



## Men's Well-Being Matters. We want to hear from you!

Did you know nearly 1 in 10 men experience depression or anxiety but less than half will receive treatment? Douglas County has partnered with over 50 local organizations to improve well-being in our community.

If you are a 35-55 year old man who lives in Douglas County, you could receive a \$75 Amazon gift card for participating in this study. Once you are selected, the County's contracted marketing agency, \_Defy Tem All, will conduct a 20-30 minute phone interview discussing your well-being. All interviews are confidential, and nothing is attributed directly back to the participants.



If you are interested in participating, please use the QR code to see if you qualify.

Visit [www.douglas.co.us/mental-health](http://www.douglas.co.us/mental-health) to learn more about the Douglas County Mental Health Initiative.

