700 S. Broadway Littleton, CO 80122

Lone Tree Family Counseling (Jennifer Anderson, LMFT)

720-227-4870

1047 park Meadows Dr. Ste 600, , Lone Tree, Colorado 80124

Love and Logic Institute

303-278-7552

www.loveandlogic.com

2207 Jackson St. Suite102, Golden, CO 80401

Counseling for attachment disorder, parenting, marriage; emphasis on logical consequences and personal responsibility; educational discipline.

National Alliance on Mental Illness (NAMI)

303-991-7688

www.namiadco.org

Serving Arapahoe & Douglas Counties

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.

National Alliance on Mental Illness (Statewide)

303-321-3104

www.namicolorado.org

1100 Fillmore St. Denver, CO 80206

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.

National Institute for Change

303-231-0090

<http://www.nichange.com/>

Offices in Lakewood, Lone Tree, Golden, Aurora

Groups, individuals. Parenting classes. Sliding scale fee.

Parents Encouraging Parents

303-866-6694

http://www.cde.state.co.us/cdesped/PEP_FAQsaboutPEP.asp

1560 Broadway, Suite 1175, Denver, CO 80202

Support group for parents of children with disabilities.

Parent to Parent of Colorado

877-472-7201

www.p2p-co.org

801 Yosemite St, Denver, CO 80230

Support and advocacy network for families of those with special healthcare needs or disabilities.

Peak Parenting

1-800-284-0251

<http://www.peakparent.org/>

611 North Weber, Suite 200, Colorado Springs, CO 80903

The mission of PEAK Parent Center is to provide training, information and technical assistance to equip families of children birth through twenty-six including all disability conditions with strategies to advocate successfully for their children.

People House

303-480-5130

<http://peoplehouse.org>

3035 W. 25th Ave., Denver, CO 80211

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00;

All ages, all issues. People House also offers workshops & classes & activities.

Proactive Counseling Services

303-917-6211

<http://www.proactivecounselingservice.com/>

1745 Shea Center Dr., Highlands Ranch, CO 80126

Individuals, couples; multiple approaches dealing with multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss.

Resolution Works

720-629-7028

www.yourresolutions.org

820 S. Monaco Parkway, Suite 255, Denver, CO 80224

Victim/Offender Mediation, Parent/Teen Mediation, Rethinking Drinking, Restorative Justice program (MIP-Alcohol diversion), Community Mediation, Public Dialogue, High-Risk Victim/Offender Dialogue.

Running Creek Counseling Services, Inc.

303-805-1218 ext. 102

<http://www.rccounseling.com/>

18425 Pony Express Drive, Suite 203, Parker, CO 80134

Anger management counseling (adults only at present).

Accepts most private insurance including: CIGNAS, Aetna, Humana and Golden Rail. Accepts Medicaid.

Schaffer, Stacy, MA, LPC

602-885-5485

www.stacyschaffer.com

5460 Ward Rd., Arvada, CO 80004

Specializing in Grief, Children and Adolescents in the Denver.

Accepts and is in-network provider for Blue Cross/Blue Shield and Humana. Also provider for Second Wind Fund of Mero Denver and Mines and Associates.

Smith, Jenna K., MSW

303-951-4832 <http://jennasmiththerapy.com/>

email: jenna@jennasmiththerapy.com

5347 S. Valentia Way, Suite 120, Greenwood Village, CO 80111

Specializing in working with elementary-age children & their families; divorce, grief & loss, anxiety, ADHD, parenting.

South Denver Psychotherapy

303-730-1144

<http://www.southdenverpsychotherapy.com/>

2305 E. Arapahoe Rd., , Centennial, CO 80122

Southeast Psychotherapy Associates, PLLC

303-694-1795

www.sepsychotherapy.com

6081 S. Quebec St., Suite 103, Englewood, CO 80111

Marriage & family therapy

The Child and Adolescent Behavioral Supports, LLC

303-660-5397

<http://www.cabsupports.com/>

Littleton Office :

609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120

Denver Office :

1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups.

Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

The Crisis Center

Main Office: 303-688-1094

Hotline: 303-688-8484

<http://www.twcfoc.org/>

Specialized parenting approach for children who are exhibiting challenging, troubling behaviors.

The Redimere Group Center for Counseling and Leadership

Development (Sawyer, Chip, M.A., L.P.C., Life & Parent Coach)
303-713-1001
www.redimere.com
5690 DTC Blvd., Suite 120W, Greenwood Village, CO 80111

Tennyson Center (CO Christian Home)

303-433-2541
www.tennysoncenter.org
2950 Tennyson St., Denver, CO 80212
Parent training and support.

Uhernik, Julie, LPC, RN

303-918-1775
www.julieuhernik.com
19557 East Mainstreet, Suite 203, Parker, CO 80138
Parenting, step-parenting, and mother-daughter issues.
Accepts most private insurance and several employee assistance programs. Has not accepted Medicaid but that may change.

Worthing Carol Ann, PhD

303-663-5846
www.individualandfamilypsychotherapy.com
240 Wilcox St., Castle Rock, CO 80104
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Parenting Hotlines

Families First

Family Support Line: 303-695-7996
Statewide Toll-Free: 1-877-695-7996
Consejos Para Familias 1-866-527-3264
www.familiesfirstcolorado.org
Support, information and community referral on parenting and child development issues; resources for parents and primary caregivers via confidential phone consultations.

National Runaway Switchboard

1-800-RUNAWAY
1-800-786-2929
<http://www.1800runaway.org/>
Hotline providing crisis counseling and resources.

Supervised Visitation Resources

Advocates for Children (Douglas County CASA)

303-695-1882
www.adv4children.org
10855 E. Bethany Dr., Suite 200, Aurora, CO 80014
Court advocate services for abused/neglected children within the 18th Judicial District (local CASA office).

Family Tree

303-422-2133

<http://www.thefamilytree.org/>

3805 Marshall St., Wheat Ridge, CO 80033

Motel vouchers (mostly in Jeff Co) during cold weather conditions; case management, referrals, food, hygiene supplies. Stays of 1 - 3 days.

Legacy Comprehensive Counseling & Consulting

303-841-4005

www.legacyparker.com

19751 E. Mainstreet, Suite 215., Parker, CO 80138

Therapeutic supervised parenting, child/family investigations. Accepts insurance and will slide fees.

Supervised Visitation Network (CO)

<http://www.svnetwork.net/chapterpage.asp?chapid=5>

Online directory of providers.

SuperVision Parenting

720-297-1727

www.supervisionparenting.com

P.O. Box 260036, Lakewood, CO 80226

Therapeutic parenting supervision.

PREGNANCY – Teens / Parenting

Alternatives Pregnancy Center

303-295-2288

www.youhavealternatives.org

See website for multiple locations

Counseling and alternatives for pregnant women of all ages; pre- and post-natal support; healthcare referrals; free pregnancy testing.

Metro Community Provider Network

303-360-6276

www.mcpn.com

Locations throughout the metro area

Teen pregnancy wellness and prevention services

Planned Parenthood

303-798-0963

<http://www.plannedparenthood.org/health-center/centerDetails.asp?f=2485&a=90210&v=details>

131 W. County Line Rd., Littleton, CO 80129

Well-woman exams; family planning information.

Tri-County Health Department

303-663-7650

www.tchd.org

4400 Castleton Court, Castle Rock, CO 80109

Health Care Program for Children with Special Needs:

303-761-1340

www.tchd.org/hcp.htm

Vital Statistics:

303-220-9200

WIC Supplemental Nutrition, Pregnancy testing; nursing division; nutrition; environmental health.

WINGS Teen Parenting Program (DCSD)

303-387-0703

<http://www.wingsteenparentprogram.com/about-wings/>

2842 Front Street, Castle Rock, CO 80104

Douglas County School District program offering information on teen mother health & prenatal care.

PSYCHIATRISTS

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

303-797-9420

303-688-6276

303-805-4312

Krafchick, Dana ., M.D

303-799-4110

<http://danakrafchickmd.com/>

7310 E. Arapahoe Rd., Suite 200, Centennial, CO 80112

Psychiatrist – therapy and medication; families and adolescents.

Accepts Blue Cross/Blue Shield and Tri-Care.

RECREATION / SPORTS

Clubs

4-H Clubs

720-733-6940

<http://www.extension.colostate.edu/douglas/4h/4h.shtml>

410 Fairgrounds Rd., Castle Rock, CO 80104

Positive youth development programming for ages 8-18; special programs for ages 5-7; clubs/activities that focus on learning by doing & life skills; leadership programming; mentoring; volunteer opps for youth & adults; camps; conferences.

Boy Scouts of America Denver Area Council

303-455-5522

<http://www.scouting.org/LocalCouncilLocator.aspx>

10455 W. 6th Ave, Suite 100, Denver CO 80215

Girl Scouts Mile Hi Council

855-726-4726

www.girlscoutsofcolorado.org

400 S. Broadway, Denver, CO 80209

Various troops linked to Douglas County public schools.

Y Adventure Princesses for Fathers and Daughters

303-797-9622

<http://www.adventureguidesandprincesses.com/>

11 West Dry Creek Court, Littleton, CO 80120

Father/daughter (5-12 y/o) group building relationships through fun & exciting activities, crafts, community service, and other structured events.

Martial Arts

Centennial Taekwondo-Do School

303-814-0152

<http://www.youngchampionsmartialarts.org/index.html>

6920 S. Jordan Road, Unit D, Centennial, CO 80112

Character development and protective factor support, taught through martial arts; college scholarship foundation.

Karate for Kids

303-841-2145

www.karate4kids.com

10453 S. Parker Rd., Parker, CO 80134

Karate instruction for ages 3 through adult; self-defense courses for teens and adults.

Martial Arts in Castle Rock, CO

303-814-9300

<http://martialartscastlerock.com/>

29 Barranca Drive Castle Rock, CO 80104

Our focus is on physical fitness, character development and self defense – rather than fighting.

Our overarching goal is in building our student's self-esteem.

Parker Academy of Martial Arts

303-841-0515

www.kicksrus.com

18632 Pony Express Dr., Suite103, Parker, CO 80134

Diversified martial arts instruction emphasizing fitness, fun, and character.

Premier Martial Arts

303-565-7155

<http://www.premiermartialarts.com/>

6200 South Gunclub Rd., Aurora, CO 80016

Premier Martial Arts incorporates a combination of techniques found in four effective disciplines; Krav Maga, Kickboxing, Submission Grappling, and Kali.

Universal Kempo Karate

www.kempocolorado.com

See website for locations.

Martial arts instruction focused on physical conditioning and character development; 3-adult.

U.S. Tae Kwon Do Center

303-690-8000

<http://www.ustaekwondocenters.com/>

4343 S. Buckely Road, Aurora, CO 80015

Teaching respect, confidence, self-discipline, courtesy, perseverance, self-esteem, and safety.

Outdoor Adventure

Audubon Society of Greater Denver

303-973-9530

www.denveraudubon.com

9308 South Wadsworth Blvd., Littleton, Colorado 80128

Discover, learn and take action! The Audubon Nature Center offers year-round classes including Little Fledglings (3-6 y/o fun outdoor education to develop science and academic skills), the Bluebird Project, Walk the Wetlands, and much more.

Highlands Ranch Metro District

303-791-2710

www.highlandsranch.org

3280 Redstone Park Circle, Highlands Ranch, CO 80129

Hunter safety courses; guided bird walks; map & compass workshops; many other nature-oriented programs offered outdoors & indoors.

Women's Wilderness Institute

303-938-9191

www.womenswilderness.org

1501 Lee Hill Drive, Unit 16 Boulder, CO 80304

Adventure programs for women and girls.

Recreation Centers

Castle Rock YMCA

720-733-2778

<http://www.denverymca.org/locations/LocationView.aspx?LocationID=13>

4501 Enderud Blvd., Castle Rock, Colorado 80104

City of Lone Tree Recreation Center

303-708-3500

<http://www.cityoflonetree.com/index.aspx?nid=264>

10249 RidgeGate Circle, Lone Tree, CO 80124

Aquatics, indoor running track, racquetball courts, full-size gym, cardio and weightlifting programs.

Highlands Ranch Community Association

303-791-2500

www.hrcaonline.org

9650 Foothills Canyon Blvd, Highlands Ranch, CO 80129

Seasonal team and individual sports including basketball, soccer, aquatics, SCUBA diving, self- defense, adaptive recreation, tae kwon do.

Littleton YMCA

303-797-9622

<http://www.adventureguidesandprincesses.com/>

11 West Dry Creek Court, Littleton, CO 80120

Safe Splash Swim School

303-799-1885

www.safesplash.com

12240 Lioness Way Parker, CO 80134

Specializes in teaching swimming to children ranging in age from infants (6 months) and up. Tuition for standard monthly classes is billed monthly with no registration fee.

South Suburban Parks & Recreation

303-708-3500

www.ssprd.org

10249 Ridgeway Cir., Lone Tree, CO 80124

Rec & Rock program for 10 – 14 years olds on the 1st & 3rd Saturday of each month (contests, hang-out rec activities, and more); fitness; swimming; batting cages; VolunTeen program; Teen Skate.

Town of Castle Rock, Parks and Recreation Dept.

303-660-1036

www.crgov.com

2301 N. Woodlands Blvd., Castle Rock, CO 80104

Child, Youth and Adult team and individual athletics; arts & crafts; fitness & wellness; dance; outdoor adventure; adaptive recreation opportunities.

Town of Parker, Recreation Deptment

303-841-4500

www.parkerrec.com

17301 Lincoln Ave., Parker, CO 80134

Child, Youth and Adult team and individual athletics; arts & crafts; fitness & wellness; dance; outdoor adventure.

Skateboarding

Castle Rock SkatePark

303-660-1036

<http://www.crgov.com/Facilities.aspx?Page=detail&RID=29>

Metzler Ranch Community Park

4175 Trail Boss Road, Castle Rock, CO 80104

Three skateable zones, including a street area, a variable-depth bowl, and a beginner area; ramps, steps, rails, lighting.

Highlands Ranch Metro District

303-791-2710

www.highlandsranch.org

3280 Redstone Park Circle, Highlands Ranch, CO 80129

Redstone has a beginners' bowl, street skating, and a snake run with 8' vert bowl; Tanks offers a fun box, wedge, and 2 quarter pipes. Classes and competitions.

Parker SkatePark at Challenger Regional Park

303-841-4500

17301 Lincoln Ave., Parker, CO 80134

Sports

Bicycle Douglas County

www.bicycledouglascounty.org

Advocacy group providing education and awareness for safe cycling.

Black Kettle Ranch

303-274-0224

www.blackkettleranch.com

11413 E. Hilltop Rd, Parker CO 80104

Riding lessons, clinics, boarding and breeding.

Douglas County School District – Athletics

303-387-0100

<https://www.dcsdk12.org/>

620 Wilcox Street, Castle Rock, CO 80104

Many middle school and high school individual and team sports, including track/field, basketball, football, cheerleading, lacrosse & more

Encore Gymnastics Academy

303-791-8178

www.egacademy.com

8160 Blakeland Dr., Unit D, Littleton, CO 80125

Classes, open gym, birthday parties; 18 months and up, adult fitness.

Highlands Ranch Metro District

303-791-2710

www.highlandsranch.org

3280 Redstone Park Circle, Highlands Ranch, CO 80129

Organized sports such as baseball, girls' fastpitch softball, lacrosse, flag football; sports camps; outdoor education & activities for all ages.

Highlands Ranch Soccer Association (HRSA)

303-797-2570

www.hatrix.org

6557 S. Acoma St., Littleton, CO 80120

Coaching and instruction by highly experienced USSF licensed soccer. Professionals; teams assigned by age, preschool through 6th grade.

House of Speed

303-946-4364

www.houseofspeed.com

8034 Midway Drive, Littleton, CO 80125

Building character through sports." Intensively coached sports camps and clinics for ages 8 and older. Program works on character & sportsmanship at the same time as fitness and speed for excellence in life and sports.

JungleQuest

303-738-9844

www.junglequest.net

8000 S. Lincoln St., Suite 10, Littleton, CO 80122

Outdoor sports; rock climbing; ropes course; summer and winter indoor day camps for youth ages 5-14; special events.

Kids & Horses

720-300-0109

<http://www.kidsandhorses.net/contact.html>

Instruction in riding, basic horse care, shoeing, etc.

Littleton Youth Hockey Association

www.littletonhockey.org

Games: South Suburban Arena, 6580 S. Vine

Parker Youth Sports, Inc.

303-840-2255

www.parkeryouthsports.com

Competitive and recreational programs for basketball, baseball, football, softball, cheerleading, lacrosse, and volleyball.

Ready Set Cheer

720-982-9576

www.readysetcheer.com

500 Fairgrounds Dr., Castle Rock, CO 80104

Cheerleading, pom-pom, tumbling, & hip-hop for all ages.

Real Colorado Soccer

303-694-6882

www.realcolorado.net

8200 S. Akron St., Suite122, Centennial, CO 80112

Soccer camps, instruction, and teams (both competitive and recreational) for children and adults. Serving all Douglas County communities.

Safe Splash Swim School

303-799-1885

www.safesplash.com

12240 Lioness Way Parker, CO 80134

Specializes in teaching swimming to children ranging in age from infants (6 months) and up.

Tuition for standard monthly classes is billed monthly with no registration fee.

Warriors Youth Sports

720-344-0616

www.warriorsyouthsports.com

2235 Thistle Ridge Circle, Highlands Ranch, Colorado 80126-2635

Non-profit program offering team for youth in northern Douglas County.

REFUGEE/IMMIGRATION SERVICES

Asian Pacific Development Center

www.apdc.org

1544 Elmire St., Aurora, CO 80010

1825 York St., Denver, CO 80206

1551 S. Monroe St., Denver, CO 80210

303-365-2959

303-393-0304

720-424-0694

Provides a variety of human services to the Asian/Pacific population in Colorado. They can assist with immigration issues (visas, removal issues, etc)

Colorado Refugee Services Program

303-863-8211

<http://www.colorado.gov/cs/Satellite/CDHS-SelfSuff/CBON/1251580884704>

1120 Lincoln Street, Suite 1007, Denver, Colorado 80203

Employment; case management; supportive Social Services; transitional cash assistance; medical assistance; education and training; community education; community development; services coordination & referral.

Denver Indian Center

303-936-2688

www.denverindiancenter.org

4407 Morrison Road, Denver, CO 80219

Emergency referrals and food bank assistance, youth programs, Native Workforce Program and free computer classes. All services are designed for American Indians individuals and their families.

EI Centro Humanitario

303-292-4115

<http://www.centrohumanitario.org>

2260 California Street, Denver CO 80205

Laborer organization, organized to defend the human rights of day laborers specifically immigrants. Offer employment, women's, legal, educational, finance, community organizing and public advocacy programs for day laborers.

Jewish Family Services

303-597-5000

www.jewishfamilyservice.org

3201 S. Tamarac Dr., Denver, CO 80231

Senior services include: assisted living, meal delivery. Food pantry, resettlement department for immigrants, group home, vocational training and employment assistants.

Littleton Immigrant Integration Initiative

<http://www.connectingimmigrants.org/>

PO Box 401, Littleton, CO 80160

The Littleton Immigrant Integration Initiative was formed to raise funds to support programs that assist documented immigrants and refugees in Greater Littleton, Colorado.

Mexican Consulate

303-311-1110

http://embassy-finder.com/mexico_in_denver_usa

5350 Leetsdale Dr., Suite 100, Denver, CO 80246

Passports, military cards, documentation services, notary public, free legal aid in immigration, civil and employment law, information and referrals about services and cultural events in the community.

St. Francis of Assisi Roman Catholic Church

303-688-3025 ext. 100

<http://www.stfranciscr.org/esl>

2746 Fifth St., Castle Rock, CO 80104

Interpretation services, resource coordination for latino individuals who are here with or without documentation.

SENIOR SERVICES

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

Senior Peer Specialists & support groups

303-797-9420

303-688-6276

303-805-4312

Association for Senior Citizens

303-455-9642

2839 W. 44th Ave., Denver, CO 80211

Utility assistance & other services for metro-area seniors (55+).

Castle Country Assisted Living

303-688-5365

<http://www.castlecountryassistedliving.org/>

Cantril House

221 Cantril St., Castle Rock, CO 80104

Valley House

303-814-0665

255 S. Valley Dr., Castle Rock, CO 80104

Victorian House

303-805-0631

19600 Victorian Drive, Parker, CO 80134

Compassionate care & supportive communities for seniors; assisted living

Castle Rock Senior Center:

303-688-9498

<http://castlerockseniorcenter.org/services.html>

2323 Woodlands Blvd., Castle Rock, CO 80104

Douglas County Human Services

303-688-4825

<http://www.douglas.co.us/humanservices/>

4400 Castleton Court, Castle Rock, CO 80109

Adult Protection Services

303-663-6270

<http://www.douglas.co.us/humanservices/adult/index.html>

Senior Outreach Services

303-660-7519

<http://www.crgov.com/index.aspx?NID=684>

Legal Center for People with Disabilities & Older People

303-722-0300

TLC Meals on Wheels

303-798-7642

<http://tlcmealsonwheels.org/>

7300 S. Clermont Drive, Centennial, CO 80122

TLC Meals on Wheels enriches the lives of seniors and others by providing nutritious meals and services that promote dignity, well-being, and independence. We drive away hunger from the home bound of South Metro Denver.

To The Rescue

720-851-2100

<http://totherescue.net>

17011 Lincoln Ave., Suite 562, Parker, CO 80134

Wide variety of services to help folks with physical health issues, disabilities and mental health issues stay in their own homes. Services tailored to the needs of the individual and may include respite, house cleaning, meals, assessments, in-home medical care, yard care, etc.

SPECIAL NEEDS

ADHD

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

303-797-9420

303-688-6276

303-805-4312

Blue Horizon Therapy

303-886-9921

<http://bluehorizontherapy.com/>

Also On FaceBook

9340 Commerce Center St., Highlands Ranch, CO 80129

Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

Compass Educational Services

303-888-9675

www.compasstutoring.com

Strategies to help students flourish, including: tutoring, how to deal with learning Difficulties, organization & time management skills, management of behavior conflicts At school and home, transitioning to high school, addressing all education gaps.

Counseling Place at Lone Tree (Sarah James, LCSW, CACII)

303-241-0421

<http://www.counselinglonetree.com/>

9224 Teddy Lane, Suite 103, Lone Tree, CO 80124

482 Happy Canyon Road, Castle Pines, CO 80104

Accept most insurances and will slide fees.

Developmental Disability Consultants, PC

303-337-2210

www.ddconsultants.org

1211 S. Parker Rd., Suite 200 Denver, CO 80231

Offering a wide range of direct and consultative services to children and adults with disabilities, their families, teachers and service providers.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)

720-244-0899

www.pikespeakcounseling.com

12900 Stroh Ranch Way, Suite 220, Parker, CO 80134

ADHD ; social skills groups; bullying prevention; former school counselor.

Does not accept insurance; sliding scale available.

Prescription for Success

303-993-4648

www.prescriptionforsuccess.net

Home-schooling services; assessment; tutoring; learning jump-starts; Specializing in ADHD/ADD, learning disabilities, and dyslexia.

Schaffer, Stacy, MA, LPC

602-885-5485

www.stacyschaffer.com

5460 Ward Rd., Arvada, CO 80004

Specializing in Grief, Children and Adolescents in the Denver.

Accepts and is in-network provider for Blue Cross/Blue Shield and Humana. Also provider Second Wind Fund of Metro Denver and Mines and Associates.

Smith, Jenna K., MSW

303-951-4832

<http://jennasmiththerapy.com/>

email: jenna@jennasmiththerapy.com

5347 S. Valentia Way, Suite 120, Greenwood Village, CO 80111

Specializing in working with elementary-age children & their families; divorce, grief & loss, anxiety, ADHD, parenting.

Southeast Psychotherapy Associates, PLLC

303-694-1795

www.sepsychotherapy.com

6081 S. Quebec St., Suite 103, Englewood, CO 80111

Marriage & family therapy; addictions; bipolar & other depressive disorders; educational & intellectual assessment; ADHD.

Worthing Carol Ann, PhD

240 Wilcox St., Castle Rock, CO 80104

Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Advocacy / Support

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

303-797-9420

303-688-6276

303-805-4312

Compass Educational Services

303-888-9675

www.compasstutoring.com

Strategies to help students flourish, including: tutoring, how to deal with learning Difficulties, organization & time management skills, management of behavior conflicts At school and home, transitioning to high school, addressing all education gaps.

Council of Parent Attorneys & Advocates

410-372-0208

www.copaa.net

P.O. Box 6767, Towson, MD 21285

Support for parents of children with disabilities; national advocacy organization. Please refer to website for listing of Colorado Attorneys/Advocates.

Easter Seals Colorado

303-233-1666

http://co.easterseals.com/site/PageServer?pagename=CODR_Rocky_Mountain_Village

5755 West Alameda Avenue, Lakewood, CO 80226

Children and adults with disabilities and other special needs find exceptional services designed to meet their individual needs.

Family Advocacy, Care, Education, Support (FACES)

720-570-9333

www.facesonline.org

1325 S. Colorado Blvd., Suite B-509, Denver, CO 80222

Services to prevent child abuse & family violence, for families with children from 0-12 dealing with developmental delays, physical disability, mental illness or substance abuse issues. Home visitation program, therapeutic counseling, parent education, advocacy & support.

Family Voices of Colorado

800-881-8272

303-733-3000

www.familyvoicesco.org

13199 E. Montview Blvd., Suite 200, Aurora, CO 80045

Family Voices helps to move parents beyond the isolation, grief and panic they feel when learning their child is disabled and has special healthcare needs and puts those parents back in control of their lives and their children's welfare. Through working with Family Voices, **parents are supported and empowered**, resulting in stronger families and an increased ability to advocate effectively on behalf of their children.

Integrated Wealth Strategies (Steve Owens, PC, JD)

720-529-9800

www.mydenverlawyer.com

6041 S. Syracuse Way, Suite 103, Greenwood Village, CO 80111

Some loved ones – for reasons of disability, limited ability or emotional difficulty – will always need some assistance with the challenges of daily life. Our approach to estate planning is unique: we help you create a true Legacy Plan for your loved ones.

Law Offices of Louise Bouzari, LLC

303-228-1616

<http://bouzarilaw.com/>

7887 E. Belleview, Suite 1100, Englewood, CO 80111

Our Kids

<http://www.our-kids.org/>

Provides information and support for children and parents.

Parents Encouraging Parents

303-866-6694

http://www.cde.state.co.us/cdesped/PEP_FAQsaboutPEP.asp

1560 Broadway, Suite 1175, Denver, CO 80202

Support group for parents of children with disabilities.

Peak Parenting

1-800-284-0251

<http://www.peakparent.org/>

611 North Weber, Suite 200, Colorado Springs, CO 80903

The mission of PEAK Parent Center is to provide training, information and technical assistance to equip families of children birth through twenty-six including all disability conditions with strategies to advocate successfully for their children.

Sandstone Care

720-307-3970

www.sandstonecare.com

2100 S. Cherry St., #204, Denver, CO 80222

Provides substance abuse and co-occurring mental health treatment services for teens and young adults. Includes after school teen program that incorporates individual and group therapy, family counseling, visits with our MD psychiatrist, and academic and vocation support. Accepts these insurances : Value Options, United Health Care, Cigna, Aetna, Humana, Mines and Assoc, Rocky Mountain Health Plans, United Behavioral Health, and Blue Cross/Blue Shield.

Supplemental Security Insurance:

Colorado Dept. of Human Services / Mental Health

303-866-7400

<http://www.colorado.gov/cs/Satellite/CDHS-BehavioralHealth/CBON/1251581526512>

Social Security Administration

800-772-1213

<http://www.ssa.gov/pgm/services.htm>

Spina Bifida Association of Colorado

303-797-7870

<http://www.coloradospinabifida.org/index.html>

P.O. Box 22994, Denver, CO 80222

Support groups; news letters; information.

The Federation of Families for Children's Mental Health Colorado

720-855-3493

877-792-8886

www.coloradofederation.org

2950 Tennyson St., Denver, CO 80212

Advocacy and support for parents of children with a diagnosed mental illness; support in IEP process.

YouthNet

<http://www.youth.net/>

Searchable database of statewide youth services, particularly designed for youth with special needs who are transitioning to adulthood.

After-School / Enrichment

Blue Horizon Therapy

303-886-9921

<http://bluehorizontherapy.com/>

Also On FaceBook

9340 Commerce Center St., Highlands Ranch, CO 80129

Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

Compass Educational Services

303-888-9675

www.compasstutoring.com

Strategies to help students flourish, including: tutoring, how to deal with learning Difficulties, organization & time management skills, management of behavior conflicts At school and home, transitioning to high school, addressing all education gaps.

Firefly Autism

303-759-1192

<http://www.fireflyautism.org/>

2695 S. Jersey St., Denver, CO 80222

Serving children ages 18 months to 18 years old; assessment; social skill development; individual and group intervention; in-home assessment and coaching; school consultations; speech and occupational therapy; day treatment; therapeutic recreation; parent support and training.

Autism / Asperger's Syndrome

Autism Home Support Services

<http://www.autismhomesupport.com/>

Denver

Provides In-Home ABA Therapy to kids on the Autism Spectrum.

Accepts these insurances : Blue Cross/Blue Shield/Anthem, United Behavioral Health, Kaiser Permanente, Cigna, and Magellan. People are encouraged to still call even if their insurance is not listed. Will see if they can do a Single Case Agreement where you could get an in-network benefit.

Does not accept Medicaid.

Autism Society of America

1-800-328-8476

<http://www.autism-society.org/>

4340 East-West Hwy., Suite 350, Bethesda, MD 20814

Advocacy for individuals with autism and their families.

Autism Society of Colorado

720-214-0794

<http://www.autismcolorado.org/>

550 S. Wadsworth Blvd., Suite 100, Lakewood, CO 80226

Advocacy for individuals with autism and their families.

Behavioral Growing Tree

866-300-0822

www.behavioralgrowingtree.com

In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children Identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations.
Insurance accepted.

Blue Horizon Therapy

303-886-9921

<http://bluehorizontherapy.com/>

Also On FaceBook

9340 Commerce Center St., Highlands Ranch, CO 80129

Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring.
Hours include after-school and Saturdays.

Child Find

720-433-0020

<https://www.dcsdk12.org/childfind/>

Douglas County School District

3950 Trail Boss Lane, Castle Rock, CO 80104

Child Find is one of the primary public providers for developmental screening, assessment, and referral for children who have or are suspected of having developmental delays; from birth to 21 years of age.

Children's Hospital

303-777-1234

<http://www.childrenscolorado.org/conditions/behavior/index.aspx>

Child Development Unit @ Children's Hospital

13123 E. 16th Ave., Aurora, CO 80045

Diagnostic & treatment services for children with developmental delays, learning disabilities or behavioral problems. Comprehensive evaluations; specialized experience in working with children with Down Syndrome, Fragile X, autism, etc.

Connect Us

303-773-3960

www.connectus-now.com

6940 S. Holly Circle, Suite 230, Centennial, CO 80112

Social skill-building with children who are neuro-typical and those with Asperger's Syndrome and Autism. School-readiness groups. After-school enrichment groups, playgroups, socialization groups.

Developmental Disability Consultants, PC

303-337-2210

www.ddconsultants.org

1211 S. Parker Rd., Denver, CO 80231

Offering a wide range of direct and consultative services to children and adults with disabilities, their families, teachers and service providers.

Firefly Autism

303-759-1192

<http://www.fireflyautism.org/>

2695 S. Jersey St., Denver, CO 80222

Serving children ages 18 months to 18 years old; assessment; social skill development; individual and group intervention; in-home assessment and coaching; school consultations; speech and occupational therapy; day treatment; therapeutic recreation; parent support and training.

Instructional ABA Consultants

331-229-8839, ext 1

<http://www.instructional-aba.com/index.html>

312 Wilcox St., Castle Rock, CO 80104

In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.

Accepts the following insurances : private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

JFK Partners

303-724-5266

<http://jfkpartners.org/default.asp?page=64>

13121 E. 17th Ave., Unit C234, Aurora, CO 80045

JFK Partners has collaborative relationships with numerous organizations that are a part of Colorado's developmental disability and special health care needs communities.

Life Support Behavioral Institute

888-516-5995

<http://www.lifesupportinstitute.com/>

7853 E. Arapahoe Ct., Suite 3550, Centennial, CO 80112

Most insurance accepted.

Daycare – Specialized

Developmental Pathways, Inc.

303-360-6600

www.developmentalpathways.org

325 Inverness Drive South, Englewood, CO 80112

Wide range of agency & individual respite providers.

Instructional ABA Consultants

331-229-8839, ext 1

<http://www.instructional-aba.com/index.html>

312 Wilcox St., Castle Rock, CO 80104

In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.

Accepts the following insurances : private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Take-A-Break

303-665-9741

<http://www.takeabreakchildren.com/>

408 W. Baseline Rd., Lafayette, CO 80026

Take-A-Break is a service designed to alleviate child care stress on children, families, employers, and child care providers. We are dedicated to the healthy growth and development of all children, and we have served Colorado since 1983. We believe that having trained, quality individuals working with the children is the key to child care success.

To The Rescue

720-851-2100

<http://totherescue.net>

17011 Lincoln Ave., Suite 562, Parker, CO 80134

Wide variety of services to help folks with physical health issues, disabilities and mental health issues stay in their own homes. Services tailored to the needs of the individual and may include respite, house cleaning, meals, assessments, in-home medical care, yard care, etc.

Qualistar Colorado - Child Care Resource & Referral Agencies

303-339-6800

<https://www.qualistar.org/ccrr.html>

3607 Martin Luther King Blvd., Denver, CO 80205

Developmental Disability Advocacy / Support

Behavioral Growing Tree

866-300-0822

www.behavioralgrowingtree.com

In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children Identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations.

Insurance accepted.

Blue Horizon Therapy

303-886-9921

<http://bluehorizontherapy.com/>

Also On FaceBook

9340 Commerce Center St., Highlands Ranch, CO 80129

Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring.

Hours include after-school and Saturdays.

Child Find

720-433-0020

<https://www.dcsdk12.org/childfind/>

Douglas County School District

3950 Trail Boss Lane, Castle Rock, CO 80104

Child Find is one of the primary public providers for developmental screening, assessment, and referral for children who have or are suspected of having developmental delays; from birth to 21 years of age.

Council of Parent Attorneys & Advocates

410-372-0208

www.copaa.net

P.O. Box 6767, Towson, MD 21285

Support for parents of children with disabilities; national advocacy organization. Please refer to website for listing of Colorado Attorneys/Advocates.

Developmental Disability Consultants, PC

303-337-2210

www.ddconsultants.org

1211 S. Parker Rd., Suite 200 Denver, CO 80231

Offering a wide range of direct and consultative services to children and adults with disabilities, their families, teachers and service providers.

Developmental Pathways, Inc.

303-360-6600

www.developmentalpathways.org

325 Inverness Drive South, Englewood, CO 80112

Independent living skills, job prep, supported living placement, family support.

Family Advocacy, Care, Education, Support (FACES)

720-570-9333

www.facesonline.org

1325 S. Colorado Blvd., Suite B-509, Denver, CO 80222

Services to prevent child abuse & family violence, for families with children from 0-12 dealing with developmental delays, physical disability, mental illness or substance abuse issues.

Home visitation program, therapeutic counseling, parent education, advocacy & support.

Instructional ABA Consultants

331-229-8839, ext 1

<http://www.instructional-aba.com/index.html>

312 Wilcox St., Castle Rock, CO 80104

In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.

Accepts the following insurances : private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Special Needs Dadvocate

<http://site.sndadvocate.org/>

Program focuses on serving fathers with special needs children.

The ARC of Arapahoe and Douglas Counties

303-220-9228

www.arcarapahoedouglas.org

8100 E. Arapahoe Rd., Suite 208, Centennial, CO 80112

Advocacy and support services for individuals and families, adult education.

The Child and Adolescent Behavioral Supports, LLC

303-660-5397

<http://www.cabsupports.com/>

Littleton Office :

609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120

Denver Office :

1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Down Syndrome

Behavioral Growing Tree

866-300-0822

www.behavioralgrowingtree.com

In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children Identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations.

Insurance accepted.

Blue Horizon Therapy

303-886-9921

<http://bluehorizontherapy.com/>

Also On FaceBook

9340 Commerce Center St., Highlands Ranch, CO 80129

Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

Children's Hospital

303-777-1234

<http://www.childrenscolorado.org/conditions/behavior/index.aspx>

Child Development Unit @ Children's Hospital

13123 E. 16th Ave., Aurora, CO 80045

Diagnostic & treatment services for children with developmental delays, learning Disabilities or behavioral problems. Comprehensive evaluations; specialized Experience in working with children with Down Syndrome, Fragile X, autism, etc.

Colorado Springs Down Syndrome Association

719-633-1133

<http://csdsa.org/>

P.O. Box 2364, Colorado Springs, CO 80901

Parent support and resources.

Developmental Disabilities Resource Center

303-233-3363

<http://www.ddrcco.com/>

11177 West 8th Avenue, Lakewood, CO 80215

National Down Syndrome Society

800-221-4602

www.ndss.org

Education, resources, advocacy regarding Down Syndrome.

Peak Parenting

1-800-284-0251

<http://www.peakparent.org/>

611 North Weber, Suite 200, Colorado Springs, CO 80903

The mission of PEAK Parent Center is to provide training, information and technical assistance to equip families of children birth through twenty-six including all disability conditions with strategies to advocate successfully for their children.

Education Resources

Achieve Reading (Effective Multisensory Learning)

720-328-9229

www.achieveread.com

264 Southpark Rd, Highlands Ranch, CO 80126

Highly skilled direct instruction with a credentialed teacher for youth & children with reading challenges; dyslexia intervention using the Slingerland Approach.

Can meet with clients at schools or at the Achieve Reading business location; free assessment. Group, private or semi-private instruction.

Behavioral Growing Tree

866-300-0822

www.behavioralgrowingtreet.com

In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children Identified with autism, other special needs or typical children with behavioral challenges.

Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations.

Insurance accepted.

Blue Horizon Therapy

303-886-9921

<http://bluehorizontherapy.com/>

Also On FaceBook

9340 Commerce Center St., Highlands Ranch, CO 80129

Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

Child Find

720-433-0020

<https://www.dcsdk12.org/childfind/>

Douglas County School District

3950 Trail Boss Lane, Castle Rock, CO 80104

Child Find is one of the primary public providers for developmental screening, assessment, and referral for children who have or are suspected of having developmental delays; from birth to 21 years of age.

College Living Experience

800-486-5058

www.cleinc.net

1391 Speer Blvd., Suite 400, Denver, CO 80204

College/vocational school transition assistance for youth with special needs; tutoring; study skills; HS diploma assistance; independent living; social skills.

Compass Educational Services

303-888-9675

www.compasstutoring.com

Strategies to help students flourish, including: tutoring, how to deal with learning Difficulties, organization & time management skills, management of behavior conflicts At school and home, transitioning to high school, addressing all education gaps.

Connect Us

303-773-3960

www.connectus-now.com

6940 S. Holly Circle, Suite 230, Centennial, CO 80112

Social skill-building with children who are neuro-typical and those with Asperger's Syndrome and Autism. School-readiness groups. After-school enrichment groups, playgroups, socialization groups.

Council of Parent Attorneys & Advocates

410-372-0208

www.copaa.net

P.O. Box 6767, Towson, MD 21285

Support for parents of children with disabilities; national advocacy organization. Please refer to website for listing of Colorado Attorneys/Advocates.

Law Offices of Louise Bouzari, LLC

303-228-1616

<http://bouzarilaw.com/>

7887 E. Belleview, Suite 1100, Englewood, CO 80111

Prescription for Success

303-993-4648

www.prescriptionforsuccess.net

Cognitive learning center in Parker, CO, that specializes in treating Dyslexia, ADHD, Slow Processing, Auditory and Visual Processing problems, Inadequate Memory, Sensory Processing Disorder, and much more. Our comprehensive testing will pinpoint "WHY" your child is having learning difficulties. A personalized learning plan is developed for the client. K-Adult students are welcome.

School to Work Alliance Program (SWAP)

303-866-6701

<http://www.cde.state.co.us/SecondaryInitiatives/SchoolToWorkAllianceProgram.htm>

Job placement, training, education, and follow-up services for youth ages 16-25 with mild to moderate barriers to employment.

Social Pathways

303-332-6562

www.socialpathways.com

9568 University Blvd, Highlands Ranch, CO 80126 (Eastridge Recreation Bldg.)

20120 E. Mainstreet, Parker, CO 80138 (Parker Recreation Bldg.)

Toddlers to tweens. Testing for the following – social skills, social/emotional/behavioral; education level; cognitive abilities. Functional behavior assessment. In-school consultation and inservices. Social skills training & groups.

Epilepsy Information/Support

Colorado Neurological Institute Epilepsy Support Group

303-806-7417

<http://www.thecni.org/utility/showArticle/?ObjectID=161&find=epilepsy%20support%20group&happ=siteAdministrator>

CNI Epilepsy Center

701 E. Hampden, Suite 415, Englewood, CO 80113

Dates: 3rd Tuesday of every month (No meeting in Nov. or Dec.)

Time: 6-7:30 pm

Location: Swedish Hospital Conference Center, 2nd Floor Conference Room

RSVP: Peggy Hugger, RN, 303.806.7417

Center for Disease Control and Prevention - You Are Not Alone Program

www.cdc.gov/Epilepsy/toolkit/index.htm

Online tool kit for parents of teens with epilepsy.

Epilepsy Foundation of Colorado

303-377-9774

888-378-9779

www.epilepsycolorado.org/

889 Greenwood Plaza Blvd, Suite 404, Greenwood Village, CO 80111

Equine Therapy

Boots and Saddles Therapeutic Riding Center

303-688-1388

<http://bootsandsaddlestrc.org/>

7193 S. Hwy 83, Franktown, CO 80116

Partners Equine Therapy

303-478-8734

<http://equinetherapycolorado.org>

Haven Farms, 36355 CR 13, Elizabeth, CO 80107

Children, teens, adults and families; Horses Healing Grief, serving people with reactive attachment disorder, oppositional defiant disorder, depression, anxiety, Impulsivity, ADHD, post-traumatic stress disorder, behavioral issues.

Praying Hands Ranch

303-841-4043

www.prayinghandsranches.org

4825 E. Daley Circle, Parker, CO 80138

Saddle Up Foundation

303-788-1666

www.saddleupfoundation.org

11152 E. Daley Circle, Parker, CO 80134

Zuma's Rescue Ranch

303-346-7493

www.zumasrescueranch.com

7745 N. Moore Rd., Littleton, CO 80125

Experiential learning, behavioral consultation, mentoring program.

Fragile X

Children's Hospital

303-777-1234

<http://www.childrenscolorado.org/conditions/behavior/index.aspx>

Child Development Unit @ Children's Hospital

13123 E. 16th Ave., Aurora, CO 80045

Diagnostic & treatment services for children with developmental delays, learning Disabilities or behavioral problems. Comprehensive evaluations; specialized Experience in working with children with Down Syndrome, Fragile X, autism, etc.

Colorado Fragile X

<http://coloradofragile-x.org>

6136 Russell Court, Arvada, CO 80403

Support and resources for the families of children born with Fragile X gene impairment; events, educational workshops and fundraising for research.

Hearing

Child Find

720-433-0020

<https://www.dcsdk12.org/childfind/>

Douglas County School District

3950 Trail Boss Lane, Castle Rock, CO 80104

Child Find is one of the primary public providers for developmental screening, assessment, and referral for children who have or are suspected of having developmental delays; from birth to 21 years of age.

Pikes Peak Center on Deafness

719-591-2777

http://pikespeak.co.networkofcare.org/veterans/services/agency.aspx?pid=PikesPeakCenteronDeafnessClientServices_1042_17_0

4440 Barnes Rd., Suite 100, Colorado Springs, CO 80917

Assistive technology; advocacy; interpreting services.

In-Home Services / Resources

Autism Home Support Services

<http://www.autismhomesupport.com/>

Denver

Provides In-Home ABA Therapy to kids on the Autism Spectrum.

Accepts these insurances : Blue Cross/Blue Shield/Anthem, United Behavioral Health, Kaiser Permanente, Cigna, and Magellan. People are encouraged to still call even if their insurance is not listed. Will see if they can do a Single Case Agreement where you could get an in-network benefit. Does not accept Medicaid.

Behavioral Growing Tree

866-300-0822

www.behavioralgrowingtree.com

In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children Identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations.
Insurance accepted.

Family Advocacy, Care, Education, Support (FACES)

720-570-9333

www.facesonline.org

1325 S. Colorado Blvd., Suite B-509, Denver, CO 80222

Services to prevent child abuse & family violence, for families with children from 0-12 dealing with developmental delays, physical disability, mental illness or substance abuse issues. Home visitation program, therapeutic counseling, parent education, advocacy & support.

Firefly Autism

303-759-1192

<http://www.fireflyautism.org/>

2695 S. Jersey St., Denver, CO 80222

Serving children ages 18 months to 18 years old; assessment; social skill development; individual and group intervention; in-home assessment and coaching; school consultations; speech and occupational therapy; day treatment; therapeutic recreation; parent support and training.

Instructional ABA Consultants

331-229-8839, ext 1

<http://www.instructional-aba.com/index.html>

312 Wilcox St., Castle Rock, CO 80104

In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.

Accepts the following insurances : private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

To The Rescue

720-851-2100

<http://totherescue.net>

17011 Lincoln Ave., Suite 562, Parker, CO 80134

Wide variety of services to help folks with physical health issues, disabilities and mental health issues stay in their own homes. Services tailored to the needs of the individual and may include respite, house cleaning, meals, assessments, in-home medical care, yard care, etc.

Outpatient Services

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

Full continuum of outpatient services for dually diagnosed adolescents and adults

303-797-9420

303-688-6276

303-805-4312

Behavioral Growing Tree

866-300-0822

www.behavioralrowingtree.com

In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.

Blue Horizon Therapy

303-886-9921

<http://bluehorizontherapy.com/>

Also On FaceBook

9340 Commerce Center St., Highlands Ranch, CO 80129

Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

Counseling Place at Lone Tree (Sarah James, LCSW, CACII)

303-241-0421

<http://www.counselinglonetree.com/>

9224 Teddy Lane, Suite 103, Lone Tree, CO 80124

482 Happy Canyon Road, Castle Pines, CO 80104

Accept most insurances and will slide fees.

Developmental Disability Consultants, PC

303-337-2210

www.ddconsultants.org

1211 S. Parker Rd., Denver, CO 80231

Offering a wide range of direct and consultative services to children and adults with disabilities, their families, teachers and service providers.

Developmental Pathways, Inc.

303-360-6600

www.developmentalpathways.org

325 Inverness Drive South, Englewood, CO 80112

Job readiness, independent living skills, supported living placement, family support; community-centered board for Douglas County.

Foundations Family Counseling

303-393-0085

www.foundationsfamilycounseling.com

789 Sherman St. Suite 440, Denver, Co 80203 Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of mental health.

Instructional ABA Consultants

331-229-8839, ext 1

<http://www.instructional-aba.com/index.html>

312 Wilcox St., Castle Rock, CO 80104

In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.

Accepts the following insurances : private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Legacy Comprehensive Counseling & Consulting

303-841-4005

www.legacyparker.com

19751 E. Mainstreet, Suite 215., Parker, CO 80138

Individual and group counseling for individuals, children and families.

Specializing in social skills, adjusting to divorce, parenting skills & classes, anger management, mental illness, stress, attachment issues, testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management, supervised parenting, child/family investigations. Accepts insurance and will slide fees.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)

720-244-0899

www.pikespeakcounseling.com

12900 Stroh Ranch Way, Suite 220, Parker, CO 80134

ADHD ; social skills groups ; bullying prevention ; former school counselor;

does not accept insurance ; sliding scale available.

Out of network. Victim's compensation only.

The Child and Adolescent Behavioral Supports, LLC

303-660-5397

<http://www.cabsupports.com/>

Littleton Office :

609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120

Denver Office :

1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Performing Arts / Recreation

ABLE: A Better Life Experience

303-920-9279

<http://www.ablecolorado.com/>

550 E. Thornton Pkwy, Suite 118, Thornton, CO 80229

Employment services for individuals with developmental disabilities; typically serving adults who've graduated.

Ability Specialists

303-690-5203

<http://www.abilityspecialists.com/>

5241 South Quebec St, Suite 200, Greenwood Village, CO 80111

Ability Specialists fosters achievement through challenge. For more than a decade, we have helped adults with cognitive disabilities create balanced, productive lives. We believe that everyone has a higher potential that can be achieved with the right guidance.

ARC of Arapahoe and Douglas Counties

303-220-9228

www.arcarapahoedouglas.org

8100 E. Arapahoe Rd., Suite 208, Centennial, CO 80112

Advocacy and support services for individuals and families, adult education.

Highlands Ranch Community Association

303-791-2500

www.hrcaonline.org

9650 Foothills Canyon Blvd, Highlands Ranch, CO 80129

Various locations in Highlands Ranch; therapeutic rec programs.

Piano Pathways

303-948-3335

www.pianopathways.org

10677 W. Centennial Rd., Littleton, CO 80127

Music & performing arts education for underserved youth of all ages; specializes in services to youth who live at a low socioeconomic status, are in foster care, and/or have special needs.

Special Olympics Colorado

303-592-1361

<http://www.specialolympics.org/Regions/north-america/Locations/Special-Olympics-NA-Colorado.aspx#.UMJA6-RLVc0>

384 Inverness Pkwy., Suite 100, Englewood, CO 80112

Special Olympics transforms lives through the joy of sport, every day, everywhere. We are the world's largest sports organization for people with intellectual disabilities: with nearly 4 million athletes in more than 170 countries -- and millions more volunteers and supporters. We are also a global social movement.

Town of Castle Rock, Parks and Recreation Dept.

303-660-1036

www.crgov.com

2301 N. Woodlands Blvd., Castle Rock, CO 80104

Child, Youth and Adult team and individual athletics; arts & crafts; fitness & wellness; dance; outdoor adventure; adaptive recreation opportunities.

Town of Parker, Recreation Deptment

303-841-4500

www.parkerrec.com

17301 Lincoln Ave., Parker, CO 80134

Child, Youth and Adult team and individual athletics; arts & crafts; fitness & wellness; dance; outdoor adventure.

Physical Disability

ABLE: A Better Life Experience

303-920-9279

<http://www.ablecolorado.com/>

550 E. Thornton Pkwy, Suite 118, Thornton, CO 80229

Employment services for individuals with developmental disabilities; typically serving adults who've graduated.

Cerebral Palsy of Colorado

303-691-9339

www.cpcoco.org

801 Yosemite, Denver, CO 80230

Information & referral for people diagnosed with CP; advocacy; public education; employment services, early childhood.

Kids Mobility Network

303-242-8281

<http://www.kidsmobility.org/>

4251 S. Natches Court, Suite C, Sheridan, CO 80110

Warehouse of mobility-oriented equipment for children with physical disabilities. Contributions are suggested for refurbished & donated equipment; scholarships are available. Equipment includes walkers, wheelchairs, standers, adaptive bikes, much more.

Spina Bifida Association of Colorado

303-797-7870

<http://www.coloradospinabifida.org/index.html>

P.O. Box 22994, Denver, CO 80222

Support groups; news letters; information.

To The Rescue

720-851-2100

<http://totherescue.net>

17011 Lincoln Ave., Suite 562, Parker, CO 80134

Wide variety of services to help folks with physical health issues, disabilities and mental health issues stay in their own homes. Services tailored to the needs of the individual and may include respite, house cleaning, meals, assessments, in-home medical care, yard care, etc.

Residential Programs / Residential Support

ABLE: A Better Life Experience

303-920-9279

<http://www.ablecolorado.com/>

550 E. Thornton Pkwy, Suite 118, Thornton, CO 80229

Employment services for individuals with developmental disabilities; typically serving adults who've graduated.

Respite

To The Rescue

720-851-2100

<http://totherescue.net>

17011 Lincoln Ave., Suite 562, Parker, CO 80134

Wide variety of services to help folks with physical health issues, disabilities and mental health issues stay in their own homes. Services tailored to the needs of the individual and may include respite, house cleaning, meals, assessments, in-home medical care, yard care, etc.

Sight / Blindness

Beyond Sight, Inc.

303-795-6455

www.beyondsight.com

5650 S. Windermere St., Littleton, CO 80120

Adaptive technology for people with sight impairments.

Child Find

720-433-0020

<https://www.dcsdk12.org/childfind/>

Douglas County School District

3950 Trail Boss Lane, Castle Rock, CO 80104

Child Find is one of the primary public providers for developmental screening, assessment, and referral for children who have or are suspected of having developmental delays; from birth to 21 years of age.

Colorado Center for the Blind

303-778-1130

<http://coloradocenterfortheblind.org/>

2233 W. Shepperd Ave., Littleton, CO 80120

Speech

Blue Horizon Therapy

303-886-9921

<http://bluehorizontherapy.com/>

Also On FaceBook

9340 Commerce Center St., Highlands Ranch, CO 80129

Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

Child Find

720-433-0020

<https://www.dcsdk12.org/childfind/>

Douglas County School District

3950 Trail Boss Lane, Castle Rock, CO 80104

Child Find is one of the primary public providers for developmental screening, assessment, and referral for children who have or are suspected of having developmental delays; from birth to 21 years of age.

Colorado Speech-Language-Hearing Association

855-727-2836 <http://www.cshassoc.org/>

303 South Broadway, Suite 200-323, Denver, Colorado 80209

Referrals to local and metro area speech therapy practitioners.

SUBSTANCE ABUSE PREVENTION / TREATMENT

12 Step Programs

Al-Anon and AlaTeen

<http://www.al-anon-co.org/>

Pikes Peak Al-Anon/Alateen Serv Center 719-632-0063
3595 E Fountain Blvd Ste I-7, Colorado Springs, CO 80910

DENVER Al-Anon Serv Center 303-321-8788
2460 W 26th Ave, Ste 138-C, Denver, CO 80211

Denver Area Central Committee of Alcoholics Anonymous (AA)

303-322-4440

www.daccaa.org

1800 Boulder St., Suite 100, Denver, CO 80211

Cocaine Anonymous of Colorado

866-273-1625

<http://www.cacolorado.org/>

Narcotics Anonymous (NA)

www.nacolorado.org

P.O. Box 1437, Denver, CO 80201

Castle Rock Meeting: Fridays @ 7:30 p.m., 3737 New Hope Way

Assessment

Colorado Addictions Consulting, LLC (Beth Baldwin, CAC III)

303-501-6921

www.coloradoaddictionsconsulting.com

Specializes in working with adolescents; services include substance abuse evaluation, recommendations for ongoing treatment, in-home substance abuse counseling.

Case consultation offered at no cost; may slide fees.

Sandstone Care

720-307-3970

www.sandstonecare.com

2100 S. Cherry St., #204, Denver, CO 80222

Provides substance abuse and co-occurring mental health treatment services for teens and young adults. Includes after school teen program that incorporates individual and group therapy, family counseling, visits with our MD psychiatrist, and academic and vocation support. Accepts these insurances : Value Options, United Health Care, Cigna, Aetna, Humana, Mines and Assoc, Rocky Mountain Health Plans, United Behavioral Health, and Blue Cross/Blue Shield.

University of Colorado Hospital Center for Dependency, Addiction & Recovery

866-464-0052

www.uch.edu/conditions/addictions/cedar-about-us.aspx

1693 N. Quentin St., Aurora, CO 80045

Residential; aftercare; comprehensive diagnostics & assessment; family program.

Worthing Carol Ann, PhD

303-663-5846

www.individualandfamilypsychotherapy.com

240 Wilcox St., Castle Rock, CO 80104

Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Awareness / Prevention

Alive @ 25

720-269-4046

www.aliveat25.us

55 Wadsworth Blvd, Lakewood, CO 80226

Four-hour programs available through DC Sheriff's Office, focused on teen driving & alcohol; media presentations, study sessions, driving simulator.

The BACCHUS Network

www.bacchusgamma.org

Children of Alcoholics / Substance Abusers

Betty Ford Center (CO)

800-434-7365

303-220-5440

www.bettyfordcenter.org

Four-day program for children ages 7 – 12 whose lives have been impacted by alcoholism/addiction.

Family Advocacy, Care, Education, Support (FACES)

720-570-9333

www.facesonline.org

1325 S. Colorado Blvd., Suite B-509, Denver, CO 80222

Services to prevent child abuse & family violence, for families with children from 0-12 dealing with developmental delays, physical disability, mental illness or substance abuse issues.

Home visitation program, therapeutic counseling, parent education, advocacy & support.

Tennyson Center (CO Christian Home)

303-433-2541

www.tennysoncenter.org

2950 Tennyson St., Denver, CO 80212

Treatment for children ages 5-14; focus on abused and neglected children along with parent training.

Classes / Psycho-Educational Resources

Betty Ford Center (CO)

800-434-7365

303-220-5440

www.bettyfordcenter.org

Four-day program for children ages 7 – 12 whose lives have been impacted by alcoholism/addiction.

Douglas County School District

<https://dcsdk12.org/>

620 Wilcox Street, Castle Rock, CO 80104

Student Wellness:

303-387-0095

Student Support Center:

303-387-0705

Asset-Based Intervention classes that address anger management.

Health and Learning Resource Center

303-239-8633

<http://preventioncolorado.org>

7525 W. 10th Ave., Lakewood, CO 80214

Resource & information library on substance abuse.

Institute for Substance Abuse Education (ISAE)

303-433-1900

www.isaeonline.com

850 E. 73rd Ave., Unit 1A, Denver, CO 80229

Court-ordered alcohol education, tobacco, theft, and violence programs, held in Castle Rock and other sites around Colorado.

People House

303-480-5130

<http://peoplehouse.org>

3035 W. 25th Ave., Denver, CO 80211

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00; All ages, all issues. People House also offers workshops & classes & activities.

The Council

303-825-8113

www.milehighcouncil.org

655 Broadway, Suite 200, Denver, CO 80203

Adult substance abuse treatment & DUI classes; intensive outpatient & recovery support. Youth services include 12 week "Relapse Prevention: A Brief Strategic Approach" groups for youth 16-24; prevention for early, middle school & high school ages.

Youth Education and Safety in our Schools (YESS)

303-814-7033

<http://www.dcsheriff.net/yess/>

4000 Justice Way, Castle Rock, CO 80109

Middle school education curriculum; elementary school presentations by officers; Text-A-Tip; community mobilization.

Detox

Arapahoe House

303-657-3700

<https://www.arapahoehouse.org/>

8801 Lipan Street, Thornton, CO 80260

Arapahoe House provides substance abuse treatment and mental health services to vulnerable individuals and families in metro Denver.

DUI Classes

The Council

303-825-8113

www.milehighcouncil.org

655 Broadway, Suite 200, Denver, CO 80203

Adult substance abuse treatment & DUI classes; intensive outpatient & recovery support. Youth services include early, middle school & high school prevention.

Hotlines

Alcohol and Drug Helpline

<http://adhl.org/>

Colorado Quitline (tobacco cessation)

1-800-784-8669

<https://www.coquitline.org/>

Intervention Specialists

Fire Mountain

303-443-3343

www.firemountainprograms.com

5745 Olde Stage Rd., Boulder, CO 80302

Teen drug & alcohol prevention, interruption & intervention services. Teen empowerment camps, coaching, life mastery course, ultimate family training.

Marijuana Dependence Treatment

Synergy

303-781-7875

www.artstreatment.com

In-home multi-systemic therapy; other community based services; substance use.

Worthing Carol Ann, PhD

303-663-5846

www.individualandfamilypsychotherapy.com

240 Wilcox St., Castle Rock, CO 80104

Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Outpatient Counseling

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

303-797-9420

303-688-6276

303-805-4312

Betty Ford Center (CO)

800-434-7365

303-220-5440

www.bettyfordcenter.org

Four-day program for children ages 7 – 12 whose lives have been impacted by alcoholism/addiction.

Centennial Peaks Hospital

303-673-9990

www.centennialpeaks.com

2255 S. 88th St., Louisville, CO 80027

Intensive outpatient for chemical dependency.

Colorado Addictions Consulting, LLC (Beth Baldwin, CAC III)

303-501-6921

www.coloradoaddictionsconsulting.com

Specializes in working with adolescents; services include substance abuse evaluation, recommendations for ongoing treatment, in-home substance abuse counseling. Case consultation offered at no cost; may slide fees.

Cornerstone Program

303-690-0082

www.thecornerstoneprogram.com

11234 E. Caley Ave., Unit B, Centennial, CO 80111

Intensive outpatient for adolescents utilizing the “Enthusiastic Sobriety” model.

Counseling Place at Lone Tree (Sarah James, LCSW, CACII)

303-241-0421

<http://www.counselinglonetree.com/>

9224 Teddy Lane, Suite 103 , Lone Tree, CO 80124

482 happy Canyon Road, Castle Pines, CO 80104

Accept most insurances and will slide fees.

Denver Therapy Center (Brian Brody, LCSW, PhD.)

303-979-0319

www.denvertherapycenter.com

6901 S. Pierce St., Suite100M, Littleton, CO 80128

Stress, loss, depression.

Does not accept insurance.

Dynamic Directions Counseling, Inc.

www.drug-rehab-headquarters.com

409 S. Wilcox St., Suite E, Castle Rock 80104

303-688-1116

8191 Southpark Lane, Suite 103, Littleton, CO 80120

303-797-1440

Adult / adolescent substance abuse counseling; Minor in Possession intervention; relapse prevention.

Families at Five (Bonnie Mucklow, CACIII)

720-488-3822

www.familiesatfive.com

7000 E. Belleview, Suite 203, Greenwood Village, Co 80110

Comprehensive four-week outpatient program for youth substance users and their families; group & individual; aftercare. Free intake appointment; insurance & private pay accepted.

Accept all private insurance and Medicaid.

First Step Counseling

303-840-2636

<http://www.firststepcounseling.org/>

10292 S. Progress Way, Parker, CO 80134

Individual, family and group counseling for a variety of issues; court-ordered counseling to address drinking and driving issues.

Grace Counseling (Alexander A. Avila, M.A.)

720-316-7771

<http://www.alexanderavila.com/>

7921 Southpark Plaza, Suite 204, Littleton, CO 80120

Counseling to increase the health and intimacy of romantic relationships; couples, marriage counseling. Facilitator of the "Hold Me Tight" program for couples. Addictions counseling. Counseling for men.

Does not accept insurance.

Integrative Therapy Solutions

720-285-6438

<http://integrativetherapysolutions.org>

Serving Aurora, Denver & south metro area

Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women's issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development.

Does not accept insurance.

Introspection Counseling (Michelle Stevens, MA, PLC, NCC, JD)

303-916-8770

www.introspectioncounseling.com

2305 E. Arapahoe Rd., , Littleton I, CO 80122

Specializing in depression, grief / loss, anxiety / stress, infidelity, life transitions.

Initial consultation is free; accepts some insurance & will slide fees.

Iolite Counseling, LLC

303-956-8949

www.iolitecounseling.com

900 Castleton Rd. Suite 135, Castle Rock, CO 80109

Serving children through adults. Specializing in substance abuse counseling, grief/loss, divorce, trauma/abuse, suicide prevention, mood disorders, anxiety, domestic violence, bullying, phobias, school-related concerns, social skill development. Free initial consultation; sliding scale available.

LDS Family Services

303-371-1000

www.ldsfamilyservices.org

3263 Fraser Street, Suite 3, Aurora, CO 80011

Fee for service or fast offerings used to assist in fee; Latter Day Saints.

National Institute for Change

303-231-0090

<http://www.nichange.com/>

Offices in Lakewood, Lone Tree, Golden, Aurora

Groups, individuals. Parenting classes. Sliding scale fee.

People House

303-480-5130

<http://peoplehouse.org>

3035 W. 25th Ave., Denver, CO 80211

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00; All ages, all issues. People House also offers workshops & classes & activities.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)

720-244-0899

www.pikespeakcounseling.com

12900 Stroh Ranch Way, Suite 220, Parker, CO 80134

ADHD; behavior management; social skills & divorce groups; school & family issues; grief & loss; abuse/trauma, phobias; anxiety; depression; mother/daughter dynamics; Certified Play and EMDR Therapist; works with children as young as 5 years of age; does not accept insurance but can provide receipts to clients upon request and accepts sliding scale clients.

Porter Adventist Hospital - Center for Behavioral Health

303-778-1955

<http://www.porterhospital.org/behavioralhealth>

2525 S. Downing Street, Denver, CO 80210

Offers a range of behavioral services, from outpatient appointments to acute care hospitalization.

Running Creek Counseling Services, Inc.

303-805-1218 x102

<http://www.rccounseling.com/>

18425 Pony Express Drive, Suite 203, Parker, CO 80134

Accepts most private insurance including: CIGNA, Aetna, Medicaid, Humana and Golden Rail.

Sandstone Care

720-307-3970

www.sandstonecare.com

2100 S. Cherry St., #204, Denver, CO 80222

Provides substance abuse and co-occurring mental health treatment services for teens and young adults. Includes after school teen program that incorporates individual and group therapy, family counseling, visits with our MD psychiatrist, and academic and vocation support. Accepts these insurances : Value Options, United Health Care, Cigna, Aetna, Humana, Mines and Assoc, Rocky Mountain Health Plans, United Behavioral Health, and Blue Cross/Blue Shield.

Savio House

303-225-4100

www.saviohouse.org

325 King St., Denver, CO 80219

In-home multi-systemic therapy; family therapy; substance abuse treatment.

Servicios de la Raza

303-458-5851

www.serviciosdelaraza.org

4055 Tejon Street, Denver, CO 80211

Services to Latino community include drug and alcohol treatment, u/a and b/a monitoring, and alcohol education.

Southeast Psychotherapy Associates, PLLC

303-694-1795

www.sepsychotherapy.com

6081 S. Quebec St., Suite 103, Englewood, CO 80111

Marriage & family therapy; addictions; bipolar & other depressive disorders; educational & intellectual assessment; ADHD.

Synergy

303-781-7875

www.artstreatment.com

In-home multi-systemic therapy; other community based services; substance use.

Deals with adjudicated youth. Primarily accepts Medicaid but works with private insurance.

University of Colorado Hospital Center for Dependency, Addiction & Recovery

866-464-0052

www.uch.edu/conditions/addictions/cedar-about-us.aspx

1693 N. Quentin St., Aurora, CO 80045

Residential; aftercare; comprehensive diagnostics & assessment; family program.

Valley Hope Association

303-694-3829

<http://www.valleyhope.org/>

7108 S Alton Way, Bldg A, Centennial, CO 80112

Drug/alcohol rehabilitation services for adults.

Worthing Carol Ann, PhD

303-663-5846

www.individualandfamilypsychotherapy.com

240 Wilcox St., Castle Rock, CO 80104

Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Residential Facilities

Arapahoe House

303-657-3700

<https://www.arapahoehouse.org/>

8801 Lipan Street, Thornton, CO 80260

Arapahoe House provides substance abuse treatment and mental health services to vulnerable individuals and families in metro Denver.

Centennial Peaks Hospital

303-673-9990

www.centennialpeaks.com

2255 S. 88th St., Louisville, CO 80027

Intensive outpatient for chemical dependency.

Excelsior Youth Centers

303-693-1550

www.excelsioryc.org

15001 E. Oxford Ave., Aurora, CO 80014

Female-specific services; inpatient; day treatment; substance abuse treatment; living skills; on-campus school.

Gateway Treatment Center

303-696-8407

1250 S. Parker Rd., Suite 103, Denver, CO 80231

Savio House

303-225-4100

www.saviohouse.org

325 King St., Denver, CO 80219

In-home multi-systemic therapy; family therapy; substance abuse treatment.

Southern Peaks Regional Treatment Center

719-276-7567

www.abraxasyfs.com

700 Fourmile Parkway, Canon City, CO 81212

Residential treatment program for males and females, ages 10-21; delinquent or dependent youth; history of behavioral/mental health disorders and drug/alcohol issues. Gender-specific programming. Offers the Medicine Bear Native American track.

Synergy

303-781-7875

www.artstreatment.com

In-home multi-systemic therapy; other community based services; substance use. Deals with adjudicated youth. Primarily works accepts Medicaid but works with private insurance.

University of Colorado Hospital Center for Dependency, Addiction & Recovery

866-464-0052

www.uch.edu/conditions/addictions/cedar-about-us.aspx

1693 N. Quentin St., Aurora, CO 80045

Residential; aftercare; comprehensive diagnostics & assessment; family program.

Valley View Youth Recovery Center

970-945-6535

www.vvh.org

1906 Blake Ave., Glenwood Springs, CO 81601

Inpatient addictions treatment for adolescents.

Support Resources for Families / Community

Daily Strength

www.dailystrength.org

Anonymous and free online support groups, and education.

Fire Mountain

303-443-3343

www.firemountainprograms.com

5745 Olde Stage Rd., Boulder, CO 80302

Teen drug & alcohol prevention, interruption & intervention services. Teen empowerment camps, coaching, life mastery course, ultimate family training.

Our Kids

<http://www.our-kids.org/>

Provides information and support for children and parents.

The Council

303-825-8113

<http://www.milehighcouncil.org/>

Formerly "Denver Mile Hi Council of Alcoholism & Drug Abuse"

655 Broadway, Suite 200, Denver, Colorado 80203

Tri-County Health Department

303-663-7650

www.tchd.org

4400 Castleton Court, Castle Rock, CO 80109

Tobacco cessation and prevention programming.

Testing / Drug Screening Resources

At Your Site Drug Screening

303-995-2672

www.atyoursitedrugscreening.com

6140 S. Gun Club Rd., Suite 202, Aurora, CO 80016

Various methods of testing for drug use, including hair follicle and urine analysis. Home drug-testing kits. Paternity & DNA testing. Mobile service comes to workplaces, schools, homes, anyplace that should be “drug-free.”

SUICIDE PREVENTION / INTERVENTION / SUPPORT

American Association of Suicidology

1-800-273-8255

www.suicidology.org

Conferences; literary & research resources; services to survivors.

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

303-797-9420

303-688-6276

303-805-4312

Children's Grief Education Association

303-246-3826

www.childgrief.org

Grief education and support to bereaved children, their families and professionals in schools and community organizations through local, national and international outreach and training.

Counseling Place at Lone Tree (Sarah James, LCSW, CACII)

303-241-0421

<http://www.counselinglonetree.com/>

9224 Teddy Lane, Suite 103, Lone Tree, CO 80124

482 Happy Canyon Road, Castle Pines, CO 80104

Accept most insurances and will slide fees.

Denver Therapy Center (Brian Brody, LCSW, PhD.)

303-979-0319

www.denvertherapycenter.com

6901 S. Pierce St., Suite100M, Littleton, CO 80128

Stress, loss, depression.

Does not accept insurance.

Highlands Behavioral Health System

720-348-2800

www.highlandsbhs.com

8565 S. Poplar Way, Littleton, CO 80130

Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.

Iolite Counseling, LLC

303-956-8949

www.iolitecounseling.com

900 Castleton Rd. Suite135, Castle Rock, CO 80109

Serving children through adults. Specializing in substance abuse counseling, grief/loss, divorce, trauma/abuse, suicide prevention, mood disorders, anxiety, domestic violence, bullying, phobias, school-related concerns, social skill development. Free initial consultation; sliding scale available.

Jason Foundation, Inc.

1-800-SUICIDE

1-800-784-2433

www.jasonfoundation.com

Resources and research on teen suicide.

Knippenberg, Patterson, Bordelon & Associates

www.craigknippenberg.com

2833 S. Colorado Blvd. Denver, CO 80222

Individual, family and group counseling services as well as parenting classes. Specialty in child & adolescent neurobehavioral disorders. May slide fees.

Does not accept insurance.

Levitas-Eisner, Jane., LCSW

303-826-7296

<http://janeeisnerlcsw.com/>

8000 E. Prentice Ave., Suite B-12, Englewood, CO 80111

Child, adolescent, family, and couples therapy.

Accepts most private insurance. Does not accept Medicaid.

Littleton Adventist Hospital

303-730-8900

<http://www.mylittletonhospital.org/>

7700 S. Broadway, Littleton, CO 80122

National Suicide Prevention LifeLine

1-800-273-8255

www.suicidepreventionlifeline.org

Porter, William W., Ph.D

303-399-3542 Email: wwalesporter@gmail.com

967 Fillmore St. , Denver CO 80206

Sliding scale; some insurance.

The Counseling Place at Lone Tree (Sarah James, LCSW, CACII)

303-241-0421

<http://www.counselinglonetree.com/>

9224 Teddy Lane, Suite103 , Lone Tree, CO 80124

482 Happy Canyon Road, Castle Pines, CO 80104

Accept most insurances and will slide fees.

THERAPISTS / COUNSELORS

(By geographic area; please also look under specific subject area)

Castle Rock

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

303-797-9420

303-688-6276

303-805-4312

Hanze, Doug, PhD.

303-688-8658

<http://hanzecounseling.com/>

823 S. Perry St, Suite 100, Castle Rock, CO 80104

Individual, family, children, adolescents. Diagnose and treat depression, anxiety, ADHD and behavior disorders.

Accepts several types of private insurance including : Blue Cross, Aetna, Infinity and Colorado Co-op.

Instructional ABA Consultants

331-229-8839, ext 1

<http://www.instructional-aba.com/index.html>

312 Wilcox St., Castle Rock, CO 80104

In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.

Accepts the following insurances : private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Iolite Counseling, LLC

303-956-8949

www.iolitecounseling.com

900 Castleton Rd. Suite135, Castle Rock, CO 80109

Serving children through adults. Specializing in substance abuse counseling, grief/loss, divorce, trauma/abuse, suicide prevention, mood disorders, anxiety, domestic violence, bullying, phobias, school-related concerns, social skill development. Free initial consultation; sliding scale available.

Tamara G. Suttle Counseling

303-660-4989

www.tamarasuttle.com

6222 Lancaster Ave., Castle Rock, CO 80104

Individual, couple, and group therapy; trauma; abuse; grief/loss; GLBTQ.

Worthing Carol Ann, PhD

303-663-5846

www.individualandfamilypsychotherapy.com

240 Wilcox St., Castle Rock, CO 80104

Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Centennial

Brodie, Judith, MA, LPC, LLC

303-503-5282

www.judithbrodie.com

6860 S. Yosemite Court, Suite 2000, Centennial, CO 80122

Kind, compassionate support for children, adults and families dealing with grief
And loss, end-of-life transitions, serious illness or relationship difficulties.

Colorado Therapy Services, LLC

303-319-6176

www.coloradotherapyservices.com

Sliding scale available; group therapy, teens, children, adults, couples, families.
Many specialties including anger management, stress management, social skill development, substance abuse intervention, family & parenting issues.

Grace Counseling Services

720-489-8555

<http://www.gracecounseling.net/>

7921 South Park Plaza, Suite 204, Littleton, CO 80120

Specializes in work with victims of sexual or mental abuse; testing for learning disabilities; family and parenting skills.
Does not accept insurance.

Introspection Counseling (Michelle Stevens, MA, PLC, NCC, JD)

303-916-8770

www.introspectioncounseling.com

2305 E. Arapahoe Rd., Littleton, CO 80122

Specializing in depression, grief / loss, anxiety / stress, infidelity, life transitions.
Initial consultation is free; accepts some insurance & will slide fees.

Kendall-Grove, Kwai, PhD.

303-662-9670

<http://drkendallgrove.com/>

2305 E. Arapahoe Road, Suite 149, Centennial, CO 80122

Specializes in adolescents, eating disorders, depression, anxiety, ADHD evaluations. Ages 5 and up.

Does not accept insurance. Offers a sliding scale.

Krafchick, Dana., M.D

303-799-4110

<http://danakrafchickmd.com/>

7310 E. Arapahoe Rd., Suite 200, Centennial, CO 80112

Psychiatrist – therapy and medication; families and adolescents.

Life Support Behavioral Institute

888-516-5995

<http://www.lifesupportinstitute.com/>

7853 E. Arapahoe Ct., Suite 3550, Centennial, CO 80112

Most insurance accepted.

South Denver Psychotherapy

303-730-1144

<http://www.southdenverpsychotherapy.com/>

2305 E. Arapahoe Rd., Centennial, CO 80122

Denver

Autism Home Support Services

<http://www.autismhomesupport.com/>

Denver

Provides In-Home ABA Therapy to kids on the Autism Spectrum.

Accepts these insurances : Blue Cross/Blue Shield/Anthem, United Behavioral Health, Kaiser Permanente, Cigna, and Magellan. People are encouraged to still call even if their insurance is not listed. Will see if they can do a Single Case Agreement where you could get an in-network benefit. Does not accept Medicaid.

Denver Family Institute

www.denverfamilyinstitute.org

7200 East Hampden Ave, Suite 301, Denver, CO 80224

303-756-3340

4891 Independence, Suite 165, Wheat Ridge, CO 80033

303-756-3340

Family, couples and individual therapy counseling is available for a wide variety of issues.

Therapy services fees are calculated using a reasonable sliding-fee scale based on the client's annual household income. The fee range for a 50 minute therapy session is \$15-\$50. Some clients will also spread out appointments to further reduce their costs.

Developmental Disability Consultants, P.C. (Spragg, Paul, Ed. D., NCSP)

303-337-2210

<http://www.ddconsultants.org/>

1211 S. Parker Rd., Denver, CO 80231

Treatment, assessment, consultation, and training for severe developmentally disabled, Autistic, Downs Syndrome, self-injurious behavior, compulsions; technology assistance, community-based help. Accepts Medicaid, works with some insurance carriers.

Foundations Family Counseling

303-393-0085

www.foundationsfamilycounseling.com

789 Sherman St. Suite 440, Denver, CO 80203 Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of mental health.

Guzman, Maria Elena, PhD

303-756-6870

3801 E. Florida Avenue, Suite 701, Denver, CO 80210

Specializes in trauma, depression, anxiety. Private testing; qualified to do most SPED testing. Services available in Spanish. Takes some insurance.

Integrative Therapy Solutions

720-285-6438

<http://integrativetherapysolutions.org>

Serving Aurora, Denver & south metro area

Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women's issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development. Will slide fees; no insurance.

Knippenberg, Patterson, Bordelon & Associates

www.craigknippenberg.com

2833 S. Colorado Blvd. Denver, CO 80222

Individual, family and group counseling services as well as parenting classes. Specialty in child & adolescent neurobehavioral disorders. May slide fees.

People House

303-480-5130

<http://peoplehouse.org>

3035 W. 25th Ave., Denver, CO 80211

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00; All ages, all issues. People House also offers workshops & classes & activities.

Porter, William W., Ph.D

303-399-3542 Email: wwalesporter@gmail.com

967 Fillmore St. Denver, CO 80206 Licensed Clinical Psychologist / Educational Consultant.

Specializes in adolescent depression and suicide. Author of "Bully Proofing Your Schools". Sliding scale; some insurance.

Sandstone Care

720-307-3970

www.sandstonecare.com

2100 S. Cherry St., #204, Denver, CO 80222

Provides substance abuse and co-occurring mental health treatment services for teens and young adults. Includes after school teen program that incorporates individual and group therapy, family counseling, visits with our MD psychiatrist, and academic and vocation support. Accepts these insurances : Value Options, United Health Care, Cigna, Aetna, Humana, Mines and Assoc, Rocky Mountain Health Plans, United Behavioral Health, and Blue Cross/Blue Shield.

Starkey-Duncan, Renee, PhD.

303-747-4026

https://therapists.psychologytoday.com/rms/name/Renee_Starkey+Duncan_PhD_Denver_Colorado_94253 90 Madison St., Suite 405, Denver, CO 80206

Eating disorders, adolescent girls, ages 12 and up, women's issues. No insurance, will slide fees.

The Child and Adolescent Behavioral Supports, LLC

303-660-5397

<http://www.cabsupports.com/>

Littleton Office :

609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120

Denver Office :

1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Thoreson, Kirk, PsyD

303-550-0030

www.drkirkthoreson.com

1221 S. Clarkson St. Suite 302, Denver, CO 80210

Psychological and educational testing & assessment. Specializing in learning disabilities, ADHD, depression, childhood anxiety, groups for children whose families have divorced. Accepts some insurance or sliding fee scale; free 20 minute phone consult.

Englewood

Davis, Linda, MSW, LCSW

303-480-8864

<http://lindagdavis.com>

10303 E. Dry Creek Rd., Englewood, CO 80112 (Summit II)

Adolescents, families, couples, adults; specializing in blended family / divorce issues, grief & loss, depression, anxiety / stress, parenting, play therapy.

Grenhart, Rich, Psy.D.

303-761-3520

Email : rgrenhart@aol.com

3601 S. Clarkson St., Suite 540, Englewood, CO 80113

Family and individual counseling; adolescents. Communicates well with school; after school office hours. Psych evals. No sliding scale.

Hope Counseling Services (Bethany Adams, MA, NCC)

720-291-1482

www.hopercounselingservices.org

400 Inverness Parkway, Suite 200, Englewood, CO 80012

Specializes in work with children ages 3-18; anger management counseling; play therapy; behavior issues; social issues; mood disorders; trauma work; adjustment issues; cash or check; will slide fees.

Levitas-Eisner, Jane., LCSW

303-826-7296

<http://janeeisnerlcsw.com/>

8000 E. Prentice Ave., Suite B-12, Englewood, CO 80111

Child, adolescent, family, and couples therapy. Insurance and sliding scale.

Newman, Hildie, LCSW

303-902-2084 <http://www.hildienewmanlcsw.com/>
6767 S. Spruce Street, Suite 250, Englewood, CO 80112
Specializes in working with families and adolescents.

Southeast Psychotherapy Associates, PLLC

303-694-1795
www.sepsychotherapy.com
6081 S. Quebec St., Suite 103, Englewood, CO 80111
Marriage & family therapy; addictions; bipolar & other depressive disorders; educational & intellectual assessment; ADHD.

Trauma Treatment Center of Colorado (Dr. Leigh Baker)

303-790-5585
www.leighbaker.com
3540 South Poplar Street, Suite 303, Denver Colorado 80237

Greenwood Village

Levitas-Eisner, Jane., LCSW

303-826-7296
<http://janeeisnerlcsw.com/>
8000 E. Prentice Ave., Suite B-12, Englewood, CO 80111
Child, adolescent, family, and couples therapy. Insurance and sliding scale.

Smith, Jenna K., MSW

303-951-4832 <http://jennasmiththerapy.com/>
email: jenna@jennasmiththerapy.com
5347 S. Valentia Way, Suite 120, Greenwood Village, CO 80111
Specializing in working with elementary-age children & their families; divorce, grief & loss, anxiety, ADHD, parenting.

The Redimere Group Center for Counseling and Leadership

Development (Sawyer, Chip, M.A., L.P.C., Life & Parent Coach)
303-713-1001
www.redimere.com
5690 DTC Blvd., Suite 120W, Greenwood Village, CO 80111

Highlands Ranch

Compass Health Systems

303-683-5620
http://compass-md.com/our_locations/?smid=4
8671 S. Quebec St., Suite 200, Highlands Ranch, CO 80130
Assessment and treatment for people of all ages; specializing in juvenile / adult forensic psychology.

Proactive Counseling Services

303-917-6211

<http://www.proactivecounselingservice.com/>

1745 Shea Center Dr., Highlands Ranch, CO 80126

Individuals, couples; multiple approaches dealing with multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss.

Lakewood

National Institute for Change (Brown, Jessica)

303-231-0090

<http://www.nichange.com/>

Offices in Lakewood, Lone Tree, Golden, Aurora

Specializes in child play therapy, family therapy, parenting classes, anger management, substance abuse.

Does work on sliding scale – initial contact free.

Littleton

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

303-797-9420

303-688-6276

303-805-4312

Bentley Marriage & Counseling (David, MA, LPC, NCC)

720-255-1572

www.marriageupgrade.com

7800 S. Elati St., Suite 201, Littleton, CO 80120

David Bentley is on a mission to save marriages; couples, individuals; solution-oriented approach. Will slide fees and will consider offering services pro bono.

Briggs, Jana, MA, NCC, LPC

303-495-0317

www.janabriggs.com

5777 S. Rapp St., Suite 204, Littleton, CO 80120

Play therapy; anger management; grief/loss recovery; parenting counseling; couples therapy; relationship enhancement.

Denver Therapy Center (Brian Brody, LCSW, PhD.)

303-979-0319

www.denvertherapycenter.com

6901 S. Pierce St., Littleton, CO 80128

Stress, loss, depression.

Grace Counseling (Alexander A. Avila, M.A.)

720-316-7771

<http://www.alexanderavila.com/>

7921 Southpark Plaza, Suite 204, Littleton, CO 80120

Counseling to increase the health and intimacy of romantic relationships; couples, marriage counseling. Facilitator of the "Hold Me Tight" program for couples. Addictions counseling. Counseling for men.

Grace Counseling (Johnson, Vicki, MSW, LCSW)

303-798-8836

720-489-8555

<http://www.gracecounseling.net/>

7921 South Park Plaza, Suite 204, Littleton, CO 80120

Female adolescents, families, couples, groups; eating disorders, trauma.

Howard, Rebecca PsyD, LLC

303-730-8083

www.drrebeccaiahoward.com

609 W. Littleton Blvd., Suite 303, Littleton, CO 80120

Free initial consultation if requested; scholarships may be available.

Knippenberg, Patterson, Bordelon & Associates

www.craigknippenberg.com

2833 S. Colorado Blvd. Denver, CO 80222

Individual, family and group counseling services as well as parenting classes. Specialty in child & adolescent neurobehavioral disorders. May slide fees.

Max, Dana A., PsyD, PC

303-347-8498

www.danamax.com

5860 S. Curtice St., Littleton, CO 80120

Psychological testing; psychoeducational testing; career assessment (ministerial). Will bill insurance and may slide fees based on income.

McAllaster-Schmitz & Associates (Amy McAllaster-Schmitz, M.A., LPC)

303-513-7822

www.amymscounseling.com

5777 S. Rapp St. , Littleton, CO 80120

Adolescent & adult counseling.

Mines and Associates (Bob Mines, PhD.)

303-832-1068

800-873-7138

<http://www.minesandassociates.com/>

10367 W. Centennial Road, Suite100, Littleton, CO 80127

Eating disorders specialist-all age groups. Employee assistance program, private practice. Does not accept insurance. May offer sliding scale.

Mines and Associates (Janice McBride)

303-832-1068

800-873-7138

<http://www.minesandassociates.com/>

10367 W. Centennial Road, Suite 100, Littleton, CO 80127

Coordinates a network of around 150 therapists;

Excellent resource for families seeking referral to a specialist.

The Child and Adolescent Behavioral Supports, LLC

303-660-5397

<http://www.cabsupports.com/>

Littleton Office :

609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120

Denver Office :

1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups.

Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Lone Tree

Counseling Place at Lone Tree (Sarah James, LCSW, CACII)

303-241-0421

<http://www.counselinglonetree.com/>

9224 Teddy Lane, Suite 103 0, Lone Tree, CO 80134

482 Happy Canyon Road, Castle Pines, CO 80104

Accept most insurances and will slide fees.

Counseling Solutions (John Eckenwiler, LMFT)

303-267-2282

www.therapyhelpnow.com

12900 Stroh Ranch Place, Suite 200, Parker, CO 80134

9220 Teddy Lane, Suite 1100, Lone Tree, CO 80124

National Institute for Change (Brown, Jessica)

303-231-0090

<http://www.nichange.com/>

Offices in Lakewood, Lone Tree, Golden, Aurora

Specializes in child play therapy, family therapy, parenting classes, anger management, substance abuse. Sliding scale – initial contact free.

Some insurances, private pay; might slide fees.

Parker

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

303-797-9420

303-688-6276

303-805-4312

Counseling Solutions (John Eckenwiler, LMFT)

303-267-2282

www.therapyhelpnow.com

12900 Stroh Ranch Place, Suite 200, Parker, CO 80134

9220 Teddy Lane, Suite 1100, Lone Tree, CO 80124

Some insurances, private pay; might slide fees.

Legacy Comprehensive Counseling & Consulting

303-841-4005

www.legacyparker.com

19751 E. Mainstreet, Suite 215., Parker, CO 80138

Individual and group counseling for individuals, children and families.

Specializing in social skills, adjusting to divorce, parenting skills & classes, anger management, mental illness, stress, attachment issues, testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management, supervised parenting, child/family investigations.

Accepts insurance and will slide fees.

Lounsborough, Craig., M.Div., LPC

303-593-0575 ext. 123

www.craiglpc.com

19284 Cottonwood Drive, Suite 202, Parker, CO 80138

Child, adolescent, ADD, ADHD, ODD and conduct disorders. No sliding scale, will reduce fee.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)

720-244-0899

www.pikespeakcounseling.com

12900 Stroh Ranch Way, Suite 220, Parker, CO 80134

ADHD; behavior management; social skills & divorce groups; school & family issues; grief & loss; abuse/trauma, phobias; anxiety; depression; mother/daughter dynamics; Certified Play and EMDR Therapist; works with children as young as 5 years of age; does not accept insurance but can provide receipts to clients upon request and accepts sliding scale clients.

Trathen, Dan., PhD

303-593-0575

www.drtrathen.com

19284 E. Cottonwood Dr., Suite 202, Parker, CO 80138

Individual, adolescent, premarital, marriage, and family counseling. Life and leadership coaching.

Uhernik, Julie, LPC, RN

303-918-1775

www.julieuhernik.com

19557 East Mainstreet, Suite 203, Parker, CO 80138

Adolescents, adults, couples, families; specializes in parenting and step-parenting issues, mother-daughter relationships, anxiety, trauma, chronic illness, eating disorders, depression, and infertility counseling. No insurance but will slide fees.

Wheat Ridge

Soaring Spirits Counseling

303-350-0054

www.soaringspiritscounseling.com

1660 South Albion Street #3B, Denver, CO 80222 Mediation and restorative justice services designed to make victim, offender and the community whole again.

THERAPISTS, BILINGUAL

Asian Pacific Development Center

www.apdc.org

1544 Elmire St., Aurora, CO 80010

1825 York St., Denver, CO 80206

1551 S. Monroe St., Denver, CO 80210

Community Mental Health Clinic that is culturally competent & bilingual

303-365-2959

303-393-0304

720-424-0694

Guzman, Maria Elena, PhD

303-756-6870

3801 E. Florida Avenue, Suite 701, Denver, CO 80210

Specializes in trauma, depression, anxiety. Private testing; qualified to do most SPED testing.

Services available in Spanish. Takes some insurance.

Savio House

303-225-4100

www.saviohouse.org

325 King St., Denver, CO 80219

In-home multi-systemic therapy; family therapy; substance abuse treatment.

Servicios de la Raza

303-458-5851

www.serviciosdelaraza.org

4055 Tejon Street, Denver, CO 80211

University of Colorado Hospital

720-848-2200

<http://www.uch.edu/>

9548 Park Meadows Drive, Lone Tree, CO 80124

In-home multi-systemic therapy (MST) ; intensive family therapy (FT) ; specializing in mental health issues.

TRANSITION-AGE YOUTH – Supportive Resources

Employment

Arapahoe/Douglas WORKS

720-733-7321

www.adworks.org

Philip S. Miller Library

100 Wilcox Street, Suite 198, Castle Rock, CO 80104

GED prep and testing; alternative school; school-to-work preparation.

Autism Society of Colorado

720-214-0794

<http://www.autismcolorado.org/>

550 S. Wadsworth Blvd., Suite 100, Lakewood, CO 80226

Advocacy for individuals with autism and their families.

Bridging the Gap @ Mile High United Way

303-433-8383

www.unitedwaydenver.org

2505 18th St., Denver, CO 80211

Emergency assistance for food, housing

Multiple programs to prepare youth graduating from foster care for successful,

Independent lives. Programs include financial education, Individual Development

Accounts, housing, education, employment & supportive coaching.

School to Work Alliance Program (SWAP)

303-866-6701

<http://www.cde.state.co.us/SecondaryInitiatives/SchoolToWorkAllianceProgram.htm>

Job placement, training, education, and follow-up services for youth ages 16-25 with mild to moderate barriers to employment.

The ARC of Arapahoe and Douglas Counties

303-220-9228

www.arcarapahoedouglas.org

8100 E. Arapahoe Rd., Suite 208, Centennial, CO 80112

Advocacy and support services for individuals and families, adult education.

General Resources

Autism Society of Colorado

720-214-0794

<http://www.autismcolorado.org/>

550 S. Wadsworth Blvd., Suite 100, Lakewood, CO 80226

Advocacy for individuals with autism and their families.

Bridging the Gap Mile High United Way

303-433-8383

www.unitedwaydenver.org

2505 18th St., Denver, CO 80211

Emergency assistance for food, housing

Multiple programs to prepare youth graduating from foster care for successful, Independent lives. Programs include financial education, Individual Development Accounts, housing, education, employment & supportive coaching.

Housing

Bridging the Gap @ Mile High United Way

303-433-8383

www.unitedwaydenver.org

2505 18th St., Denver, CO 80211

Emergency assistance for food, housing

Multiple programs to prepare youth graduating from foster care for successful, Independent lives. Programs include financial education, Individual Development Accounts, housing, education, employment & supportive coaching.

Urban Peak

303-974-2908

www.urbanpeak.org

1630 S. Acoma, Denver, CO 80223

Housing and life skills for homeless or runaway youth; education; case management; referrals

TRAUMATIC BRAIN INJURY

Behavioral Growing Tree

866-300-0822

www.behavioralgrowingtreetree.com

In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.

Brain Injury Alliance of Colorado

303-355-9969

www.biainjury.org

4200 W. Conejos Place, Suite 524, Denver, CO 80204

Support groups for brain injury or stroke sufferers and their loved ones; educational resources; utility assistance; access to the TBI Trust; Resource Guide for brain injury issues; advocacy.

Colorado Traumatic Brain Injury Trust Fund

888-331-3311

www.tbicolorado.org

1575 Sherman St., 4th Floor, Denver, CO 80203

Care coordination and services for adults and children with a brain injury; TBI Trust Fund resources can help pay for services that are pre-approved and not otherwise covered by insurance; educational programs & research.

Developmental Disability Consultants, PC

303-337-2210

www.ddconsultants.org

1211 S. Parker Rd., Suite 200, Denver, CO 80231

Offering a wide range of direct and consultative services to children and adults with disabilities, their families, teachers and service providers.

Parker Adventist Hospital

303-269-4000

<http://www.parkerhospital.org/>

9395 Crown Crest Blvd Parker, CO 80138

Rocky Mountain Human Services - Formally known as Denver OPTIONS

303-636-5600

<http://www.rmhumanservices.org/about/contact>

9900 E. Iliff Ave., Denver, CO 80231

Care coordination from birth through adulthood for people with intellectual disabilities and traumatic brain injuries.

VICTIMS ASSISTANCE

AllHealth Network

303-730-8858

<http://www.allhealthnetwork.org/>

61 W. Davies Ave., Littleton, CO 80120

831 S Perry Street, Suite 100, Castle Rock, CO 80104

10350 S. Dransfeldt, Parker, CO 80134

Individual therapy, grief & loss groups

303-797-9420

303-688-6276

303-805-4312

Castle Rock Police Department

303-663-6100

<http://www.crgov.com/Directory.aspx?did=16>

100 Perry St., Castle Rock, CO 80104

Information, follow-up support, and referrals for crime victims.

Douglas County Sheriff's Office

303-660-7505

www.dcsheriff.net

4000 Justice Way, Castle Rock, CO 80109

Case and offender notification for victims of crimes; access to Victims Compensation funds.

Douglas County Victims' Assistance

303-660-7505

<http://www.dcsheriff.net/victimsassistance/>

4000 Justice Way, Castle Rock, CO 80109

A service of the 18th J.D. District Attorney's Office; court-related services

Parker Police Department

303-841-9800

<http://www.parkercolorado.net/parker-police-department/>

19600 E. Parker Square Drive, Parker, CO 80134

Parker Town Hall and Court

303-841-0353

<http://www.parkeronline.org/index.aspx?nid=67>

20120 E. Mainstreet, Parker, CO 80138

Courthouse: 303-805-3195

The Blue Bench

Office 303-329-9922

24 hour hotline: 303-322-7273

Spanish Language: 303-329-0031

TTY: 303-329-0023

<http://thebluebench.org/>

Servicios de la Raza

303-458-5851

www.serviciosdelaraza.org

4055 Tejon Street, Denver, CO 80211

Counseling and support groups for Chicana/Latina women

The Crisis Center

Main Office: 303-688-1094

Hotline: 303-688-8484

<http://www.twcfo.org/>

Advocacy, support, counseling, shelter

VOLUNTEERISM

4-H Clubs

720-733-6940

<http://www.extension.colostate.edu/douglas/4h/4h.shtml>

410 Fairgrounds Rd., Castle Rock, CO 80104

Positive youth development programming for ages 8-18; special programs for ages 5-7; clubs/activities that focus on learning by doing & life skills; leadership programming; mentoring; volunteer opps for youth & adults; camps; conferences.

Developmental Pathways, Inc.

303-360-6600

www.developmentalpathways.org

325 Inverness Drive South, Englewood, CO 80112

Seeking volunteers for ongoing or one-time projects including gardening and yard clean-up, Special Olympics assistance, sharing an interest such as cooking or arts/crafts or exercise, or other projects that fit your interest.

Douglas County Libraries

303-791-7323

www.douglascountylibraries.org

Click on "Literacy" for information on Adult Literacy, Book Start early childhood literacy and more.

Castle Pines Library: 7437 Village Square Drive, Suite 110, Castle Rock, CO 80108

Philip S. Miller Library in Castle Rock: 100 S. Wilcox St., Castle Rock, CO 80104

Highlands Ranch Library: 9292 Ridgeline Blvd., Highlands Ranch, CO 80129

Lone Tree Library: 8827 Lone Tree Pkwy., Lone Tree, CO 80124

Louviers Library, 7885 Louviers Blvd., Louviers, CO 80131

Parker Library: 10851 S. Crossroads Dr., Parker, CO 80134

Roxborough Library: 8357 N. Rampart Range Rd., Suite 200, Littleton, CO 80125

Douglas County Volunteer Coalition

www.douglascountyvolunteers.org

4400 Castleton Court, Castle Rock, CO 80104

Offers access to volunteer and service opportunities at a variety of local agencies, both for-profit and non-profit; provides information on how to be an effective volunteer.

Douglas County Youth Initiative

303-688-4825

<http://www.douglas.co.us/>

4400 Castleton Court, Castle Rock, CO 80109

Youth Day of Service in April; service learning technical assistance; brainstorming community service opportunities for teens; access to AmeriCorps service scholarships.

Parker Parks & Recreation Dept.

303-841-0353

www.parkeronline.org

Many opportunities to volunteer with a variety of people and recreational and cultural programs; always looking for great volunteers!