

When is a bruise on a child normal?

When is it not? Consider...

SIGNS OF CONCERNING BRUISING:

Bruises anywhere on a baby that is not yet mobile or pulling up to stand.



Babies four months or younger should never have a bruise.

For children four years or younger, bruises on the

TUMMY EAR NECK CHEEK



or other soft areas of the body.



If you notice these signs, you can save a life by consulting an expert.

SIGNS OF NORMAL BRUISING:

As children become more mobile, accidental bruising increases on bony areas such as shins, knees, and forehead.



WHEN TO GET HELP:

If you notice bruising that doesn't seem right or doesn't have a reasonable explanation, consider consulting with an expert in child abuse.

Call the Child Abuse Hotline
303-663-6270 or
1-844-CO4-KIDS
(1-844-264-5437)